



# SACRED HEART PARISH

In The Diocese of Portsmouth  
Reg. Charity No. 246871

First Sunday in Advent

Year B

29 November 2020

**Welcome to all our Parishioners and all who are joining us via the website or Facebook  
Live streaming of the Mass this weekend is at 10am on Sunday  
Website: <https://www.sacredhearthook.org/live>**

## Thought for the Week

A 2010 novel by Emma Donoghue has the brief title of Room, it tells the story of a mother who is imprisoned in a garden shed together with her young son, Jack. The boy has always lived in the shed and has experienced the outside world only through a small skylight and on a TV screen. When his mother tells him that there is a whole wonderful world outside the shed he does not believe her. He feels safe in the confined space of the room and is afraid of change. But finally the boy escapes and discovers the beauty and immensity of this larger world.

What is the point of this image which the novel gives us? It is a way of helping us to understand Advent, which is about the coming of Christ. The problem is that Advent is often imprisoned in the world of shopping and the commercial build-up to Christmas. Recorded carols and shopping trips anticipate the feast of Mary's boy child in Bethlehem. So each year on the first Sunday of Advent the church calls us out of the narrow protected world where we are reluctant to change into the wider world of God's coming.

Taken from the Redemptorist Publications

## SACRED HEART CHURCH OPENING TIMES

### **RESUMING PUBLIC MASS**

It is with great joy that Mass with a congregation present will resume at Sacred Heart Church from the weekend of Saturday 5th and Sunday 6th December.

Mass will continue to be live-streamed as we do currently. Look for the 'Live Mass' link on the parish website at; [www.sacredhearthook.org](http://www.sacredhearthook.org) or on our Facebook page at facebook.com/sacredhearthook

Mass is also available on Wednesday mornings at 10:00am from 9th December, followed by praying the Rosary. The church will close at 11:30.

Due to the limited space in our church, booking is required for all Masses, including the Wednesday Mass.

Attendance needs to be book and this can be done by email via [hello@sacredhearthook.org](mailto:hello@sacredhearthook.org)  
or by phone call to Jan on 07719012955

More information is on page 3 of this newsletter.

Stewards will be available to ensure we cleanse our hands on entry and departure, wear face coverings at all times and maintain social distancing. They also stay at the end of private prayer and clean the entire church. We remain grateful for the work they do in enabling our safe access to prayer.

Please visit the Coronavirus page: [www.sacredhearthook.org/coronavirus](http://www.sacredhearthook.org/coronavirus) for any last minute changes

**Priest in Charge:** Rev. Paul Leonard

**Parish Administrator:** Mrs Jan Hughes

**Phone:** 01256 577007/07719 012955

**email:** [hello@sacredhearthook.org](mailto:hello@sacredhearthook.org)

**Website:** [www.sacredhearthook.org](http://www.sacredhearthook.org)

**Facebook:** facebook.com/sacredhearthook

**Safeguarding Minister:** Mrs Maggie Wood

**email:** [safeguarding@sacredhearthook.org](mailto:safeguarding@sacredhearthook.org)

## **PARISH DONATIONS**

Dear Friends

If you would like to make a donation to the Parish, or set up a Standing Order, our bank account details are:

Lloyds Bank

**Sort Code: 30 93 04**

**Account number 00880117**

**Name: PRCDTR Sacred Heart Hook**

(Please also use this for cheque payments)

## **ONLINE OFFERTORY AND DONATIONS**

An easy way to give online using your debit card has been set up on our website at

<https://www.sacredhearthook.org/donations>

Just click the button and follow the instructions.

Thank you so much for your generosity.

God bless. Fr. Paul

## **FIRST SUNDAY OF ADVENT**

**First Reading** Isaiah 63: 16-17, 64: 1, 3 - 8

**Responsorial Psalm:**

**Psalm 79: 2-3, 1 5-16 18-19, response v 4**

***God of hosts, bring us back***

***let your face shine on us and we shall be saved***

**Second Reading:** Corinthians 1: 3 - 9

Gospel Acclamation

**Alleluia, alleluia!**

**Let us see, O Lord, your mercy  
and give us your saving help.**

**Alleluia!**

**Gospel** Mark 13: 33 - 37

## **CARITAS HOMES WITHOUT BORDERS FOR REFUGEES —**

NOVEMBER 2020 UPDATE recently, the Home Office have advised that inbound flights, bringing refugees to the UK, are to resume in early 2021. This is very welcome news, as the preparatory work of Community Sponsor groups such as ours, have been on hold due to Covid:19 which has prevented refugees being allowed to enter the UK. The decision by the Government, under the existing resettlement scheme, will allow 232 refugees to enter the UK although it is only those groups who have secured a property, who will be welcoming these refugees. Groups, such as ours, who have not secured a property yet, still do not have a date for when they will welcome a family to resettle. Hopefully, it won't be too long before we can start the search in earnest for a property that will help transform the lives of a suffering refugee family beyond their imagination. Please continue to pray for the success our project.

