THE CATHOLIC ASSOCIATION
ANNUAL PILGRIMAGE TO LOURDES
2019

Under the leadership of
Rt Rev Alan Hopes, Bishop of East Anglia

Clifton Diocesan Pilgrimage
Led by Rt Rev Declan Lang

East Anglia Diocesan Pilgrimage
Led by Rt Rev Alan Hopes

Northampton Diocesan Pilgrimage
Led by Rt Rev Peter Doyle

Southwark Archdiocesan Pilgrimage
Led by Rt Rev Paul Hendricks

Stonyhurst Pilgrimage
Led by Fr Nicholas King, SJ

The Glanfield Children’s Group
Led by Mgr Tony Rogers

The Catholic Association Pilgrimage

www.catholicassociation.co.uk
My Dear Fellow Pilgrims,

In this year of 2019 we are focussing our attention on a young girl whose heart and mind were fully open to the mysteries of God. I mean, of course, St. Bernadette. It is 175 years since her birth (on 7th January 1844) and 140 years since her death (on 16th April 1879), which reminds us of the fact that she died at the age of just 35, to our minds shockingly young, but we know she had already achieved so much in ways that this world would never understand.

We know that we would not be travelling to Lourdes had it not been for the tenacity and courage of this young street urchin, the poorest of the poor, who challenged the Church of her age to look with new eyes and a new heart at the truths of the Gospel that had been overlaid by the slow accretion of human pomposity and pride.

Poor though she was, Bernadette had the eyes and the heart to see the Immaculate Virgin Mary and to be open to the riches she shared with her; so let us ask her during our pilgrimage this week to help us see what she saw and respond as generously as she did, and allow Our Blessed Mother to reshape and invigorate our lives.

With every blessing,

+ Alan, Bishop of East Anglia

Year of Bernadette

The anniversaries this year of the birth and death of Bernadette Soubirous provide an opportunity to deepen our understanding of her life’s example and to listen to her spiritual testament.

Little Bernadette, who was privy to the secrets of the Virgin Mary 18 times during the Apparitions of Lourdes in 1858, became holy not because she was favoured by Mary’s visits, but for the way in which she answered them. She calls us to follow her on this path.

The relics of Saint Bernadette will be on display and there will be a special time for veneration twice a week, after the International Mass, on Sunday and Wednesday.
THE CATHOLIC ASSOCIATION PILGRIMAGE

Registered Charity No. 1071120

Chairman: Rt Rev Paul Hendricks*
Secretary: Mr Chris Thorpe*
Treasurer: Mr Steve Gill*
Pilgrimage Director: Fr Simon Blakesley

Diocesan / Group Directors
Clifton: Deacon Paul Thompson
East Anglia: Deacon John Morrill
Northampton: Deacon Michael Fleming
Southwark: Canon Edward Perera
Stonyhurst College: Dr Nuala Mellows*

Chief Medical Officer: Dr Nuala Mellows*
Chief Nurse: Tina Quinn
Chief Brancardier: Mr Richard Hargreaves
Chief Handmaid: Lina Al-Araj

Young Helpers Group: Judy and David Ball

Glanfield Children’s Group: Miss Chantal Hobday, Mrs Catherine Astley
Mrs Lindsey Dodsworth

Master of Ceremonies: Fr Philip Glandfield
Director of Music: Catherine Christmas

Chaplain to the Sick & Hospitalité: Fr Nick King SJ
CA Hospitalité President: Mrs Anne Hoskins

Pilgrimage Safeguarding Officer: Mrs Cliona Devereux

CA Trustees present in Lourdes: (Others marked * above)
Mgr Vincent Harvey, Mrs Theresa Mahon, Ms Sadie Vile
CA PILGRIMAGE PROGRAMME

Please check hotel notice boards each day in case of any changes.

SATURDAY 24th AUGUST
Walking tour(s) of the town + visit to the cachot (See hotel notice boards)
9.00 am: Nurses’ meeting - Accueil Notre Dame
10.00 am & 10.45 am: Helpers’ welcome meetings - Accueil Notre Dame
2.00 pm: Gathering Mass - St Pius X Basilica (Centre)
(Musicians gather at 1.15pm)
3.45 pm: Clergy briefing - Salle Gerlier, Information Centre (1st floor, Room 303)
8.15 pm: Young Helpers’ Service - Lac de Lourdes (All young helpers welcome)

SUNDAY 25th AUGUST
9.30 am: International Mass - St Pius X Basilica (Readings and Prayers on p.49)
5.00 pm Holy Hour - St Maximilian Kolbe Chapel
9.00 pm: Torchlight Procession - All (See hotel notice boards for details)

MONDAY 26th AUGUST
8.00 am: Assemble at the statue of the Crowned Virgin to process to the
Grotto for Mass at 8.30 am,
10.00 am: Pilgrimage photo (including the Hospitalité and Young Helpers’ photos)
- Rosary Basilica steps
2.30 pm: Penitential Liturgy - St Pius X Basilica (Far end)
5.00 pm: Blessed Sacrament Procession - All (Prairie to St Pius X Basilica)
8.30 pm: CA Hospitalité Service - St Maximilian Kolbe Chapel

TUESDAY 27th AUGUST - Excursion Day
9.00 am: Mass for CA Annual Pilgrimage (St Jeanne D’Arc Chapel)
9.00 am: Mass for East Anglia Diocese (Crux Gloriosa Chapel)
9.00 am: Mass for Southwark Archdiocese (Mater Dolorosa Chapel)
9.00 am: Mass for Stonyhurst Pilgrimage (Accueil Saint-Frai, Upper Chapel)
10.00 am: Mass for Northampton Diocese (Crypte)
11.00 am: Mass for Clifton Diocese (Barrès)

WEDNESDAY 28th AUGUST
8.15 am: Prayers at the Baths with Assisted Pilgrims
3.00 pm: Way of the Cross - High Stations (Unsuitable for wheelchairs)
4.30 pm: Way of the Cross with Assisted Pilgrims, for all - St Bernadette Church
(Grotto side)
5.30 pm: Mass (with Hospitalité insignia) - St Bernadette Church (Grotto side)

THURSDAY 29th AUGUST
8.30 am: Anointing of the Sick - St Bernadette Church (Grotto side)
2.00 pm: Thanksgiving Mass, with Glanfield Group - St Pius X Basilica (Centre)
followed by Passage through the Grotto at 3.30 pm.

FRIDAY 30th AUGUST
8.30 am: Mass - St Joseph’s Chapel (For those pilgrims not yet travelling)
GENERAL LOURDES DAILY TIMETABLE

Masses in various languages (in addition to the daily Pilgrimage Mass)
Grotto: daily at 6.00, 6.45, 7.30, 8.30 & 9.45 am.
Daily Mass in English: 9.00 am in the Chapel of St Cosmos and St Damien.
Details of Masses at other places are on notice boards outside the particular venues.

Confessions (in English)
Daily in the Chapel of Reconciliation adjacent to the statue of the Crowned Virgin:
10.00 - 11.15 am and 2.30 - 6.00 pm.

The Baths - washing in the waters from the Spring
Monday - Sunday: 9 - 11.30 am and 2 - 4.30 pm.
Our Lady told Saint Bernadette "Go, drink of the spring and wash yourself there".
To be sure of getting into the Baths, please arrive 30 - 60 minutes before opening
time. The doors may be closed up to 30 minutes before the advertised time.

Exposition of the Blessed Sacrament
The Blessed Sacrament is exposed for silent prayer and adoration each day from
8.30am in the Adoration Chapel (290 on the back cover map), on the left side of St
Bernadette Church, until the 5.00pm Blessed Sacrament Procession.
Exposition continues afterwards in the Adoration Chapel until midnight.

Blessed Sacrament Procession and Blessing of the Sick
Daily at 5.00 pm in the Basilica of St Pius X. (International choir rehearsal at 4.00pm.)
The procession starts from the Prairie, opposite the Grotto. We gather at 4.30pm by
the river, just beyond St Bernadette’s Church.
In wet or very hot weather the whole procession may be moved to the Basilica.

Torchlight Marian Procession
Daily at 9.00 pm. The procession starts from the Grotto. Look for our banners on the
Grotto side of the bridge across to the Accueil/St Bernadette’s Church.
Come and sing the Ave Maria of Lourdes with believers from all over the world.
Anyone is welcome to join the chorale on the steps in front of the Rosary Basilica
at 8.30pm.

International Mass
Sunday and Wednesday at 9.30am in the (Underground) Basilica of St Pius X.
Arrange at least an hour beforehand to be sure of getting a seat.
See note on page 26 if you’d like to join the international choir.
Although most pilgrims will have arrived on Friday, the first official liturgy of our pilgrimage is the **Gathering Mass on Saturday.** There will be **meetings for helpers** and other groups on **Saturday morning.**

**Hotel notice boards** - See these for details of diocesan and other group gatherings at the beginning of the pilgrimage (Saturday), and check them each day in case of any updates to details of liturgies and other events.

**Wheelchairs and pushers for Assisted Pilgrims** in hotels will only be available from 1.00 pm on Saturday until 5.00 pm on Thursday.

**Visiting Assisted Pilgrims in the Accueil** - Please do visit our pilgrims staying at the Accueil Notre-Dame (3rd Floor, St Jacques, Castle side) during the pilgrimage. Spending time with each other is an important part of what makes the pilgrimage special. Afternoons are best, please report to the nurse in charge (in a navy blue CA Nurse polo shirt).

**How to pronounce “accueil” (“welcome”)?**
Try saying “a” (like the a in apple) + “curly” without the l. 😊

**Anointing of the Sick** - Only those who are registered as sick pilgrims (and wearing an ‘Anointing Card’) will be anointed at the liturgy on Thursday. If there are circumstances where it is appropriate for another pilgrim to receive the Sacrament, they should talk to their group director.

**Music Group** - If you can sing or have brought your own musical instrument, you are welcome to join the group for rehearsals and liturgies. Please come and see us at the music rehearsals on Saturday (at 1.15pm, before the Gathering Mass; and 3.30-5.00pm afterwards in the Accueil refectory, tea/squash provided). There will also be a rehearsal in the Accueil Notre-Dame on Sunday, 2.30-4.00pm. We may meet again briefly, but only if necessary. In general, we try to gather half an hour before each liturgy to set up, tune and have a brief warm-up. Instrumentalists, please bring your own music stand.

