

The Portsmouth Diocese Spiritual Formation  
Team invite you to ...

*take an*  
**Ignatian  
Staycation**

Due to travel restrictions, we may not be able to travel abroad this summer. The Spiritual Formation Team have planned an alternative journey which costs nothing!

As this year is dedicated as the 'Year of St. Ignatius', you are invited to spend four sessions in reflection and imaginative contemplation, travelling as companions of St. Ignatius.

You need no Covid tests, passports, or luggage, just bring with you an open mind and the willingness to be surprised at the destination God will choose for you.

These zoom meetings will be based around a scriptural meditation and will last approximately one hour. There will be a period of shared reflection in small groups after the meditation.

Please join us for all or any of the following dates, as we travel together:

Wednesday 4th August at 7pm

Wednesday 11th August at 7pm

Wednesday 18th August at 7pm

Wednesday 25th August at 7pm

Zoom link: <https://us02web.zoom.us/j/88130495107?pwd=Ri9NcG11WGd4WnRORHIVOXVNOTFGZz09>

Meeting ID: 881 3049 5107, Passcode: 210674

**Celebrating the Year of St Ignatius**

email: [spirituality@portsmouthdiocese.org.uk](mailto:spirituality@portsmouthdiocese.org.uk)

website: [www.portsmouthdiocese.org.uk](http://www.portsmouthdiocese.org.uk)