## **COATS4CALAIS 2020**

This year there is a particular need for coats or jackets for teenage males. I am the point of contact in Basingstoke up till 19/12. Please contact me on any of the following: (m) 07881781407, landline: 01256 419427, email: joeshevlin@icloud.com to arrange the drop-off point for the items. More information about this project may be found on the following link: [care4calais.org/#coats4calais](http://care4calais.org/#coats4calais) Joe Shevlin

## **ADVENT STARTS TODAY**

The season of Advent is a time of preparation before Christmas.



The word Advent comes from the Latin Adventus which means coming. Here are some thoughts to help us prepare for Christmas.

Consider.....

- A place to go to get away from all the adverts
- A day of silence to just be with the Mystery of the incarnation.
- A chance to be of service to the poor
- A little more time to be with Family and Friends
- Some time to meditate on the fact that Jesus was born.

## **ADVENT WORKSHOP FOR THE YOUNG AT HEART 2020**

On Sunday 6th December, the 2nd Sunday of Advent we are going to hold an Advent Workshop for the children of the parish. We will be doing it via Zoom during the Children's Liturgy session from 11.15 for approx. an hour. We will be looking at the meaning of Advent, making an Advent wreath, making a stained glass window, singing some carols and looking at the nativity story.

We will need you to sign up for the session so we can give you the Zoom log in details and we will also need an address so we can deliver a pack of helpful materials for the session Please sign up through the office at [hello@sacredhearthook.org](mailto:hello@sacredhearthook.org)

Please put Advent workshop in the subject heading  
Many thanks  
Gill and Maggie

## **CHILDREN'S LITURGY**

Please do join Fr Paul

for a live streaming of this

weekend's Children's Liturgy on Sunday at 11:30am.

Available live on Facebook or on our website



## **MINI ADVENT RETREAT.**

Using the <https://www.ignatianspirituality.com/advent/>  
Saturday 28th November 17:00—17:30 Tom Grufferty.  
Saturday 5th December 17:00—17:30 Viv McCabe  
Saturday 12th December 17:00—17:30 Walter Essex  
Saturday 19th December 17:00—17:30 Jacky Chong  
Thursday 24th December 17:00---17:30 Tom Grufferty  
Using Scripture, Faith and Art the participants will be asked to enter a spiritual journey with some of the most famous characters in the Nativity of Jesus.

The retreat can be done privately by clicking the Ignatian Spiritual Services above. But it is better to do it with others plus the leaders for each session will add their personal contribution.

People will be asked to share their experiences on their Covid-19 spiritual journey + prayers for their intentions. Join the meeting 10 minutes before.

My thanks to Peter Agius and the Benedictine Lay Community at Worth Abbey for sponsoring this initiative. To join just click this site....

<http://www.laybenedictines.org/ad>

## ATTENDING PUBLIC MASS AT SACRED HEART CHURCH

We need to observe the following guidelines when attending Mass:

**Our intention is to celebrate Mass reverently and safely as a community of Christ's disciples.**



The dispensation from Sunday Mass obligation remains in effect. Please don't register for Mass or enter the church if you or someone in your household has a temperature, a cough, flu-like symptoms or loss of taste or smell.

Stay at home and participate in the Mass via our live stream



Please bring your own **face covering**.

You must wear it at all times, except when receiving Holy Communion



Arrive at the front main doors of the church no later than **15 minutes before Mass** and if possible a bit before that.



Apply **hand sanitiser** when entering and leaving the church.

Either bring your own or use the dispenser provided inside the entrance to the church



**Follow the instructions of the ushers.** They will direct you to where to sit. - Couples, or families of 3 or more from the same household, may sit together. Please do not kneel, sit in the marked places as directed by the stewards and please observe social distancing at all times. Please keep young children with you at all times



Queuing to receive **Holy Communion** will be single file and it will be under one kind.

Follow the instructions given regarding when to come forward and receive Holy Communion so that social distancing is maintained

These measures are to make sure everyone feels safe when attending church. Let us all work together, follow the guidelines and be considerate of each other as we celebrate together in thanksgiving to God for the gift of the Eucharist.

## HOW TO BOOK FOR MASS

- Due to the limited space in our church, booking is required for each of the Sunday Masses and the Wednesday Mass.
- Booking for Mass is organized by Jan our parish administrator.
- Booking closes on the Thursday at 1.30pm for Weekend Mass and on Tuesday for the Wednesday Mass. Places are limited so it will be first come first served, however those applying when bookings are full or closed can be booked immediately onto the following week.
- Booking is by email at [hello@sacredhearthook.org](mailto:hello@sacredhearthook.org). **Please title the email "Mass booking", the date of the Mass and your surname** and give the name, address and contact details of all who will be attending including of all those in a family group.
- Don't forget to indicate which Mass you will be attending. Mass is at 6pm on Saturday evening and at 10.00 am on Sunday morning or 10.00am on Wednesday morning.
- You will receive an email during Friday with confirmation and more instructions for the weekend Mass and on Tuesday afternoon for the Wednesday Mass.
- The names and contact details of everyone attending Mass will be recorded for NHS Track and Trace. These will be kept securely for 21 days and then destroyed.
- If you are unable to email the office, please contact Jan in the Parish Office on 07719012955 before 1.30pm on Thursday.
- Please make sure you are registered with the parish. If you think that you aren't (last census was 6 years ago) please fill in a registration form and return it to the parish office.