**Glanfield Night Prayer** - The Glanfield Children’s Group, an integral part of the CA Pilgrimage for over 30 years, gathers each evening (except when the CA leads the Torchlight Procession) at 8.30pm on the ground floor of the Hotel Méditerranée. In recent years we have been joined by an increasing number of fellow pilgrims. All are welcome!

**Communion** - If you require a **low-gluten host**, please contact your diocesan or group director, or see one of the liturgy team before Mass.

**Collections** - The Lourdes authorities have asked that a collection be taken at every Mass apart from the Mass at the Grotto. In addition, they ask for a contribution from each pilgrim to help meet the costs of the two buildings (Accueils) which house the assisted pilgrims. This cost of €12.50 will be paid by the Catholic Association Pilgrimage on behalf of pilgrims. It is the CA’s tradition to take a retiring collection for the Glanfield Children’s Group after the Thanksgiving Mass on Thursday.

**Social Media and Photography/Video Policy**
Please see page 51.

**Catholic Association Code of Good Conduct**
Please see page 52.
MEDICAL ADVICE
FOR
PILGRIMS IN LOURDES

Taking part in a pilgrimage is an exciting event. When you arrive you will probably be tired after the long journey, so it is important to get a good night’s sleep on your first night. Each day the Pilgrimage events will be posted in your hotel. There is no obligation to attend all of these - do what you feel able to.

The weather in Lourdes is somewhat unpredictable but it can be very hot. In these conditions you can lose a lot of fluid, especially if you are working. It is important to drink plenty of water. Tap water is safe. The sun in Lourdes can be very strong. You should use sun cream and wear a hat. When abroad it is not uncommon to suffer from diarrhoea. The best treatment is to drink plenty of fluids and to rest.

You will spend hours on your feet, so wear comfortable shoes and treat any blisters promptly. Simple plasters may be purchased in the local chemist. However, if you have any cuts or bruises that you are concerned about, please see the information below about nurses, who will be able to advise you and dress any wounds.

Some pilgrims believe that in Lourdes they can stop taking regular medication. This is quite wrong and can be most dangerous. So make sure that you take your normal medication and keep it in your hand luggage when travelling. Please make sure that you bring at least 10 days’ worth of medications. If you are taking controlled drugs such as oramorph or morphine sulphate, please make sure that you bring your repeat prescription with you and have this handy at the airport.

The doctors on the Pilgrimage are responsible for the assisted pilgrims (APs) in the Accueil and hotels. A doctor will be available in the Accueil Notre-Dame after the main liturgy of each day.

Nurses will be available in the Accueil Notre-Dame to see pilgrims who need help with dressings, etc. If you need to see a nurse, please come to the Accueil Notre-Dame, 3rd floor, St Jacques, Zone B, Castle side, after the main liturgy of the day.

This year there will NOT be nurses visiting the hotels. If you feel unwell and cannot get to the Accueil, then please contact Dr Nuala Mellows, whose mobile phone number is on the back of your Pilgrimage badge.

Dr Nuala Mellows
Chief Medical Officer
Sometimes it’s important for pilgrims to be able to find specific officials during the Pilgrimage when timetabled events are not occurring. Please only contact them via these hotels if you have been unable to find them elsewhere.

The following officials are staying at the hotels listed below:

- **Pilgrimage Director:** Fr Simon Blakesley (Maison des Chapelains)
- **Clifton:** Deacon Paul Thompson (Hotel d'Irlande)
- **East Anglia:** Deacon John Morrill (Hotel Chapelle et Parc)
- **Northampton:** Deacon Michael Fleming (Hotel Solitude)
- **Southwark:** Canon Edward Perera (Hotel Eliseo)
- **Stonyhurst College:** Dr Nuala Mellows (Hotel Padoue)
- **Glanfield Group:** Miss Chantal Hobday, Mrs Catherine Astley, Mrs Lindsey Dodsworth (Hotel Méditerranée)
- **Chief Medical Officer:** Dr Nuala Mellows (Hotel Padoue)
- **Chief Nurse:** Tina Quinn (Hotel d'Irlande)
- **Chief Brancardier:** Mr Richard Hargreaves (Hotel Padoue)
- **Chief Handmaid:** Lina Al-Araj (Hotel Continental)
- **Young Helpers Group:** Judy and David Ball (Hotel Beau Site)
- **Director of Music:** Catherine Christmas (Appart'hotel Le Pèlerin)
- **Chaplain to the Sick/Hospitalité:** Fr Nick King (Accueil Notre-Dame)
- **CA Hospitalité President:** Mrs Anne Hoskins (Hotel St Louis de France)
- **Pilgrimage Safeguarding Officer:** Mrs Ciona Devereux (Appart'hotel Le Pèlerin)
- **Representatives of Tangney Tours** may be contacted at the Hotel Beau Site.
On this page and the next, there are various prayers in English, French, Italian and Latin that are used in the processions, Masses, during the International Mass and at the Baths.

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. (English)

Je vous salue, Marie, pleine de grâce, le Seigneur est avec vous. Vous êtes bénie entre toutes les femmes, et Jésus le fruit de vos entrailles est bénì. Sainte Marie, mère de Dieu, priez pour nous, pauvres pécheurs, maintenant et à l’heure de notre mort. (French)

Ave, o Maria, piena di grazia; il Signore è con te; tu sei benedetta fra tutte le donne e benedetto è il frutto del tuo seno, Gesù. Santa Maria, madre di Dio, prega per noi peccatori, adesso e nell'ora della nostra morte. (Italian)

Ave Maria, gratia plena, Dominus tecum. Benedicta tu in mulieribus et benedictus fructus ventris tui, Jesus. Sancta Maria, Mater Dei, ora pro nobis peccatoribus, nunc et in hora mortis nostrae. (Latin)

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. (English)

Notre Père, qui es aux cieux, que ton nom soit sanctifié, que ton règne vienne, que ta volonté soit faite sur la terre comme au ciel. Donne-nous aujourd’hui notre pain de ce jour, Pardonne-nous nos offenses, comme nous pardonnons aussi à ceux qui nous ont offensés, et ne nous soumet pas à la tentation, mais délivre-nous du mal. (French)

Padre nostro, che sei nei cieli, sia santificato il tuo nome, venga il tuo regno, sia fatta la tua volontà, come in cielo così in terra. Dacci oggi il nostro pane quotidiano, e rimetti a noi i nostri debiti come noi li rimettiamo ai nostri debitori, e non ci indurre in tentazione, ma liberaci dal male. (Italian)

Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end.  (English)

Gloire au Père, et au Fils et au Saint Esprit,  
de comme il était au commencement, maintenant et toujours,  
dans les siècles des siècles.  (French)

Gloria Patri et Filio et Spiritui Sancto,  
sicut erat in principio, et nunc et semper, et in saecula saeculorum. Amen.  (Latin)

Hail, holy Queen, Mother of Mercy, hail, our life, our sweetness and our hope.  
To thee do we cry, poor banished children of Eve;  
to thee do we send up our sighs, mourning and weeping in this vale of tears.  
Turn then, most gracious advocate, thine eyes of mercy toward us;  
and after this our exile, show unto us the blessed fruit of thy womb, Jesus.  
O clement, O loving, O sweet Virgin Mary.  (English)

Salve, Regina, Mater misericordiae, vita, dulcedo et spes nostra, salve.  
Ad te clamamus, exsules filii Hevae.  
Ad te suspiramus, gementes et flentes in hac lacrimarum valle.  
Eia, ergo, advocata nostra, illos tuos misericordes oculos ad nos converte.  
Et Jesum, benedictum fructum ventris tui, nobis post hoc exsilium ostende.  
O clemens, O pia, O dulcis Virgo Maria.  (Latin - see overleaf for music)

Lauda Sion Salvatorem, lauda ducem et pastorem, in hymnis et canticis.  (Latin)

Zion, praise your Saviour, praise your leader and shepherd,  
with hymns and songs.  (English)

Catholic Association Hospitalité Act of Consecration

Holy Mary Mother of God, Virgin Immaculate,  
you appeared eighteen times to Bernadette at the grotto in Lourdes,  
to remind Christians of what the truths in the Gospel require of them.  
You called them to prayer, penance, the Eucharist and life in the Church.  
To answer your call more fully, I consecrate myself through you to your Son, Jesus.  
Make me willing to accept what he said.

By the fervour of my faith, by the conduct of my life in all its aspects,  
by my devotion to the sick, let me work with you  
in the comforting of those who suffer and in the reconciliation of people,  
that the Church may be one, and there be peace in the world.

All this I ask, confident that you, Our Lady, will fully answer my prayer.

Blessed be the holy and Immaculate Conception of the Blessed Virgin Mary,  
Mother of God.

Our Lady of Lourdes, pray for us. Saint Bernadette, pray for us.  
Saint Benedict Joseph Labre, pray for us.
The ROSARY and TORCHLIGHT PROCESSION

(9.00 pm each day)

The Joyful Mysteries
1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation in the Temple
5. The Finding of the Child Jesus in the Temple

The Sorrowful Mysteries
1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

The Mysteries of Light
1. The Baptism in the Jordan
2. The Wedding Feast at Cana
3. Jesus proclaims the Kingdom of God
4. The Transfiguration
5. Jesus gives us the Eucharist

The Glorious Mysteries
1. The Resurrection
2. The Ascension of Our Lord into Heaven
3. The Descent of the Holy Spirit on the Apostles
4. The Assumption of Our Lady
5. The Coronation of Our Lady in Heaven

Chant: Gloriosa Mater Christi, Benedicta Mater nostra.
(Glorious Mother of Christ, our blessed Mother.)

Salve Regina

Gloriosa Mater Christi, Benedicta Mater nostra.

(Glorious Mother of Christ, our blessed Mother.)
An Examination of Conscience

You may like to use this to prepare for the Penitential Liturgy on Monday, or indeed at any time during the pilgrimage.

When we approach the sacrament of Reconciliation, we confess sins that have broken our relationship with God and with our neighbour, where we have failed in genuine love.

Ask the Holy Spirit to guide you as you reflect on your need for God’s mercy.

