



SACRED HEART PARISH

In The Diocese of Portsmouth
Reg. Charity No. 246871

6th Sunday in Ordinary Time

Year B

14 February 2021

Welcome to all our Parishioners and all who are joining us via the website or Facebook
Live streaming of the Mass this weekend is at 10am on Sunday

Website: <https://www.sacredhearthook.org/live>

Children's Liturgy will live stream at 11:30am on Sunday mornings

Bishop Philip Egan writes

On Wednesday (17th February), we begin the great season of LENT - a wonderful time of 40 days when we prepare ourselves for the celebration of Easter and the Passover of the Lord from death to life. It is a time of healing when we ask God to renew within us his love. We seek by God's grace to cast off the old ways and to take on the new, that is, to die with Christ - and to rise again with Him to new life. LENT is not simply about 'giving things up' or 'doing something extra.' St. Leo reminds us there are three works we are asked to perform: (1) self-denial, fasting and mortification; (2) prayer and devotion, study and reflection; and (3) charitable outreach or almsgiving. We don't do these works for their own sake, even though they are good in themselves. For instance, fasting may be good for our physical health - and almsgiving is a really practical means of helping the poor. We do these works out of love for God! We do them in order to bring about change in our inner selves and spiritual lives. We do them as a penance for our sins. We do them as a prayer for God's mercy that we may come to a deeper relationship with him.

Ash Wednesday Mass at Sacred Heart will be live-streamed at 10am



POPE FRANCIS FEBRUARY PRAYER INTENTION

Violence Against Women—We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.



Priest in Charge: Rev. Paul Leonard

Parish Administrator: Mrs Jan Hughes

Phone: 01256 577007/07719 012955

email: hello@sacredhearthook.org

Website: www.sacredhearthook.org

Facebook: facebook.com/sacredhearthook

Safeguarding Minister: Mrs Maggie Wood **email:** safeguarding@sacredhearthook.org

Sacred Heart Church, The Priests House, London Road, Hook, Hampshire RG27 9LA

Liturgy of the Word

6th Sunday in Ordinary Time

First Reading Leviticus 13: 1 – 2, 45 – 46

Responsorial Psalm:

Psalm 31: 1 – 2, 5, 11 response v 7

*You are my refuge, O Lord;
you fill me with the joy of salvation.*

Second Reading: 1 Corinthians 10: 31 – 11: 1

Gospel Acclamation

Alleluia, alleluia!

**May the Father of our Lord Jesus Christ
enlighten the eyes of our mind,
so that we can see what hope his call holds for us.
Alleluia!**

Gospel Mark 1: 40 – 45

PARISH DONATIONS

Dear Friends

If you would like to make a donation to the Parish, or set up a Standing Order, our bank account details are:
Lloyds Bank

Sort Code: 30 93 04

Account number 00880117

Name: PRCDTR Sacred Heart Hook

(Please also use this for cheque payments)

ONLINE OFFERTORY AND DONATIONS

An easy way to give online using your debit card has been set up on our website at

<https://www.sacredhearthook.org/donations>

Just click the button and follow the instructions.

Thank you so much for your generosity.

God bless. Fr. Paul

WORLD DAY OF PRAYER

Build on a Strong Foundation

This year it is the turn of The Sacred Heart

Church to host the World Day of Prayer service on Friday 5th March. Due to the lockdown and the restriction on numbers allowed in the church, it has been decided that we will live stream or zoom the service.

Please check the newsletter for more updates as we head towards the date.



PRAYER BLANKETS

- can you lend us your skill and time?

Are you a keen knitter? Good at crocheting or sewing? Would you like to get together with a group of like minded friends over a cup of tea and knit pieces of a patchwork blanket that we can put together to form a prayer blanket? While currently we are unable to physically meet we can virtually meet and chat while we put together these wonderful blankets. The aim is to have a prayer blanket made by knitting individual squares which will then be pieced together to form a blanket / shawl which will be blessed by Fr Paul and sent to those in the parish who are sick or in need of some comfort. If you are interested to learn more please do reach out to Andrea at andrea.waldram@gmail.com.

URGENT request for any spare wool, please contact Andrea if you are able to help with knitting or wool.

SUSPENSION OF PUBLIC MASS ATTENDANCE

Father Paul with the help of members of the Parish Health and Safety team has made the sad decision to keep our church closed to public attendance.

Mass will be live streamed on Sunday mornings at 10am via FaceBook and our Website.

Please keep an eye on the website and newsletter for more updates.

CAFOD

JOIN IN THE CAFOD WALK FOR WATER THIS LENT.

This Lent, CAFOD invites you and the whole Catholic community of England and Wales to join the Big Walk for Water CAFODS virtual event on Saturday 20th February. We are asking everyone to walk in solidarity with those who have to walk to collect water each day like Abdella from Ethiopia. You can walk 5 miles or just around your garden but please walk so that we can make this an event to create awareness of water poverty and to raise funds for those living in poverty around the world.

If you are a keen walker could you Walk for Water as a personal Lenten challenge by walking 10,000 steps a day, every day, for 40 days to raise funds for CAFOD's Lent appeal. Find out more

at <https://cafod.org.uk/Fundraise/Walk-for-water>

Please contact Jo for more information at portsmouth@cafod.org.uk

CAFE series - Let it be - Monday 26th April @ 7.30pm

Sacred Heart Church will be hosting another Cafe series course called Let it be which is about our Lady Mary. The cafe sessions involves watching a video and discussions in smaller groups. Here's the link to find out more - its a 5 weeks course it will end on 27th May. [Let It Be | CaFE - Catholic Faith Exploration](#)

If you are interested please do get in touch with Joan Kent on jkent@portsmouthdiocese.org.uk

Lenten Talk - Sr Valentina from Verbum Dei :

Thursday 4th March 7.45pm

Lent is time for renewal. Join us to learn how this time can help us to journey through this Pandemic. How the Pascal Mystery, Jesus' life, death and resurrection, can bring meaning to what we are living and make us bridges of hope.

If you would like to learn more please contact Joan Kent on jkent@portsmouthdiocese.org.uk