



# SACRED HEART PARISH

In The Diocese of Portsmouth  
Reg. Charity No. 246871

5th Sunday of Lent

Year B

21 March 2021

Welcome to all our Parishioners and all who are joining us via the website or Facebook  
Live streaming of the Mass this weekend is at 10am on Sunday  
Website: <https://www.sacredhearhook.org/live>  
Children's Liturgy will live stream at 11:30am on Sunday mornings

## THE EASTER TRIDUUM

Father Paul with the help of members of the Parish Health and Safety team has made the sad decision to keep our church closed to public attendance, over Easter Triduum.

We will continue to live stream all the Triduum Liturgies.

The Triduum is actually one service.

**Maundy Thursday MASS OF THE LORD'S SUPPER 7:30pm** – Live Streaming only

**Good Friday CELEBRATION OF THE LORD'S PASSION 3:00pm** – Live Streaming only

**Holy Saturday EASTER VIGIL 7:30pm** – Live Streaming only

**Easter Sunday MASS 10:00am** – Live Streaming only

Mass will continue to be live-streamed as we do currently. Look for the 'Live Mass' link on the parish website at; [www.sacredhearhook.org](http://www.sacredhearhook.org) or on our Facebook page at facebook.com/sacredhearhook



## POPE FRANCIS MARCH PRAYER INTENTION

Intention for evangelization - Sacrament of reconciliation Let us pray that we may experience the sacrament of reconciliation with renewed depth, to taste the infinite mercy of God.

**Priest in Charge:** Rev. Paul Leonard

**Parish Administrator:** Mrs Jan Hughes

**Phone:** 01256 577007/07719 012955

**email:** [hello@sacredhearhook.org](mailto:hello@sacredhearhook.org)

**Website:** [www.sacredhearhook.org](http://www.sacredhearhook.org)

**Facebook:** facebook.com/sacredhearhook

**Safeguarding Minister:** Mrs Maggie Wood

**email:** [safeguarding@sacredhearhook.org](mailto:safeguarding@sacredhearhook.org)

Sacred Heart Church, The Priests House, London Road, Hook, Hampshire RG27 9LA

**St Vincent De Paul Society (SVP)** now have a confidential mobile phone line to assist & help.07434 773219.

### Liturgy of the Word

#### **5th Sunday of Lent**

**First Reading Jeremiah 31:** 31 – 34.

#### **Responsorial Psalm:**

Psalm 50: 3 – 4, 12 - 15 response v 12

*A pure heart create for me, O God*

**Second Reading:** Hebrews 5: 7 – 9

Gospel Acclamation

**Glory to you, O Christ, you are the Word of God  
If a man serves me, says the Lord, he must follow me,  
wherever I am, my servant will be there too.  
Glory to you, O Christ, you are the Word of God**

**Gospel** John 12: 20 – 30



### **LENT 2021**

Lent is a time to prepare for Holy Week's commemoration of Our Lord's Passion, Death and Resurrection.



Lent is a time of:

**Prayer:** we are encouraged to pray more.

**Fasting:** we give up the food we enjoy as a sacrifice.

**Almsgiving:** we give more to those who are in need.

### **EASTER COLLECTION**

Tradition holds that the Easter Offerings given at the Easter Sunday Mass are your opportunity for a personal gift to Father Paul. This is the main source of his annual income.

If you would like to give a gift to support Father Paul in his vocation and mission this Easter, please visit:  
<https://www.sacredhearthook.org/FrPaulCollection>

Alternatively, if you would prefer you can make a donation direct to the church bank account.

Sort Code: **30 93 04**

Account: **00880117**

Ref: **Father Paul**

### **CHRISM MASS**

Bishop Philip Egan writes: I want to invite you to join us online for the Chrism Mass! It will take place in the Cathedral on **Tuesday 30th March 2021 at 11 am**. The Chrism Mass is one of the main diocesan events of the year. The Mass is the special Liturgy in Holy Week during which the Bishop blesses the three Holy Oils for use in the Sacraments: the Oil of the Blessing of the Sick, the Oil of Catechumens and the Oil of Chrism. The blessing of the Holy Oils is one of the most ancient ceremonies of the Church and it's always celebrated in the Cathedral with the priests, deacons, religious and lay people of the diocese. During it, all the priests make a renewal of their commitment to priestly service. It is always a wonderful manifestation of the Church in our Diocese of Portsmouth and an opportunity to thank God for our Catholic faith. Last year, because of the pandemic, we postponed the Mass but then found ourselves unable to celebrate it even at a date later in the year. This year, we will be celebrating it on 30th March. However, for health and safety reasons in light of COVID, we will limit in person attendance to the Chapter, Deans and Coordinating Pastors, who will represent the priests and religious of the Diocese, to two deacons serving on behalf of the deacons of the Diocese. Nevertheless, even if you can't be there in person, please do join us online. Do reserve the date in your diary: we look forward to welcoming you online and your joining in with your prayers.