- Do I put God first in my life, loving him and serving him?
- Is my life grounded in a daily encounter with Christ? Do I take time each day for prayer, intimate heart-to-heart conversation with the Lord, listening to his word?
- Do I thank God for all his gifts? Do I show gratitude to all those who serve me? Do I share generously of my time, my talents, my treasure?
- Do I radiate the joy of Christ, or do I complain and focus on what is wrong in the world?
- Have I missed opportunities to nurture my faith, or wasted time that could have been spent serving God or with God? Have I neglected prayer, intentionally missed Mass, or ignored my need for Reconciliation?
- Do I truly love my neighbour as myself? Do I respect the rights and dignity of others?
- Have I discriminated against others based on their gender, race, or religion?
- Have I given food to the hungry, drink to the thirsty, welcomed strangers, clothed the naked, visited the sick or those in prison? Do I recognise Christ in them?
- Do I respond generously and reached out to those in need - the poor, the lonely, refugees, the marginalised, the outcast - and shown them love, compassion, hospitality and care; or have I avoided opportunities to serve them?
- Have I excluded others intentionally or hurt someone by my selfish behaviour?
- Have I judged others by appearance, said unkind things or gossiped about them?
- Have I been lazy and held back, affecting others or letting them take the strain?
- Am I honest, fair and just? Have I stolen or damaged another’s property, or lied or cheated in order to gain material goods? Have I repaid those whom I have wronged?
- Am I driven by money or possessions rather than by love? Do I allow clothing, technology or other material things to take away from my relationship with God, or to replace God or relationships with other people?
- Am I jealous or envious of what others have - their goods, wealth or status?
- Have I acted in a way that might have led to infidelity?
- Do I care for and protect the environment, God’s creation, our common home? Have I been wasteful in my consumption of the earth’s resources? Am I greedy?
THE BATHS

“Go and drink at the spring and wash yourself there.”

This was the request the Blessed Virgin Mary made to Bernadette during the ninth apparition on 25th February 1858. Bernadette dug into the soil at the back of the Grotto and found a mountain spring, previously unknown, which continues to flow to this day and can still be seen, covered by a glass panel.

The water is channelled to the Baths, and to the reservoirs which supply the taps, so that we too may drink from the spring and wash or bathe ourselves. The water from the spring has been tested, and there is nothing seemingly unusual about it other than that it is very pure; yet using it with faith and trust in God’s mercy has led to miraculous cures. Many of the recorded miracles of Lourdes have been attributed to drinking, washing or bathing in the water. Pilgrims may experience healing or transformation in body, mind, heart or spirit, and leave Lourdes with a deeper sense of God’s presence and loving mercy in their lives, a grace-filled conversion.

Immersing ourselves in the Baths is a reminder of the life-giving waters of our Baptism and of the passage of the Israelites through the waters of death to new life. We do so in a spirit of humility, faith and prayer, and associate ourselves with Bernadette by responding to Our Lady’s request. It can be a powerful, deeply moving experience, even life-changing for some.

Teams of volunteer helpers from the Hospitality of Our Lady of Lourdes (Hospitalité Notre-Dame de Lourdes - HNDL) work at the Baths and offer assistance to those who may need it. Doctors and nurses are always on duty should a pilgrim require medical assistance. Before each session at the Baths, these teams join hands in prayer as a sign that this is not just work but a ministry of humble, loving service.

While we wait on the benches outside the Baths, the Rosary is recited, and prayers and invocations are said or sung in various languages. We are encouraged to join in with these so that this period of waiting becomes a time of contemplative prayer, not just for ourselves and our own intentions and petitions, but also for those around us. Even if you will not be going into the Baths yourself, you are welcome to stand just outside the Baths area to pray and sing with those waiting inside.

Our pilgrimage has been allocated a time when our pilgrims can go through the Baths and the prayers will be led by our clergy and musicians, but if you would prefer to go at some other time, please see details on page 4 or ask your group leader.

If you have not been in the Baths before, the information on the following page is offered as a guide so that you have some idea of what to expect and can focus on preparing yourself for the spiritual aspects of the experience. Please feel welcome to ask your group leader or any of the helpers if you have any questions.

N.B. “Helper” in the following information refers to members of the HNDL Hospitalité. If you are an assisted pilgrim accompanied by a helper from the pilgrimage, it is the HNDL helpers who will assist you in the bath itself.
The Baths - practicalities

You might like to consider your journey down to the Baths as a form of procession, linked to Our Lady’s request for people to come in procession, drink at the spring and wash themselves there.

When you arrive at the Baths, Catholic Association helpers will be present to direct you. There are separate waiting areas for men and women, and toilets are available. While you are waiting, think about the prayers and petitions you want to offer.

When it is your turn, you will be directed to enter one of the changing areas. (You might like to leave valuables with a companion for safekeeping.) HNDL helpers of the same sex will welcome you here and guide you in the process of undressing. Please be assured that every provision is in place to protect your privacy and modesty. The helpers are skilled at covering you during the steps that follow. You will be wrapped in a blue cape while you wait to go into the bath. This area is curtained off from the outside, and the baths themselves are curtained off from the dressing areas.

You will be brought individually into the bath area itself and the curtain will be closed behind you. The bath is a stone tub, with fresh, circulating, unheated water. There will be a helper who speaks English, and all the helpers will be friendly and kind. You will be wrapped in a thin, white cloth that has been dipped in the bath water. With a helper on either side to guide you, you will be led to the top of the steps that go down into the water. The helpers will join you in praying a “Hail Mary” and an “Our Father.” You will also have a moment to lift up the prayer intentions you have brought with you and place them into the loving arms of the Blessed Mother. You may offer your intentions either silently or in a quiet voice to yourself. When you are finished, make the sign of the cross, which will tell the helpers you are ready.

You will step down until you are knee deep in the water (or lifted down if you are not able to walk). Your helpers will gently guide and briefly immerse you in the water up to your neck. Not everyone chooses to be immersed. Whether for medical or other reasons, you may simply want to have the water poured on your hands or feet. This is your decision. There is no need to feel guilty about not being immersed. Just communicate your preference to the helpers. You will also have another opportunity, as you face the statue of Mary, to spend a few more moments in prayer - a source of comfort, hope and love as you turn to her in faith.

Your attendants will help you out of the bath and return to the changing room. Most people find that they dry off almost immediately, and many speak of a sense of joy and peace. While you get dressed, you will again be covered with the blue cape, and helpers will offer assistance if required. Once dressed, you will leave the building and re-join the members of our pilgrimage who brought you to the Baths and who will be waiting for you.
FROM THE WATERS OF THE SPRING

A WASHING CEREMONY

"The water that I shall give will become, in you, a spring welling up to eternal life." (John 4:14)
- Jesus speaks to the Samaritan woman at the well.

On Thursday 25th February 1858, at the ninth Apparition, "the Lady" asked Bernadette to scrape the ground, at the back of this "pigs' shelter", saying to her: "Go to the spring, drink of it and wash yourself there." There is only a little water to begin with, enough for Bernadette to drink. At first this water is muddy and dirty; then, little by little, it becomes clear. The grass and the mud signify the human heart, wounded by sin. But in the depths of this heart there is the life of God, as signified by the spring.

Using water - drinking, washing, immersing - is for us a powerful symbol, a reminder of the life-giving and life-changing waters of Baptism. This simple ritual is offered for you to use individually or in a group. Please feel free to adapt or simplify it further!

Sign of the Cross

Hymn

1. Baptised in water, sealed by the Spirit, cleansed by the blood of Christ our King: heirs of salvation, trusting his promise, faithfully now God's praises we sing.

2. Baptised in water, sealed by the Spirit, dead in the tomb with Christ our King: one with his rising, freed and forgiven, thankfully now God's praises we sing.

3. Baptised in water, sealed by the Spirit, marked with the sign of Christ our King: born of the Spirit, we are God's children; joyfully now God's praises we sing.

(Tune of “Morning has broken”)

Scripture  John 9:1-3. 6-7

As he went along, Jesus saw a man who had been blind from birth. His disciples asked him, ‘Rabbi, who sinned, this man or his parents, for him to have been born blind?’ ‘Neither he nor his parents sinned,’ Jesus answered, ‘he was born blind so that the works of God might be displayed in him.’ He spat on the ground, made a paste with the spittle, put this over the eyes of the blind man, and said to him, ‘Go and wash in the Pool of Siloam’ (a name that means ‘sent’). So the blind man went off and washed himself, and came away with his sight restored.
**Litany**

Blessed be the Holy and Immaculate Conception
of the Blessed Virgin Mary, Mother of God.

Our Lady of Lourdes - pray for us.
Mother of Mercy - pray for us.

Our Lady of Lourdes - heal us for the greater glory of the Holy Trinity.
Our Lady of Lourdes - heal us for the greater glory of Our Lord Jesus Christ.
Our Lady of Lourdes, heal the sick - convert the sinners.
Health of the Sick, help the suffering - pray for us.
O Mary, conceived without sin, - pray for us who have recourse to you.

**Washing**

_Wash your hands and your face, and then drink from the waters._

_If you wish, you may like to say the following (or pray in your own words for yourself and others):_

Our Lady of Lourdes,
O ever-Immaculate Virgin, Mother of Mercy, Health of the Sick,
Refuge of Sinners, Comforter of the Afflicted,
you know my needs, my troubles, my sufferings.
Look with mercy on me.
By appearing in the Grotto of Lourdes,
you were pleased to make it a privileged sanctuary
where many sufferers have been healed in body, mind or spirit.
I come with confidence to ask for your maternal intercession.
Pray to your Son for me.

_You may like to pray a “Hail Mary”,
an “Our Father” and a “Glory be…”_

**Silence for Reflection**

**Closing Prayer**

Lord our God,
through the Virgin Mary
you graciously sent Jesus Christ to be the consolation of your people;
grant that, through her intercession,
we may be filled with all consolation,
and share it among our brothers and sisters.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. Amen.
The Pastoral theme for our pilgrimage this year is “Happy are you who are poor”. Now I hope that you all went to the pantomime this year? If you did, you will certainly have indulged in the old routine: “Oh No We’re Not”. Because “happy are you who are poor” doesn’t sound quite right, does it? But let’s explore the idea a bit. (And make sure that you read the Scripture texts that I have inserted!)

The quotation comes from Luke’s gospel (6:20, since you ask); and it continues “because yours is the Kingdom of God”. And this nicely fits the picture that I have, of Luke’s gospel as written for an affluent audience (which is to say people like us) and on behalf of the poor (which is what Luke’s gospel manages). It is embarrassing, but we have to admit it, that if we can afford to pay for a trip to Lourdes, and if we can afford to live in a hotel in France, then we are not exactly poor.

