



# SACRED HEART PARISH

In The Diocese of Portsmouth  
Reg. Charity No. 246871

**SECOND SUNDAY OF ADVENT**

**Year C**

**5 December 2021**

**Welcome to all our Parishioners and all who are joining us via the website**  
**Live streaming of the Mass this weekend is at 10am on Sunday**  
**Website: <https://www.sacredhearthook.org/live>**  
**Children's Liturgy will be live streamed at 11:30 on Sunday mornings**

## Thought for the Week

I like nice wine, Facebook has found out about this and so from time to time I get pop up ads in my Facebook feed advertising a new wine merchant or a specially selected discount. Most recently an ad popped up claiming a new and revolutionary way of buying wine – cutting out the middleman (wine merchants) and buying wine direct from the vineyard, supposedly at cut price. One of the promoters of this new wine buying experience said that the reason he was a fan was '*because the trend now for everyone, especially my generation, is I want something instantly*'. Instant gratification is part of modern life: 45 second TikTok videos to grab our attention, emails straight to our phone - 'Click and collect', 'buy now' bypassing putting things in your online basket. Amazon got in on the act quickly with its Prime Service as did many others.

The season of Advent and Christmas invites us to slow down a bit and wait. As Christians, like so many in society, we look forward to the joyful season of Christmas. But unlike the retailers who start stocking Christmas products in October and the radio stations that play Christmas jingles in November, the hallmark of the Christian is that of waiting. Advent is a season of preparation for the great feast of the birth of the baby Jesus. The frenetic pace of modern life would have us leapfrog over that seemingly uneventful season and fast forward to Christmas, but we wait, building a sense of excitement and joyful anticipation.

Maybe you are fed up with the relentless pace of modern life and your senses being assaulted constantly by the instant gratification culture. If so, there is much to learn from the wisdom of our Christian heritage. Just as we know how to fast at some moments and feast at others, so we know the importance of nurturing a sense of anticipation. This is Advent. All good things come to those who wait.

Father Paul Leonard

## MASS TIMES

### Second Sunday of Advent

Saturday 4 December	6:00 pm	Mass	
Sunday 5 December	10:00 am	Mass	Live Streamed via our Website and YouTube
Wednesday 8 December	10:00 am	Mass	<b>THE IMMACULATE CONCEPTION OF THE BLESSED VIRGIN MARY</b> Praying the Rosary after Mass

### Third Sunday of Advent ('Gaudete')

Saturday 11 December	6:00 pm	Mass	
Sunday 12 December	10:00 am	Mass	Live Streamed via our Website and YouTube
Wednesday 15 December	10:00 am	Mass	Praying the Rosary after Mass

### Fourth Sunday of Advent

Saturday 18 December	6:00 pm	Mass	
Sunday 19 December	10:00 am	Mass	Live Streamed via our Website and YouTube
Wednesday 22 December	10:00 am	Mass	Praying the Rosary after Mass

## ADVENT & CHRISTMAS MASS TIMES

### Reconciliation Service for our Pastoral Area

At St Bede's Church, Sunday 19 Dec 2.30 pm

### Christmas Eve (Friday)

4 pm Children's Christmas Mass  
Adults must be accompanied by a Child

6 pm Christmas Eve Mass

8 pm Christmas Eve Mass



### Christmas Day (Saturday)

10:00 am Mass During the Day

Please note that all the Christmas Masses will require booking via [hello@sacredhearhook.org](mailto:hello@sacredhearhook.org) Booking will open on Monday 13th December and close on Tuesday 21st December.



THE BEST I CAN DO FOR CHRISTMAS EVE IS A SPACE IN THE CAR PARK AND KEEP YOUR WINDOWS OPEN SO YOU CAN HEAR THE LOUDSPEAKERS!

## POPE FRANCIS DECEMBER PRAYER INTENTION

Catechists: Let us pray for the catechists, summoned to announce the Word of God: may they be its witnesses, with courage and creativity and in the power of the Holy Spirit



## PARISH DONATIONS

### Dear Friends

If you would like to make a donation to the Parish, or set up a Standing Order, our bank account details are:  
Lloyds Bank

**Sort Code: 30 93 04 A/c No.: 00880117**

**Name: PRCDTR Sacred Heart Hook**

(Please also use this for cheque payments)

### ONLINE OFFERTORY AND DONATIONS

An easy way to give online using your debit card has been set up on our website at <https://www.sacredhearhook.org/donations>

## LITURGY OF THE WORD

### Second Sunday in Advent

First Reading Baruch 5: 1 - 9



Responsorial Psalm: Psalm 125:

*What marvels the Lord worked for us!  
Indeed we were glad.*

Second Reading: Philippians 1: 3 - 6, 8 - 11

Gospel Acclamation

**Alleluia, alleluia!**

**Prepare a way for the Lord,**

**Make his paths straight,**

**and all mankind shall see the salvation of God.**

**Alleluia!**

Gospel Luke 3: 1 - 6

## DATES FOR YOUR DIARY

Sat 18 Dec	Advent Afternoon of Prayer
Sun 19 Dec	Advent Children's Liturgy Workshop
Sun 19 Dec	Pastoral Area Reconciliation Service 2.30pm at St Bede's Church
Thurs 13 Jan	Belong & Believe course
Sun 16 Jan	Litter pick in Hook

## CHRISTMAS TREE

This Christmas as we remember all our dearly departed Family and Friends, you are invited to help us dress this year's Christmas tree with the names of your loved ones. At the steward's stations in the church you will find some gold and silver stars, please write the name of your loved ones on one of them and place the star in the box provided. If you are unable to attend church, but would still like to have a star placed on the tree, please email the office with your loved one's name and we will complete the star on your behalf. On Christmas Eve they will be placed on the tree.

