



# SACRED HEART PARISH

In The Diocese of Portsmouth  
Reg. Charity No. 246871

**Palm Sunday of the Passion of the Lord**

**Year B**

**28 March 2021**

**Welcome to all our Parishioners and all who are joining us via the website or Facebook**  
**Live streaming of the Mass this weekend is at 10am on Sunday**  
**Website: <https://www.sacredhearhook.org/live>**  
**Children's Liturgy will live stream at 11:30am on Sunday mornings**

## THE EASTER TRIDUUM

Father Paul with the help of members of the Parish Health and Safety team has made the sad decision to keep our church closed to public attendance, over Easter Triduum.

We will continue to live stream all the Triduum Liturgies.

The Triduum is actually one service.

**Maundy Thursday MASS OF THE LORD'S SUPPER 7:30pm – Live Streaming only**

**Good Friday CELEBRATION OF THE LORD'S PASSION 3:00pm – Live Streaming only**

**Holy Saturday EASTER VIGIL 7:30pm – Live Streaming only**

**Easter Sunday MASS 10:00am – Live Streaming only**

Mass will continue to be live-streamed as we do currently. Look for the 'Live Mass' link on the parish website at; [www.sacredhearhook.org](http://www.sacredhearhook.org) or on our Facebook page at facebook.com/sacredhearhook

## REST IN PEACE

**Please pray for the soul of Sister Connie who died this week. Please keep her family and friends in your prayers. May her soul and the souls of all the faithful departed, through the mercy of God, Rest in Peace. Amen**



**Priest in Charge:** Rev. Paul Leonard

**Parish Administrator:** Mrs Jan Hughes

**Phone:** 01256 577007/07719 012955

**email:** [hello@sacredhearhook.org](mailto:hello@sacredhearhook.org)

**Website:** [www.sacredhearhook.org](http://www.sacredhearhook.org)

**Facebook:** facebook.com/sacredhearhook

**Safeguarding Minister:** Mrs Maggie Wood

**email:** [safeguarding@sacredhearhook.org](mailto:safeguarding@sacredhearhook.org)

Sacred Heart Church, The Priests House, London Road, Hook, Hampshire RG27 9LA

**St Vincent De Paul Society (SVP)** now have a confidential mobile phone line to assist & help.07434 773219.

## **EASTER TRIDUUM**

The Easter Triduum is the proper name for the three days that precede Easter Sunday. Starting with the Mass of the Lord's Supper on the evening of Holy Thursday, continuing through the Good Friday liturgy, and concluding with the start of the Easter Vigil on the evening of Holy Saturday, the Easter Triduum marks the most significant events of Holy Week.

***"Christ redeemed us all and gave perfect glory to God principally through his paschal Mystery: dying he destroyed our death and rising he restored our life. Therefore the Easter Triduum of the passion and resurrection of Christ is the culmination of the entire liturgical year."***

The Season of Lent has always been an important time in the life of the Christian. The special things that we participate in during Lent . . . personal sacrifice, communal prayer, fasting and abstinence, almsgiving . . . all remind us that this is no ordinary time for the Church. But Lent is not an isolated season. It doesn't exist just to give us something to do toward the end of winter and early spring. It is a time of focus, a time of preparation and a time of remembrance. It points to that which is central to the life of the Christian, and culminates in the celebration of Easter Triduum. These "Three Days" are at the heart of the Paschal Mystery; they remind us of death and rebirth and are the most important days of celebration in the Catholic Church. We walk in joyful celebration along the road from betrayal and suffering, to death and resurrection with Jesus Christ who walked that way first - for us. Lent exists so that we can prepare ourselves for the Easter Triduum. In the afternoon of Holy Thursday, Lent quietly comes to an end, almost unnoticed. The Triduum liturgies are rich with experiences that we have at no other time during the Church year: such as the washing of feet and the veneration of the cross. During these three days, we focus on one event - the Passover of the Lord, our Easter. We gather in one place, as the people of God, to remember the saving act of Jesus, the miracle of his resurrection and to celebrate our faith and identity as his disciples; because Christ was faithful to the end and was raised from the dead, death is no longer the end of life for us. It is the beginning of a new life in Him.

Please make every effort to attend these three Liturgies - or rather, one Liturgy spread over three days.

## **CHRISM MASS**

Bishop Philip Egan invites you to join him at the Chrism Mass being held at Portsmouth Cathedral at 11am on Tuesday 30th March 2021. This Mass will be live-streamed on [www.portsmouthdiocese.org.uk](http://www.portsmouthdiocese.org.uk). The Mass is the special Liturgy in Holy Week during which the Bishop blesses the three Holy Oils for use in the Sacraments: the Oil of the Blessing of the Sick, the Oil of Catechumens and the Oil of Chrism.