What can we say? Well, we might remember what Pope Francis says in his recent apostolic exhortation on the “call to holiness” (and that means you, by the way). He said that the “Beatitudes”, of which our pastoral theme is the first, are like “a Christian’s calling-card”, nothing more or less than an invitation to imitate Jesus. And that will mean sometimes that people are less than enthusiastic about us; but that is all right, for the same was true of Jesus and of St Bernadette, and it is true of Pope Francis. And we might recall the last of those beatitudes in Luke: “congratulations to you when they all hate you and separate you off and revile you and cast out your name as evil for the sake of the Son of Man. Rejoice in that day and leap about!” And this comes just when most of us are on the phone to our lawyers, to see if we can get money from those who revile us and cast our name out as evil. Rejoicing and leaping about is very low on our agenda, under those circumstances.

Let me offer you six thoughts, to make sense of this Lourdes theme for this year:

1. Material poverty sets whole populations in motion; we see this today with refugees, of course. And the same thing happens to Joseph and Mary (cf. Luke 2:3) and to many other people in their world, when the Emperor Augustus pressed a button on his computer: “and they all went on pilgrimage to be enrolled, each to their own city”. In our case, of course, our pilgrimage story ends with us coming back to our own city – but if Lourdes has worked its magic, home will look very different now.

2. Spiritual poverty leads young people to choose death, in various ways (we see this every day in Oxford, among the young and the many homeless in our streets); and they need the help that only God can give.
3. Enduring misery can be humiliating and dehumanising; so how can we *congratulate* the poor? But that is not the whole story…

4. … because affluence that refuses to share dehumanises and corrupts us. And you may have noticed that it is the poor who are best at reaching out in support to one another. That homeless beggar whom you passed, pretending not to see, on the street yesterday, saying (to excuse yourself) “she’ll only spend it on drink” is a reminder of the call to real humanity: that is where the Kingdom of God is. And we need to shiver as we read a few verses later: “Woe to you who are rich – you have your reward already!”

5. God turns our lives upside down. At the Last Supper, the Master becomes a slave and washes the disciples’ feet; that is what we are invited to do in Lourdes. And when we do, we find ourselves more human, and happier, as a result. Try imagining yourself at that supper with the disciples.

6. However God’s turning our lives upside-down does not mean that the poor will come to dominate, and the rich be at the bottom of the heap. It is rather that we come to the freeing discovery that we are all brothers and sisters.

A final thought: when we are in Lourdes, we have two great examples, walking by our side and ahead of us. The first is Our Lady; she is poor (her offering of “two turtle-doves and a pair of pigeons” at Luke 2:24 *(the Gospel at our Grotto Mass)* is what is prescribed for those who cannot afford much); and she is on the side of the poor. And have you noticed that her apparitions are always to the poor?

The second is that powerful and tough figure of Sr Marie-Bernard, whom we call Bernadette. She was probably the least important person in the whole of the unimportant town of Lourdes (just as Mary was the least important person in that insignificant town of Nazareth; see Luke 1:27 and John 1:46); certainly among the poorest, the large family crammed together in the tiny prison-cell that we call the Cachot; the father a not very competent miller, falsely accused of fraud. But she was a lady of immense dignity and integrity, who would not permit her family to make any money at all out of the apparitions. And you can see from her photographs that beautiful face which she calmly showed to everybody, tirelessly repeating her story without ever changing it. And when she became a nun, she put up calmly with the persecution of her sisters in religion, for whom she was insufficiently aristocratic.

And above all, notice the truth of this year’s pastoral theme for these two great women. Is Our Lady happy? Is Bernadette? You can be sure that they are: theirs is the Kingdom of the Heavens. And the same can be true for us. How happy are you who are poor: Yours is the Kingdom of Heaven.

Nicholas King SJ,
Chaplain to the Sick
FRIDAY 23rd AUGUST - (St Rose of Lima, Virgin)

“Happy are you who are poor.”

Welcome to Lourdes!

This shorter form of Evening Prayer* is offered to be prayed together in your group or diocesan hotel at around 8.15/8.30pm; and then it is suggested that you go to stand above the Rosary Basilica to watch the Torchlight Procession at 9.00pm. It is best to walk up the ramp which begins at the bottom of the slope inside St Joseph’s Gate.

(* If you wish to pray the full version of Evening Prayer by yourself, please see www.universalis.com/vespers.htm)

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A simple Evening Prayer

Introduction

V/ O God, come to our aid.
R/ O Lord, make haste to help us.
   Glory be to the Father and to the Son
   and to the Holy Spirit,
   as it was in the beginning,
   is now, and ever shall be,

Hymn

1. Light of gladness, shining radiance
   of the heav’nly Father’s face:
   Jesus Christ, we greet you,
   holy Lord of saving grace.

2. As the day draws near its ending
   sunlight dims with fading rays;
   to the Father, Son and Spirit
   now we sing our song of praise.

3. Son of God, the world’s Redeemer,
   endless praises are your due;
   Lord of life, may all creation
   bring its joyful thanks to you.

Greek, 3rd Century, tr. Paul Inwood

(Suggested tune: Love Divine)
Psalm 144 (145)

The eyes of all creatures look to you, Lord; you are close to all who call upon you.

1. The Lord is faithful in all his words and loving in all his deeds. The Lord supports all who fall and raises all who are bowed down.

2. The eyes of all creatures look to you and you give them their food in due time. You open wide your hand, grant the desires of all who live.

3. The Lord is just in all his ways and loving in all his deeds. He is close to all who call him, who call on him from their hearts.

4. He grants the desires of those who fear him, he hears their cry and he saves them. The Lord protects all who love him; but the wicked he will utterly destroy.

5. Let me speak the praise of the Lord, let all mankind bless his holy name for ever, for ages unending.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

The eyes of all creatures look to you, Lord; you are close to all who call upon you.

Short Reading - Romans 8:1-2

The reason why those who are in Christ Jesus are not condemned is that the law of the spirit of life in Christ Jesus has set you free from the law of sin and death.

Short Responsory

Christ died for our sins, that he might offer us to God.

Christ died for our sins, that he might offer us to God.

In the body he was put to death; in the spirit he was raised to life.

Christ died for our sins, that he might offer us to God.

Glory be to the Father and to the Son and to the Holy Spirit.

Christ died for our sins, that he might offer us to God.

Silence for prayer and reflection
Canticle of Mary - Magnificat

The Lord has done marvels for me: holy is his name.

My soul glorifies the Lord, my spirit rejoices in God, my Saviour. He looks on his servant in her低liness; henceforth all ages will call me blessed.

The Almighty works marvels for me. Holy his name! His mercy is from age to age, on those who fear him.

He puts forth his arm in strength and scatters the proud-hearted. He casts the mighty from their thrones and raises the lowly.

He fills the starving with good things, sends the rich away empty. He protects Israel, his servant, remembering his mercy, the mercy promised to our fathers, to Abraham and his sons for ever.

Glory be to the Father ...

The Lord has done marvels for me: holy is his name.

Intercessions

We pray for: the church throughout the world, our own community, governments and others in authority, justice and peace, the sick and dying, the faithful departed.

Our Father, who art in heaven...

Concluding Prayer

God of power and mercy, who willed that Christ your Son should suffer for the salvation of all the world, grant that your people may strive to offer themselves to you as a living sacrifice, and may be filled with the fullness of your love.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

Blessing

The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.
SATURDAY 24th AUGUST
(Feast of St Bartholomew, Apostle)

Mass is in the afternoon today to allow the teams of helpers to be briefed this morning and to organise the distribution of wheelchairs.

Walking tours of Lourdes may be offered in the morning and/or afternoon. See your hotel noticeboard for details, but the rendezvous is by the Crowned Virgin statue in the centre of the Domaine.

See the noticeboard too for details of diocesan gatherings.

The readings for our Mass are linked to this year’s Lourdes theme. If you wish to pray with the readings of today’s feast, please see: https://universalis.com/mass.htm

※ 2.00 pm - Opening Mass ※
St Pius X Basilica (Centre)

“Happy are you who are poor. Yours is the kingdom of God”

Opening Hymn

1. Blest are they, the poor in spirit, theirs is the kingdom of God. Blest are they, full of sorrow, they shall be consoled.

2. Blest are they, the lowly ones, they shall inherit the earth. Blest are they who hunger and thirst, they shall have their fill.

3. Blest are they who show mercy, mercy shall be theirs. Blest are they, the pure of heart, they shall see God!

4. Blest are they who seek peace; they are the children of God. Blest are they who suffer in faith, the glory of God is theirs.
5. Blest are you who suffer hate, all because of me. 
   Rejoice and be glad, yours is the kingdom; shine for all to see.

Greeting and Introduction

Prayer at the beginning of the pilgrimage

   O Mary, Mother of Jesus, 
   I thank God through you for a safe journey here. 
   Help me to spend these days in prayer and penance 
   in close union with you.

   Teach me to love God and my neighbour more and more. 
   Help me to do what you would like me to do whilst I am here. 
   Help me to pray as you helped Bernadette to pray. 
   Obtain for me, and for those for whom I promised to pray, 
   all the graces and favours which you know will be good for me.

   Our Lady of Lourdes: Pray for us. 
   St Bernadette: Pray for us.

Penitential Act and Opening Prayer

   📖 LITURGY OF THE WORD 📖

Reading: James 2:1-9 (God chose those who are poor to be heirs to the kingdom.)

Response: Psalm 33

   R/ The Lord hears the cry of the poor. Blessed be the Lord.

Gospel Acclamation (Celtic Alleluia)

Gospel: Luke 6:17. 20-26 (Happy are you who are poor. Yours is the kingdom of God.)

Homily

Blessing of Oil and Blessing of the Helpers’ Hands

1. Will you let me be your servant, let me be as Christ to you? 
   Pray that I may have the grace to let you be my servant too.

2. We are pilgrims on a journey, we are travellers on the road; 
   we are here to help each other walk the mile and share the load.

3. I will hold the Christ-light for you in the night-time of your fear; 
   I will hold my hand out to you, speak the peace you long to hear.
4. I will weep when you are weeping; when you laugh I’ll laugh with you. I will share your joy and sorrow ’til we’ve seen this journey through.

5. When we sing to God in heaven we shall find such harmony, born of all we’ve known together of Christ’s love and agony.

6. (Repeat verse 1)

Intercessions

*LITURGY OF THE EUCHARIST*

Presentation of the Gifts

1. Blest are you, Lord, God of all creation, thanks to your goodness this bread we offer: fruit of the earth, work of our hands, it will become the bread of life.