### **STATIONS OF THE CROSS**

This Lent please join us for a virtual Stations of the Cross.

Thank you to Maggie and Emrys who have recorded the Stations

of the Cross for us, you can find the recording on our website and Facebook page.

**This Sunday at 3pm please join us for a special Zoom Stations of the Cross, for more information please contact Jan on [hello@sacredhearthook.org](mailto:hello@sacredhearthook.org)**



### **RECONCILIATION AND PRIVATE PRAYER.**

The Sacred Heart Church will be open for Private Prayer on Saturday 27th March from 10:00am to 1:00pm.

Father Paul will be available to hear confessions during this time.



### **PARISH DONATIONS**

Dear Friends

If you would like to make a donation to the Parish, or set up a Standing Order, our bank account details are:

Lloyds Bank

**Sort Code: 30 93 04**

**Account number 00880117**

**Name: PRCDTR Sacred Heart Hook**

(Please also use this for cheque payments)

### **ONLINE OFFERTORY AND DONATIONS**

An easy way to give online using your debit card has been set up on our website at

<https://www.sacredhearthook.org/donations>

Just click the button and follow the instructions.

Thank you so much for your generosity.

God bless. Fr. Paul

### **CAFE series - Let it be - Monday 26th April @ 7.30pm**

Sacred Heart Church will be hosting another Cafe series course called Let it be which is about our Lady Mary. The cafe sessions involves watching a video and discussions in smaller groups. Here's the link to find out more - its a 5 weeks course it will end on 27th May. [Let It Be | CaFE - Catholic Faith Exploration](#)  
If you are interested please do get in touch with Joan Kent on [jkent@portsmouthdiocese.org.uk](mailto:jkent@portsmouthdiocese.org.uk)

### **PRAYER BLANKETS**

**- can you lend us your skill and time?**

Are you a keen knitter? Good at crocheting or sewing? The aim is to have a prayer blanket made by knitting individual squares which will then be pieced together to form a blanket / shawl which will be blessed by Fr Paul and sent to those in the parish who are sick or in need of some comfort. If you are interested to learn more please do reach out to Andrea at [andrea.waldram@gmail.com](mailto:andrea.waldram@gmail.com).

**URGENT request for any spare wool, please contact Andrea if you are able to help with knitting or wool.**

### **PRIVATE PRAYER AND CONFESSIONS ON SATURDAY 27TH MARCH**

Instructions to follow when coming in to church

In order to keep everyone safe when coming to church, the following guidelines will need to be followed;

- Please apply hand sanitizer when entering and leaving the church, either your own or use the one provided inside the entrance to the Church
- Face Masks must be worn at all times in the church.
- Please remember to observe 2 metre social distancing at all times unless you are from the same household
- Please do not sit on the chairs with a red cross.
- The toilets and the hall must remain closed.
- Remember to take all your belongings home with you when you leave the church
- Anyone who is unwell or shielding and anyone in the "vulnerable" category is asked not to enter at the current time
- Please help our volunteers keep us all safe by following their instructions

Please visit the Coronavirus page: [www.sacredhearhook.org/coronavirus](http://www.sacredhearhook.org/coronavirus) for any last minute changes

### **CAFOD Walk for Water Challenge - Ian Liddell update**

I've been inspired by Abdella's story (<https://vimeo.com/499534920>) and am now in week 5 of the Lent challenge. However, as I usually walk 10,000 steps per day anyway it didn't feel right to adopt that as my target - so I am doing a 5 mile run every day instead. I'll admit it was difficult to begin with, as I would set off in the mornings while still feeling the muscle-ache from the previous day. I always spend some time during each run thinking about Abdella and his daily challenge to collect water - knowing that he will often undertake his daily trek when he does not feel 100%, because he has no choice but to press on.

I've experienced some of the monotony that comes from following the same route everyday, although at least I can vary my route to bring some variety whereas Abdella has no respite from his daily slog.

I'm also careful to avoid injury from muscle strain or turning an ankle etc, but I would be able to put my feet up until I had recovered whereas Abdella cannot afford to let down those who depend on him.

I'm lucky to be doing this in lightweight running gear whereas the whole point of Abdella's daily challenge is to carry as much water as he can!

All in all, this leaves me even more aware of the need for us to do what we can to help - so please donate to my Just Giving page

<https://walk.cafod.org.uk/fundraising/ians-40-day-walk-for-water>, or to any of the other CAFOD fund raisers - we're all in this together