## **PARISH DONATIONS**

Dear Friends

If you would like to make a donation to the Parish, or set up a Standing Order, our bank account details are:

Lloyds Bank

**Sort Code: 30 93 04**

**Account number 00880117**

**Name: PRCDTR Sacred Heart Hook**

(Please also use this for cheque payments)

## **ONLINE OFFERTORY AND DONATIONS**

An easy way to give online using your debit card has been set up on our website at

<https://www.sacredhearthook.org/donations>

Just click the button and follow the instructions.

Thank you so much for your generosity.

God bless. Fr. Paul

## **EASTER COLLECTION**

Tradition holds that the Easter Offerings given at the Easter Sunday Mass are your opportunity for a personal gift to Father Paul. This is the main source of his annual income.

If you would like to give a gift to support Father Paul in his vocation and mission this Easter, please visit:

<https://www.sacredhearthook.org/FrPaulCollection>

Alternatively, if you would prefer you can make a donation direct to the church bank account.

Sort Code: **30 93 04**

Account: **00880117**

Ref: **Father Paul**

## **Liturgy of the Word**



### **Palm Sunday**

**First Reading** Isaiah 50: 4 – 7.

**Responsorial Psalm:**

Psalm 21: 8 – 9, 17 – 20, 23 – 24 response v 2

***My God, my God, why have you forsaken me?***

**Second Reading:** Philippians 2: 6 – 11

Gospel Acclamation

**Praise to you, O Christ, King of eternal glory!  
Christ was humbler yet, even to accepting death,  
death on a cross. But God raised him high  
and gave him the name which is above all names.  
Praise to you, O Christ, king of eternal glory!**

**Gospel** Mark 14: 1 – 15 : 47

### CAFE series - Let it be - Monday 26th April @ 7.30pm

Sacred Heart Church will be hosting another Cafe series course called Let it be which is about our Lady Mary. The cafe sessions involves watching a video and discussions in smaller groups. Here's the link to find out more - its a 5 weeks course it will end on 27th May. [Let It Be | CaFE - Catholic Faith Exploration](#)

If you are interested please do get in touch with Joan Kent on [jkent@portsmouthdiocese.org.uk](mailto:jkent@portsmouthdiocese.org.uk)

### PRAYER BLANKETS

**- can you lend us your skill and time?**

Are you a keen knitter? Good at crocheting or sewing? The aim is to have a prayer blanket made by knitting individual squares which will then be pieced together to form a blanket / shawl which will be blessed by Fr Paul and sent to those in the parish who are sick or in need of some comfort. If you are interested to learn more please do reach out to Andrea at [andrea.waldram@gmail.com](mailto:andrea.waldram@gmail.com).

**URGENT request for any spare wool, please contact Andrea if you are able to help with knitting or wool.**

### PRIVATE PRAYER AND CONFESSIONS ON SATURDAY 27TH MARCH

Instructions to follow when coming in to church

In order to keep everyone safe when coming to church, the following guidelines will need to be followed;

- Please apply hand sanitizer when entering and leaving the church, either your own or use the one provided inside the entrance to the Church
- Face Masks must be worn at all times in the church.
- Please remember to observe 2 metre social distancing at all times unless you are from the same household
- Please do not sit on the chairs with a red cross.
- The toilets and the hall must remain closed.
- Remember to take all your belongings home with you when you leave the church
- Anyone who is unwell or shielding and anyone in the "vulnerable" category is asked not to enter at the current time
- Please help our volunteers keep us all safe by following their instructions

Please visit the Coronavirus page: [www.sacredhearhook.org/coronavirus](http://www.sacredhearhook.org/coronavirus) for any last minute changes

### CAFOD Walk for Water Challenge - Ian Liddell update

I've been inspired by Abdella's story (<https://vimeo.com/499534920>) and am now in week 5 of the Lent challenge. However, as I usually walk 10,000 steps per day anyway it didn't feel right to adopt that as my target - so I am doing a 5 mile run every day instead. I'll admit it was difficult to begin with, as I would set off in the mornings while still feeling the muscle-ache from the previous day. I always spend some time during each run thinking about Abdella and his daily challenge to collect water - knowing that he will often undertake his daily trek when he does not feel 100%, because he has no choice but to press on.

I've experienced some of the monotony that comes from following the same route everyday, although at least I can vary my route to bring some variety whereas Abdella has no respite from his daily slog.

I'm also careful to avoid injury from muscle strain or turning an ankle etc, but I would be able to put my feet up until I had recovered whereas Abdella cannot afford to let down those who depend on him.

I'm lucky to be doing this in lightweight running gear whereas the whole point of Abdella's daily challenge is to carry as much water as he can!

All in all, this leaves me even more aware of the need for us to do what we can to help - so please donate to my Just Giving page

<https://walk.cafod.org.uk/fundraising/ians-40-day-walk-for-water>, or to any of the other CAFOD fund raisers - we're all in this together