   *Blessed be God! Blessed be God!*
   *Blessed be God forever! Amen!*
   *Blessed be God! Blessed be God!*
   *Blessed be God forever! Amen!*

2. Blest are you, Lord, God of all creation, thanks to your goodness this wine we offer: fruit of the earth, work of our hands, it will become the cup of life.

EUCHARISTIC PRAYER

Sanctus

\[\text{Ho-ly, ho-ly, ho-ly Lord God of hosts. Heav’n and earth are full, are full of your glo-ry. Ho-san-nna in the high-est, ho-san-nna in the high-est. Bless’d is he who comes in the name of the Lord. Ho-san-nna in the high-est, ho-san-nna in the high-est.}\]
Mystery of Faith

During the Breaking of Bread (Mass of Creation)

1. Jesus Lamb of God, you take away the sins of the world: have mercy on us.
2. Jesus Bread of Life, you take away the sins of the world: have mercy on us.
3. Jesus Lamb of God, you take away the sins of the world: grant us your peace.

Communion Song

1. This is my body, broken for you, bringing you wholeness, making you free. Take it and eat it, and when you do, do it in love for me.
2. This is my blood, poured out for you, bringing forgiveness, making you free. Take it and drink it, and when you do, do it in love for me.
3. Back to my Father soon I shall go. Do not forget me: then you will see I am still with you, and you will know you’re very close to me.
4. Filled with my Spirit, how you will grow! You are my branches: I am the tree. If you are faithful, others will know you are alive in me.
5. Love one another – I have loved you, and I have shown you how to be free; serve one another, and when you do, do it in love for me.
Final Hymn

1. Holy Virgin, by God’s decree, 
you were called eternally; 
that he could give his Son to our race. 
Mary, we praise you, hail, full of grace. 
Ave, ave, ave Maria.

2. By your faith and loving accord, 
as the handmaid of the Lord, 
you undertook God’s plan to embrace. 
Mary, we thank you, hail, full of grace.

3. Joy to God you gave and expressed, 
of all women none so blessed, 
when in mankind your Son took his place. 
Mary, we love you, hail, full of grace.

4. Refuge for your children so weak, 
sure protection all can seek. 
Problems of life you help us to face. 
Mary, we trust you, hail, full of grace.

5. To our needy world of today, 
love and beauty you portray, 
showing the path to Christ we must trace. 
Mary, our mother, hail, full of grace.

...........................................................

SUNDAY 25th AUGUST

* 9.30 am - International Mass  *
Basilica of St Pius X

The readings are of the 21st Sunday in Ordinary Time (Year C) - see page 49.

The gathering of disciples from many countries 
helps us to appreciate more clearly the universal mission in which we take part.

Pilgrims from all over the world are welcome to join the choir. 
Arrive in the choir stalls near the organ by 8.15am for the rehearsal 
which begins at 8.30am sharp. Latecomers are not admitted!
MONDAY 26th AUGUST  
(Feria, or Blessed Dominic Barbieri, Priest)

8.00 am - All assemble at the statue of the Crowned Virgin

** 8.30 am - Grotto Mass **

“Happy are you who are poor.”

Opening Hymn

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Ma-gni-fi-cat, ma-gni-fi-cat, ma-gni-fi-cat a-ni-ma me-a Do-mi-num.
Ma-gni-fi-cat, ma-gni-fi-cat, ma-gni-fi-cat a-ni-ma me-a!
```

(My soul glorifies the Lord.)

Greeting and Introduction

Penitential Act

Opening Prayer

📖 LITURGY OF THE WORD 📖

Reading: Galatians 4:4-7  *(God sent his son, born of a woman.)*


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The Lord has done mar-vels for me; ho-ly____ is his name.
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(Please feel welcome to join in singing the verses, on page 21.)

Gospel Acclamation  *(Celtic Alleluia)*


Homily and Intercessions
Presentation of the Gifts *(sung to a well-known tune)*

1. O Mary, conceived in the grace of your Son,  
   the first-fruits of vict’ry on Calvary won!  
   He chose you as Mother to bring him to birth,  
   the one fitting shrine for his dwelling on earth!

2. Immaculate Virgin, with motherhood blest,  
   true God is the Child that in your womb did rest!  
   With you shall we ever “Magnificat” sing,  
   whose Son is our Maker and Saviour and King!

3. O Mother, who stood by your Son till his death,  
   still stand by your children till life’s dying breath!  
   O pray for us all as in glory you share  
   your Son’s resurrection, his masterpiece fair!

Sanctus *(see music on p.24)*

Holy, holy, holy Lord God of hosts,  
Heaven and earth are full, are full of your glory.  
Hosanna in the highest, hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest, hosanna, in the highest.

Mystery of Faith *(see music on p.25)*

We proclaim your Death, O Lord, and profess your Resurrection  
until you come again, until you come again.

During the Breaking of Bread

Agnus Dei, qui tollis peccata mundi: miserere nobis.  
Agnus Dei, qui tollis peccata mundi: miserere nobis.  
Agnus Dei, qui tollis peccata mundi: dona nobis pacem.

Communion Song

We come to share our story, we come to break the bread,  
we come to know our rising from the dead.

1. We come as your people, we come as your own,  
   united with each other, love finds a home.

2. We are called to heal the broken, to be hope for the poor,  
   we are called to feed the hungry at our door.
3. Bread of life and cup of promise, in this meal we all are one. 
   In our dying and our rising, may your kingdom come.

4. You will lead and we shall follow, you will be the breath of life; 
   living water, we are thirsting for your light.

5. We will live and sing your praises, ‘Alleluia’ is our song. 
   May we live in love and peace our whole life long.

Final Hymn

1. O Mary, our Mother, we come to this place, 
   where you who are sinless appeared, full of grace. 

   Ave, ave, ave Maria! Ave, ave, ave Maria!

2. As Bernadette waited, there came to her sight 
   a radiant Lady, surrounded by light.

3. She gave her a message: “Let penance be done, 
   and pray that all sinners may turn to my Son.”

4. Come here in procession to praise God and sing, 
   to wash in these waters and drink at this spring.

Followed by Pilgrimage photo on the steps of the Rosary Basilica.

(N.B. Our Passage through the Grotto is on THURSDAY afternoon, 
immediately after the Thanksgiving Mass.

If we are to share our lives with others and generously give of ourselves, we also have 
to realise that every person is worthy of our giving. Not for their physical appearance, 
their abilities, their language, their way of thinking, or for any satisfaction that we might 
receive, but rather because they are God’s handiwork, his creation. God created that 
person in his image, and he or she reflects something of God’s glory. Every human being is the object of God’s infinite tenderness, and he himself is present in their lives. 
Jesus offered his precious blood on the cross for that person.

Appearances notwithstanding, every person is immensely holy and deserves our love. Consequently, if I can help at least one person to have a better life, that already justifies the offering of my life. It is a wonderful thing to be God’s faithful people. We achieve fulfilment when we break down walls and our heart is filled with faces and names!

Pope Francis (Evangelii Gaudium 274)
2.30 pm - Penitential Liturgy
St Pius X Basilica (far end)

“Happy are you who are poor. Yours is the kingdom of God.”

Opening Hymn

Refrain
There is a longing in our hearts, O Lord, for you to reveal yourself to us.

Verses
1 For justice, 2 For wisdom, 3 For healing, 4 Lord, save us.

Opening Prayer

Reading: Romans 12:1-2. 9-19 (Let your behaviour change, modelled by your new mind.)

Response: Psalm 102

Gospel Acclamation (Plainchant Alleluia)

Gospel: Luke 19:1-10 (The Son of Man has come to seek out and save what was lost.)
Homily

Examination of Conscience *(see page 11 for an example)*

Songs during individual Confessions

1. O God, you search me and you know me. All my thoughts lie open to your gaze. When I walk or lie down you are before me: Ever the maker and keeper of my days.

2. You know my resting and my rising. You discern my purpose from afar, And with love everlasting you besiege me: in ev’ry moment of life or death, you are.

3. Before a word is on my tongue, Lord, you have known its meaning through and through. You are with me beyond my understanding: God of my present, my past and future, too.

4. Although your Spirit is upon me, still I search for shelter from your light. There is nowhere on earth I can escape you: Even the darkness is radiant in your sight.

5. For you created me and shaped me, gave me life within my mother’s womb. For the wonder of who I am, I praise you: safe in your hands, all creation is made new.

Bless the Lord, my soul, and bless God’s holy name.
Bless the Lord, my soul, who leads me into life.
Final Prayer and Blessing

Song of Thanksgiving

1. The kingdom of God is justice and joy; for Jesus restores what sin would destroy. God’s power and glory in Jesus we know; and here and hereafter the kingdom shall grow.

2. The kingdom of God is mercy and grace; the captives are freed, the sinners find place, the outcast are welcomed God’s banquet to share; and hope is awakened in place of despair.

3. The kingdom of God is challenge and choice: believe the good news, repent and rejoice! His love for us sinners brought Christ to his cross: our crisis of judgement for gain or for loss.

4. God’s kingdom is come, the gift and the goal; in Jesus begun, in heaven made whole. The heirs of the kingdom shall answer his call; and all things cry ‘Glory! to God all in all.

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TUESDAY 27th AUGUST
(St Monica)

Excursion Day

The times and venues of the Diocesan/Group masses are on page 3.

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WEDNESDAY 28th AUGUST

* 8.30 am - Prayers at the Baths with Assisted Pilgrims *

“Drink at the spring and bathe in it.”

For information about the Baths, see page 12. For a simple washing ceremony, page 14.

____________________________
3.00 pm - Way of the Cross (High Stations*)
* High Stations are not accessible to wheelchairs

4.30 pm - Way of the Cross
(St Bernadette Church, Grotto side)

The 14 Stations of the Cross represent events from Jesus’ passion and death. At each station we use our senses and our imagination to reflect prayerfully upon Jesus’ suffering, death, and resurrection.

The High Stations are only accessible for the physically able as they weave up along a stony path through a steep, wooded area. Please ensure you are wearing comfortable shoes and take a bottle of water. Sorry, no wheelchairs.

For our Way of the Cross with assisted pilgrims in St Bernadette Church, we use simple wooden crosses as we reflect on Jesus’s journey.

<table>
<thead>
<tr>
<th>Stations of the Cross</th>
<th>Prayers</th>
</tr>
</thead>
<tbody>
<tr>
<td>I Jesus is condemned to death</td>
<td>(At the beginning of each Station) We adore you O Christ, and we praise you because by your holy Cross you have redeemed the world.</td>
</tr>
<tr>
<td>II Jesus receives His cross</td>
<td></td>
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<tr>
<td>III Jesus falls the first time</td>
<td></td>
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<tr>
<td>IV Jesus meets His Blessed Mother</td>
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<tr>
<td>V The cross is laid on Simon</td>
<td></td>
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<tr>
<td>VI Veronica wipes the face of Jesus</td>
<td></td>
</tr>
<tr>
<td>VII Jesus falls the second time</td>
<td>(At the end of each Station) I love you Jesus, my love above all things. I repent with my whole heart for having offended you.</td>
</tr>
<tr>
<td>VIII The women weep for Jesus</td>
<td></td>
</tr>
<tr>
<td>IX Jesus falls the third time</td>
<td></td>
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<tr>
<td>X Jesus is stripped of his garments</td>
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<tr>
<td>XI Jesus is crucified</td>
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<tr>
<td>XII Jesus dies on the cross</td>
<td></td>
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<tr>
<td>XIII Jesus is taken from the cross</td>
<td></td>
</tr>
<tr>
<td>XIV Jesus is laid in the tomb</td>
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</tbody>
</table>

The new Way of the Cross is found on the far side of the Prairie. Made for the 150th Anniversary of the apparitions in 2008, it is accessible for Assisted Pilgrims. The stations are unusual, beautiful sculptures, designed to be touched. A booklet about them is available in the bookshop.

There is also another Way of the Cross, in glass, in the Underground Basilica.
WEDNESDAY 28th AUGUST
(St Augustine, Bishop, Doctor of the Church)

★ 5.30 pm - Mass with Presentation of Hospitalité Insignia ★
St Bernadette Church (Grotto side)

“Happy are you who are poor. Yours is the kingdom of God.”

Gathering Song

Come and join the circle, come and take my hand.
Come and join the circle, come and be my friend.
Gather round and see what the world can be.
Come and join the circle, come and share God’s word with me.

Opening Song

1. Longing for light, we wait in darkness.
   Longing for truth, we turn to you.
   Make us your own, your holy people, light for the world to see.

   Christ, be our light!
   Shine in our hearts, shine through the darkness.
   Christ, be our light! Shine in your church gathered today.

2. Longing for peace, our world is troubled.
   Longing for hope, many despair.
   Your word alone has power to save us. Make us your living voice.

3. Longing for food, many are hungry.
   Longing for water, many still thirst.
   Make us your bread, broken for others, shared until all are fed.

4. Longing for shelter, many are homeless.
   Longing for warmth, many are cold.
   Make us your building, sheltering others, walls made of living stones.

5. Many the gifts, many the people,
   many the hearts that yearn to belong.
   Let us be servants to one another, helping your kingdom come.

Greeting and Introduction

Penitential Act

Opening Prayer
1st Reading: 1 Corinthians 1:26-30 *(God chose what is foolish by human reckoning.)*

Response: Psalm 145

R/ How happy are the poor in spirit; theirs is the kingdom of heaven.

Gospel Acclamation *(Celtic Alleluia)*

Gospel: Matthew 5:1-12 *(How happy are the poor in spirit.)*

Homily

Presentation of Hospitalité Insignia

The new ordinary and full members of the Catholic Association Hospitalité are called forward by name. The insignia are then presented to each new member by the Bishop and the President of the Catholic Association Hospitalité.

The new members are welcomed by their Head of Service, Glanfield Leader and the Hospitalité Chaplain. *(The Act of Consecration is on page 9.)*

Intercessions

Presentation of the Gifts

My soul glorifies the Lord, my spirit rejoices.
My God forever he will be. Bless his holy name.

Sanctus *(see music on p.24)*

Holy, holy, holy Lord God of hosts,
Heaven and earth are full, are full of your glory.
Hosanna in the highest, hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest, hosanna, in the highest.
Mystery of Faith (see music on p.25)

We proclaim your Death, O Lord, and profess your Resurrection until you come again, until you come again.

※ COMMUNION RITE ※

During the Breaking of Bread

1. Jesus Lamb of God, you take away the sins of the world: have mercy on us.
2. Jesus Bread of Life, you take away the sins of the world: have mercy on us.
3. Jesus Lamb of God, you take away the sins of the world: grant us your peace.

Communion Song

1. Lord Jesus Christ you are the bread of life, broken to reach and heal the wounds of human pain. Where we divide your people you are waiting there on bended knee to wash our feet with endless care.

2. Lord Jesus Christ you are the wine of peace, poured into hearts once broken and where dryness sleeps. Where we are tired and weary you are waiting there to be the way which beckons us beyond despair.

3. Lord Jesus Christ, you call us to your feast, at which the rich and pow’rful have become the least. Where we survive on others in our human greed you walk among us begging for your ev’ry need.
Final Hymn

1. Sing of the Lord’s goodness, Father of all wisdom, come to him and bless his name. Mercy he has shown us, his love is for ever, faithful to the end of days.

*Come then all you nations, sing of your Lord’s goodness, melodies of praise and thanks to God. Ring out the Lord’s glory, praise him with your music, worship him and bless his name.*

2. Power he has wielded, honour is his garment, risen from the snares of death. His word he has spoken, one bread he has broken, new life he now gives to all.

3. Courage in our darkness, comfort in our sorrow, Spirit of our God most high; solace for the weary, pardon for the sinner, splendour of the living God.

4. Praise him with your singing, praise him with the trumpet, praise God with the lute and harp; praise him with the cymbals, praise him with your dancing, praise God till the end of days.

Pope Francis’ new Beatitudes for modern Christians

Blessed are those who remain faithful while enduring evils inflicted on them by others and forgive them from their heart.

Blessed are those who look into the eyes of the abandoned and marginalised and show them their closeness.

Blessed are those who see God in every person and strive to make others also discover him.

Blessed are those who protect and care for our common home.

Blessed are those who renounce their own comfort in order to help others.

Blessed are those who pray and work for full communion between Christians.
THURSDAY 29th AUGUST
(The Beheading of St John the Baptist)

※ 8.30 am - Liturgy with Anointing of the Sick (outside Mass) ※
St Bernadette Church (Grotto side)

“Happy are you who are poor. Yours is the kingdom of God.”

Opening Hymn

1. Be still, for the presence of the Lord, the Holy One is here. 
   Come, bow before him now with reverence and fear. 
   In him no sin is found, we stand on holy ground. 
   Be still, for the presence of the Lord, the Holy One is here.

2. Be still, for the glory of the Lord is shining all around; 
   He burns with holy fire, with splendour he is crowned. 
   How awesome is the sight, our radiant King of light! 
   Be still, for the glory of the Lord is shining all around.

3. Be still, for the power of the Lord is moving in this place, 
   He comes to cleanse and heal, to minister his grace. 
   No work too hard for him, in faith receive from him; 
   Be still, for the power of the Lord is moving in this place.

Greeting and Introduction

Penitential Act and Opening Prayer

 mỏi LITURGY OF THE WORD mỏi

1st Reading: James 5:13-16 (The prayer of faith will save the sick person.)

Response: Psalm 62

Gospel Acclamation (Plainchant)

Gospel: Matthew 8:14-17 (He took our sicknesses away.)

Homily

The Litany which follows takes the place of intercessions in this liturgy.
RITE OF ANOINTING

The presiding Bishop introduces the rite.

Litany

Response to each invocation:

Laying on of Hands

Those who will anoint stretch out their hands over the sick.
Other priests lay hands on the sick in silence.

Prayer of Thanksgiving over the Oil

Bishop: Praise to you, God, the almighty Father. You sent your Son to live among us and bring us salvation.

All: Blessed be God who heals us in Christ.

Praise to you, God, the only-begotten Son. You humbled yourself to share in our humanity and you heal our infirmities.

Blessed be God who heals us in Christ.

Praise to you, God, the Holy Spirit, the Consoler. Your unfailing power gives us strength in our bodily weakness.

Blessed be God who heals us in Christ.

God of mercy, ease the sufferings and comfort the weakness of your servants, whom the Church anoints with this holy oil. We ask this through Christ our Lord.

Amen.

Anointing of the Sick

The sick pilgrims are now anointed with the blessed oil on the forehead and hands, accompanied by these words:

Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit.

Amen.

May the Lord who frees you from sin, save you and raise you up. Amen.
Songs during the Anointing

God to enfold you, Christ to uphold you,
Spirit to keep you in heaven's sight;
so may God grace you, heal and embrace you,
lead you through darkness into the light.

All who labour, come to me; tired and weary, come to me.
I am gentle, I am humble; I will give you rest.

1. The King of love my Shepherd is, whose goodness faileth never;
   I nothing lack if I am his and he is mine for ever.

2. Where streams of living water flow my ransomed soul he leadeth,
   and where the verdant pastures grow with food celestial feedeth.

3. Perverse and foolish oft I strayed but yet in love he sought me,
   and on his shoulder gently laid, and home rejoicing brought me.

4. In death's dark vale I fear no ill with thee, dear Lord, beside me;
   thy rod and staff my comfort still, thy cross before to guide me.

5. Thou spread'st a table in my sight, thy unction grace bestoweth;
   and O what transport of delight from thy pure chalice floweth!

6. And so through all the length of days thy goodness faileth never;
   good Shepherd, may I sing thy praise within thy house for ever.

Lord, how can I repay all you ever give to me?
Your endless love an eternal flame:
Lord, if you say the word,
I will take your blessing cup
and I will call on your holy name.
Healer of our every ill, light of each tomorrow,  
give us peace beyond our fear, and hope beyond our sorrow.

1. You who know our fears and sadness,  
grace us with your peace and gladness,  
Spirit of all comfort, fill our hearts.

2. In the pain and joy beholding how your grace is still unfolding,  
give us all your vision, God of love.

3. Give us strength to love each other, every sister, every brother,  
Spirit of all kindness, be our guide.

4. You who know each thought and feeling,  
teach us all your way of healing,  
Spirit of compassion, fill each heart.

Prayer (for those not anointed during this liturgy), Our Father and Blessing

Final Hymn

1. Praise, my soul, the King of heaven,  
to his feet thy tribute bring;  
ransomed, healed, restored, forgiven,  
who like me his praise should sing?  
Praise him, praise him! Praise him, praise him!  
Praise the everlasting King!

2. Praise him for his grace and favour  
to our fathers in distress;  
praise him still the same for ever,  
slow to chide and swift to bless.  
Praise him, praise him! Praise him, praise him!  
Glorious in his faithfulness!

3. Father-like he tends and spares us;  
well our feeble frame he knows;  
in his hands he gently bears us,  
rescues us from all our foes.  
Praise him, praise him! Praise him, praise him!  
Widely as his mercy flows!

4. Angels, help us to adore him;  
ye behold him face to face;  
sun and moon bow down before him,  
dwellers all in time and space.  
Praise him, praise him! Praise him, praise him!  
Praise with us the God of grace!
“Happy are you who are poor. Yours is the kingdom of God.”

**INTRODUCTORY RITES**

**Gathering Chant**

Open our eyes to see. Open our ears to hear. 
Open our lives to live your calling. Open us, Lord, to love.

**Opening Song**

1. I, the Lord of sea and sky, I have heard my people cry. 
   All who dwell in dark and sin my hand will save. 
   I who made the stars of night, I will make their darkness bright. 
   Who will bear my light to them? Whom shall I send?
   
   Here I am, Lord. Is it I, Lord? 
   I have heard you calling in the night. 
   I will go, Lord, if you lead me. I will hold your people in my heart.

2. I, the Lord of snow and rain, I have borne my people’s pain. 
   I have wept for love of them. They turn away. 
   I will break their hearts of stone, give them hearts for love alone. 
   I will speak my word to them. Whom shall I send?
3. I, the Lord of wind and flame, I will tend the poor and lame.
   I will set a feast for them. My hand will save.
   Finest bread I will provide till their hearts be satisfied.
   I will give my life to them. Whom shall I send?

**Greeting and Introduction**

**Penitential Act**

**Gloria** (Lourdes)

_Gloria, gloria in excelsis Deo. (x2)_

Glory to God in the highest, and on earth peace to people of good will.
We praise you, we bless you, we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world, have mercy on us;
you take away the sins of the world, receive our prayer;
you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the Father. Amen.

**Opening Prayer**

📖 LITURGY OF THE WORD ❖

**Reading:** Jeremiah 1: 4-9  *(Go now to those to whom I send you.)*

**Response:** Psalm 15

**R/ O Lord, you are the centre of my life:**
   I will always praise you, I will always serve you,
   I will always keep you in my sight.

**Gospel Acclamation** (Celtic Alleluia)

**Gospel:** Luke 6:20-26  *(How happy are you who are poor. Alas for you who are rich.)*

**Homily and Intercessions**

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Presentation of the Gifts

Refrain

Al-le-lu-ia! Al-le-lu-ia! Raise the Gospel over the earth! Al-le-lu-ia! Al-le-lu-ia!

Peace and justice bringing to birth!

Verses

1. Blessed those whose hearts are gentle. Blessed those whose spirits are strong.
3. Tremble, you who build up riches. Tremble, you with opulent lives.
5. Glory like the stars of heaven. Glory like the sun in the sky.

Sanctus (music on p.24) Holy, holy, holy Lord God of hosts, ...

Mystery of Faith (see music on p.25)

We proclaim your Death, O Lord, and profess your Resurrection until you come again, until you come again.
The Lord's Prayer ('Echo' setting)

*Please repeat phrases after the cantor.*

Sign of Peace

*Please join hands with those nearest to you as we sing:*

Let there be peace shared among us, let there be peace in our eyes.
May now your peace sweep this nation; cause us, O Lord, to arise.
Give us a fresh understanding, give us a peace that is real.
Let there be peace shared among us, let there be peace.

During the Breaking of Bread (Mass of Creation)

1. Jesus Lamb of God, you take away the sins of the world: have mercy on us.
2. Jesus Bread of Life, you take away the sins of the world: have mercy on us.
3. Jesus Lamb of God, you take away the sins of the world: grant us your peace.

Communion Song

Prayer after Communion

Prayer at the end of the Pilgrimage:

O Mary, Mother of Jesus,
I thank God, through you, for the grace of this pilgrimage
and for all that has happened to me whilst I have been here.
Pray for my fellow pilgrims and for all who have helped me.
Pray that I may have a safe journey,
and obtain for me the graces to do at home
what you have taught me to do here.

Our Lady of Lourdes: Pray for us.
St Bernadette: Pray for us.

Blessing of the Pilgrimage Candle
Final Hymn

1. Tell out, my soul, the greatness of the Lord!
Un-numbered blessings give my spirit voice;
tender to me the promise of his word;
in God my Saviour shall my heart rejoice.

2. Tell out, my soul the greatness of his name!
Make known his might, the deeds his arm has done;
his mercy sure, from age to age the same;
his holy name - the Lord, the Mighty One.

3. Tell out, my soul, the greatness of his might!
Powers and dominions lay their glory by.
Proud hearts and stubborn wills are put to flight,
the hungry fed, the humble lifted high.

4. Tell out, my soul, the glories of his word!
Firm is his promise, and his mercy sure.
Tell out, my soul, the greatness of the Lord
to children's children and for evermore!

Followed by… 😊

A final collection will be taken
in aid of the Glanfield Group.
Thank you for your support.

Followed by passage through the Grotto at 3.30pm

Glanfield Children's Group

The Glanfield Group is part of the Catholic Association and is based in the Hotel Méditerranée. We hold night prayers every evening at around 8.30pm in the bar area. Everyone is welcome, so please join us.

In 2017 the Group celebrated 30 years of accompanying to Lourdes sick, disabled and disadvantaged children, and adults with learning difficulties. This experience is life-changing for those we bring (and for our helpers) and gives essential respite to their carers at home. The group relies entirely on the generous support of your prayers and donations each year, and we are continually looking for new ways to fundraise. If you have any ideas, or would like to fundraise for us, please contact Cat Astley. (She will be in Lourdes during the Pilgrimage week or may be contacted at catastley@hotmail.co.uk)

We are always looking for new children, families and helpers to join us. If you know of anyone, please let us know (chglanfield@hotmail.com).

For more information, see www.glanfield.org
FRIDAY 30th AUGUST
(21st Week in Ordinary Time,
Sts Margaret Clitherow, Anne Line, and Margaret Ward, Martyrs)

** 8.30 am - Mass **
St Joseph’s Chapel

“Happy are you who are poor.”

Opening Chant

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Bless-ed are they who fol-low God’s law and
walk in his ways: the king-dom is theirs.
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Greeting and Introduction

Penitential Act

Opening Prayer

📖 LITURGY OF THE WORD 📘

Reading: 1 Thessalonians 4:1-8 (What God wants is for you all to be holy.)

Response: Psalm 96

R/ Rejoice, you just, in the Lord.

Gospel Acclamation (Plainchant Alleluia)

Gospel: Matthew 25:1-13 (The bridegroom is here! Go out and meet him.)

Homily

Intercessions
Presentation of the Gifts

Sanctus *(music on p.24)*

Holy, holy, holy Lord God of hosts,
Heaven and earth are full, are full of your glory.
Hosanna in the highest, hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest, hosanna, in the highest.

Mystery of Faith *(see music on p.25)*

We proclaim your Death, O Lord, and profess your Resurrection
until you come again, until you come again.

Lamb of God

Agnus Dei, qui tollis peccata mundi: miserere nobis.
Agnus Dei, qui tollis peccata mundi: miserere nobis.
Agnus Dei, qui tollis peccata mundi: dona nobis pacem.

Communion Song:

Taste and see, taste and see that the Lord is good, the Lord is good.

Final Hymn

1. Immaculate Mary! Our hearts are on fire,
   that title so wondrous fills all our desire.

   *Ave, ave, ave Maria! Ave, ave, ave Maria!*

2. For poor, sick, afflicted thy mercy we crave;
   and comfort the dying, thou light of the grave.

3. In grief and temptation, in joy or in pain,
   we’ll ask thee, our mother, nor seek thee in vain.

4. To God be all glory and worship for aye;
   and to God’s virgin mother an endless Ave.

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BON VOYAGE! À L’ANNÉE PROCHAINE...
Collect
O God, who cause the minds of the faithful to unite in a single purpose, grant your people to love what you command and to desire what you promise, that, amid the uncertainties of this world, our hearts may be fixed on that place where true gladness is found.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

First reading (Isaiah 66:18-21)

They will bring all your brothers from all the nations. The Lord says this: I am coming to gather the nations of every language. They shall come to witness my glory. I will give them a sign and send some of their survivors to the nations: to Tarshish, Put, Lud, Moshech, Rosh, Tubal, and Javan, to the distant islands that have never heard of me or seen my glory. They will proclaim my glory to the nations. As an offering to the Lord they will bring all your brothers, on horses, in chariots, in litters, on mules, on dromedaries, from all the nations to my holy mountain in Jerusalem, says the Lord, like Israelites bringing oblations in clean vessels to the Temple of the Lord. And of some of them I will make priests and Levites, says the Lord.

Psalm in Response to the Reading (Psalm 116)

R/ Go out to the whole world; proclaim the Good News.

1. O praise the Lord, all you nations, acclaim him all you peoples!

2. Strong is his love for us; he is faithful for ever.
Second reading

(Hebrews 12:5-7,11-13)
The Lord trains the one he loves.

Have you forgotten that encouraging text in which you are addressed as sons? My son, when the Lord corrects you, do not treat it lightly; but do not get discouraged when he reprimands you. For the Lord trains the ones that he loves and he punishes all those that he acknowledges as his sons. Suffering is part of your training; God is treating you as his sons. Has there ever been any son whose father did not train him?

Of course, any punishment is most painful at the time, and far from pleasant; but later, in those on whom it has been used, it bears fruit in peace and goodness. So hold up your limp arms and steady your trembling knees and smooth out the path you tread; then the injured limb will not be wrenched, it will grow strong again.

Gospel

(Luke 13:22-30)
The last shall be first and the first last.

Through towns and villages Jesus went teaching, making his way to Jerusalem. Someone said to him, ‘Sir, will there be only a few saved?’ He said to them, ‘Try your best to enter by the narrow door, because, I tell you, many will try to enter and will not succeed.

‘Once the master of the house has got up and locked the door, you may find yourself knocking on the door, saying, “Lord, open to us” but he will answer, “I do not know where you come from.” Then you will find yourself saying, “We once ate and drank in your company; you taught in our streets” but he will reply, “I do not know where you come from. Away from me, all you wicked men!”

‘Then there will be weeping and grinding of teeth, when you see Abraham and Isaac and Jacob and all the prophets in the kingdom of God, and yourselves turned outside. And men from east and west, from north and south, will come to take their places at the feast in the kingdom of God.

‘Yes, there are those now last who will be first, and those now first who will be last.’

Prayer over the Offerings

O Lord, who gained for yourself a people by adoption through the one sacrifice offered once for all, bestow graciously on us, we pray, the gifts of unity and peace in your Church. Through Christ our Lord.

Prayer after Communion

Complete within us, O Lord, we pray, the healing work of your mercy and graciously perfect and sustain us, so that in all things we may please you. Through Christ our Lord.

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SOCIAL MEDIA AND PHOTOGRAPHY POLICY

Introduction
Social Media is a popular way to share experiences of Lourdes and to maintain friendships made on Pilgrimage. However, the Catholic Association (CA) has a duty to protect the dignity of its members, both those who help and those who receive help.

Social Media
Social Media are websites and applications that enable users to create and share content or to participate in social networking. These include Facebook, Twitter, YouTube, tumblr, Flickr, Google+ and others.

All pilgrims must keep an appropriate distance online, just as they would in the offline world. Technology increases the potential for messages to be taken out of context, misinterpreted or forwarded to others. CA members must be aware that messages published in the public domain are there permanently for others to access, change and share. The key principles in digital and social media use are the same as in any professional interaction. CA members:
- should reflect the positive message of the CA Pilgrimage;
- must ensure they are not put in the position of having to deal with situations or information that they are not confident or comfortable to deal with;
- should not disclose information that is financial, operational and legal in nature, as well as any information that pertains to our assisted pilgrims (APs) or volunteers.

Photography
Permission must be sought before photographing or videoing a particular individual, especially during religious services, remembering to take extra care with children and vulnerable adults.

Taking photos of people during Confession is never acceptable.
Copyright must be respected. Images and content produced by others must be credited.
Ensure permission is gained from an individual or their responsible adult before ‘tagging’ their image online. Any hashtag relating to the CA must not damage its reputation.

Reputation
All images in the public domain which could be linked to the CA must uphold its reputation as a caring, responsible and sensitive organisation.
Inappropriate content such as racial, ethnic, sexual, religious, and physical disability slurs are not tolerated.
Catholic Association Code of Good Conduct,
Particularly Concerning the Safeguarding of Children and Vulnerable Adults

ALL PILGRIMS MUST:

- operate within the Code of Good Conduct and the procedures of the Catholic Association Lourdes Pilgrimage.
- always be an example of good conduct that you would wish others to follow.
- treat all other pilgrims with respect.
- respect each pilgrim’s rights to personal privacy.
- encourage pilgrims to feel comfortable and caring enough to point out attitudes or behaviour they do not like.
- remember that someone else might misinterpret your actions, no matter how well intentioned.
- be aware that even caring physical contact with another pilgrim might be misinterpreted.
- recognise that special caution and discretion is required when you are discussing sensitive issues with other helpers or pilgrims.
- ensure that intimate care is carried out by volunteer helpers and that dignity and respect for all Assisted Pilgrims is maintained at all times.
- ensure that there is more than one helper present during activities and personal care with children and vulnerable adults, or at least that you are within sight and hearing of others. Medical or sacramental protocols may be exceptions, but all sensible precautions should be taken to ensure everyone’s safety.
- ensure that volunteer helpers under the age of 18 are supported and guided by experienced helpers over the age of 18.

YOU MUST NOT:

- ignore Safeguarding Guidelines and Procedures.
- render yourself unfit for duty or social interaction through consumption of alcohol or lack of sleep.
- allow yourself to be drawn into inappropriate attention-seeking behaviour.
- have inappropriate physical or verbal contact with pilgrims.
- make suggestive or derogatory remarks in front of others.
- show favouritism to any individual.
- jump to conclusions about others without checking facts.
- take a chance, when common sense, policy and practice suggest another more prudent approach.
- rely on your good name, or that of the Church, to protect you.
- believe ‘it would never happen to me’.
- exaggerate or trivialize issues of Good Conduct and Safeguarding.
WHAT TO DO...

**If a pilgrim discloses to you abuse by someone else:**
- Advise the person that you must pass on this information.
- Allow him or her to speak without interruption, accepting what is said.
- Do not investigate, i.e. do not ask questions.
- Alleviate feelings of guilt and isolation. Do not pass judgment.
- Let them know that they are right to have shared this information.
- Report the matter as soon as possible to the leader in charge of your group/team, and/or the Pilgrimage Safeguarding Officer.

**If you suspect a pilgrim is being abused emotionally, physically, financially or sexually, whether in Lourdes or in their normal environment:**
- Report the matter to the leader in charge of your group/team, and ensure it is reported to the Pilgrimage Safeguarding Officer as soon as possible.

**If you receive an allegation about any pilgrim or about yourself:**
- Immediately tell the leader in charge of your group/team, and/or the Pilgrimage Safeguarding Officer.
- Try to ensure that no one is placed in a position that could cause further compromise.

**In all cases:**
- Any discussion concerning possible abuse must be recorded in writing as soon as possible. The record should reflect the conversation as accurately as possible using the pilgrim’s own words. The record should be signed and dated, noting the time and location of the conversation or incident, and include the names of anyone else present.
- The facts must be reported to the Pilgrimage Safeguarding Officer.
- The listener must refer, but not investigate, and should not contact the subject of the allegation.
- There must be no promise of confidentiality, as any information received may have to be acted on by other authorities.

The Pilgrimage Safeguarding Officer is Mrs Cliona Devereux. She may be contacted through a Head of Service, Trustee, or at the Appart’hotel Le Pèlerin. Her phone number is **0044 7429 795 421**
LEGACIES

The Catholic Association is totally dependent on its supporters - those who give generously of their time as organisers, volunteer helpers and fundraisers, those who support us with their prayers, and those who are able to give financial donations. The Trustees would like to thank all of these people.

We have been fortunate to receive two very generous legacies in recent years, particularly helpful in these difficult financial times. Legacies and donations may be designated for one of the individual funds within the charity, or to the Catholic Association as a whole. If anyone would like further advice on such matters, they should contact Steve Gill (Treasurer of the Catholic Association, sg.mog@btinternet.com, 01494 763880) or any of the other Trustees. The key information that is required for legacies is the Charity Registration Number: 1071120.

The Sick Pilgrims Fund and Way-Donnelly Fund (to support members of the Young Helpers Group) are administered by the Hospitalité Treasurer (John Hirwe, hosp_treasurer@catholicassociation.co.uk).

Steve Gill and John Hirwe may be found in Lourdes during the Pilgrimage week.

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CA PILGRIMAGE 2020

Our next Pilgrimage takes place from 21st - 28th August 2020.

If you, or a friend/family member, would like to come to Lourdes as an Assisted Pilgrim next year, please contact your Diocesan or Group Director. Our Assisted Pilgrims are those who are ill or disabled, and would like to stay at the Accueil or in a hotel, and will need assistance from our team of helpers. Financial help may be available, either through your Diocesan/Group Director, or through any member of the Catholic Association Hospitalité.

Men and women of all ages and backgrounds come to Lourdes as volunteer helpers to answer Our Lady’s request for people to ‘come in procession’ but, more importantly, they come in response to the command of her son Jesus to love God and to love our neighbours as ourselves (Mark 12:29-31). These volunteer helpers, who are pilgrims themselves, strive to encounter Jesus in each pilgrim, caring for their physical, emotional and spiritual well-being. The CA Hospitalité includes doctors and nurses, as well as non-medical helpers, who are known as brancardiers (male) and handmaids (female).

If you or a friend would be interested in coming on Pilgrimage next year as a volunteer helper, please let us know at: volunteer@catholicassociation.co.uk, and someone will be in contact with you as soon as possible. The minimum age for helping is 16 and there is no maximum age. All are welcome and all have an important contribution to make to the community that we form during our pilgrimage week.

Additionally, if you have children, the CA organises the Helpers’ Children’s Programme (HCP), which offers a programme of activities for the children (0 - 16) of registered helpers and registered assisted pilgrims.
Acknowledgements

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- **Open our eyes to see** by Angela Reith © CJM Music.
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- **The kingdom of God** © Olwen Scott.
- **Tell out, my soul** © Timothy Dudley-Smith

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Key to Map of the Domain

N.B. The map does not reflect recent changes in the Grotto/Baths/Candles areas.

GROTTO (Massabielle) and THE SIGNS OF LOURDES

<table>
<thead>
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<th>Number</th>
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<tr>
<td>10</td>
<td>THE GROTTO (Massabielle)</td>
<td>B4</td>
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<tr>
<td>11</td>
<td>Water taps</td>
<td>B4</td>
</tr>
<tr>
<td>12</td>
<td>Candle burners</td>
<td>B4</td>
</tr>
<tr>
<td>13</td>
<td>Baths</td>
<td>B4</td>
</tr>
<tr>
<td>14</td>
<td>Water walk</td>
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<tr>
<td>15</td>
<td>Way of the Cross</td>
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<tr>
<td>17</td>
<td>Crowned Virgin statue</td>
<td>C3</td>
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<td>170</td>
<td>Rosary Square</td>
<td>C3</td>
</tr>
<tr>
<td>18</td>
<td>Museum of St Bernadette</td>
<td>C1</td>
</tr>
<tr>
<td>19</td>
<td>Museum of the Miracles</td>
<td>D2</td>
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EUCHARIST AND RECONCILIATION

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<td>Rosary Basilica</td>
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<td>22</td>
<td>Crypt</td>
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<td>23</td>
<td>Underground Basilica of St Pius X</td>
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<td>(entrances at both ends)</td>
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<td>24</td>
<td>Chapel of Notre-Dame</td>
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<td>25</td>
<td>Chapel of St Joseph</td>
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<td>26</td>
<td>Accueil Jean-Paul II</td>
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<td>260 St Maximilian Kolbe Chapel</td>
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<td>Reconciliation Chapel</td>
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<td>270 Chapel of St Jean-Marie Vianney</td>
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<td>Church of St Bernadette</td>
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<td>29</td>
<td>Prairie</td>
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INFORMATION AND SERVICES

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<td>527 Book shop</td>
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<td>Way of the Cross - High Stations</td>
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SICK AND ASSISTED PILGRIMS

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ENTRANCES

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<tr>
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<td>St Michael’s Gate</td>
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<tr>
<td>II</td>
<td>St Joseph’s Gate</td>
<td>C2</td>
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<tr>
<td>III</td>
<td>Upper Basilica entrance</td>
<td>B3</td>
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<td>IV</td>
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Map of the Domain (N.B. Does not show recent changes)

(see key inside back cover)