[hello@sacredhearhook.org](mailto:hello@sacredhearhook.org)

## THE BLESSED CHARLES DE FOUCAULD FRATERNITY.

We recently restarted our Fraternity of blessed Charles de Foucauld in our parish. We get together once a month for couple of hours at convenient day and time for all. We start with the exposition of the blessed sacrament in the church. We also read the Sunday's gospel reading and contemplate on the reading and share our views. We also discuss the life and writings of blessed Charles de Foucauld. The next meeting is in **Monday 6th December at 2.30pm**, in the Church. Everyone is welcome to join us.

## **COVID RESTRICTIONS UPDATE - SACRED HEART - COVID19 CHANGES**

Our priority is to continue to create a safe environment within our Parish. Due to the size of the Sacred Heart, we have adopted a cautious approach; in recognition that many of our parishioners are vulnerable or elderly, so we will continue to adhere to all COVID guidelines.

For the safety and wellbeing of all, we shall continue to:

- wear face coverings whilst inside the church and hall.
- social distance, within the church and hall, with the use of crosses to close seats.
- encourage parishioners to sanitise their hands, before and after Mass.
- In recognition of the differing needs of our parishioners, we have decided to carry on with the following
  - **Saturday 6pm and Sunday 10am** Masses will therefore continue, with social distancing in place, with a maximum capacity of 60 parishioners, and the Masses **MUST** be booked. Please do not embarrass the stewards by turning up without booking, as they will be turning you away, even if it appear spacious.
  - For Wednesday 10am Mass and The Rosary you do not need to be book, but the above rules still apply

Thank you for your continued support for our church community, and may God Bless you and your families and keep you well and safe.

## **HOW TO BOOK FOR MASS**

Booking is by email at [hello@sacredhearthook.org](mailto:hello@sacredhearthook.org). Please title the email "Mass booking" and give the name, address and contact details of all who will be attending including of all those in a family group.

**Booking closes on Thursday evening.**

Don't forget to indicate which Mass you will be attending.

You will receive an email during Friday morning with more instructions.

**We will continue to live stream Sunday morning Mass via our website and YouTube**

## **PARISH PASTORAL COUNCIL**

I have been here at Sacred Heart for four years now. After having been here for two years I made the decision to form a parish pastoral council to help me with the running of the parish. Those members have now served faithfully for the last two years and I have asked them to step down as I choose new members to serve the parish. I want to take this opportunity to thank Joan, Joseph, Claire, Dan, Jan, Maggie, Helena, Mike, Mike, Penny, Laura and Andrea profusely for all their hard work over the past few years.

I have streamlined the parish council and invited seven new members to serve. I would like to thank Jennifer, David, Shanti, Ian, Vanessa, Gill, Liz and John in advance for their willingness to serve the community over these next few years.

Fr. Paul

## **CHILDRENS ADVENT WORKSHOP**

Sunday 19th December 2021 in the Church from 11:00 - 12.30

All children aged 4+ are welcome to this workshop where we will be looking at Creation.

why it is so important to our lives and our families,

now and in the future and that we need to do all we can to take care of our planet.

We will have activities for younger children as well as older ones.

We will be working in the church and family groups are welcome to work together.

Children under 4 years are very welcome with parental help

Older children are especially welcome to help!

Refreshments will be available.

Please let us know of any allergies when you book your places at [hello@sacredhearthook.org](mailto:hello@sacredhearthook.org)

## **SHARE - Activities and Resources on Environment**

### Clothing Reusing and Recycling

I have fond memories as a child, of wearing second hand school uniform because of the times that prevailed then and so reusing old clothes is quite acceptable to many families . Often large families share clothing with cousins and friends, with some items of clothing being used by four or more children.

There is increasingly a fashion for 'vintage' clothes - clothes that have had a previous life - particularly with young students.

And yet an amazingly large amount of clothing ends up in landfill (over 10 million tons annually) with some 3 million tons incinerated. Approximately 2.5 million tons gets recycled every year, and clearly the more we can reuse and recycle the better the outcome for the planet.

So think about recycling clothing that we no longer need to charity shops , and those clothes that have had their day can also be recycled as textiles and reused as new weaving of old material , by animal rescue centres for example, as rags, as fillers for jackets and coats - the list is endless.

Where possible buy eco fashion - items that are made from cotton and bamboo for example, and are made to last.

Swap clothes with friends, raise money for charity through selling clothes at various fairs and of course donating clothes to charities. Thank you.

## **ADVENT RETREAT DAY**

"Blessed is she who believed in God's promises." (Lk 1:45)

An Advent Retreat Day with Mother Mary, in preparation to live Christmas open to the spiritual gifts that God wants to give us.

With some talks, time for personal reflection and sharing.

This retreat day is facilitated by the Verbum Dei Missionary community, on Saturday, 18th December, 2pm to 5pm.

## **SCAM EMAIL**

During last week a scam email supposedly from Fr Paul landed in email inboxes. The email asked you to purchase amazon vouchers for Father and to email the codes to him. If you look carefully you will notice that the email address is from gmail, but this isn't always easy to see. Father Paul will never email you asking for money or vouchers and his email address ends in @portsmouthdiocese.org.uk or sacredhearhook.org.

If you are in any doubt that the email you have received is from Father Paul please contact the Parish Office and we can confirm whether it is or isn't. These scammers are getting very clever and it is unfortunately very easy to fall for one of the scams.

You are warmly invited to "**O come let us ADoRE Him - Christmas Worship**" an hour of Praise, Scripture Readings, Carols and Prayers to prepare us for Christmas. There will be no Mass, Talk or discussion. Just an opportunity to reflect and pray for the Lord Jesus to come even more deeply into our lives, to fill us with all the fullness of God.

This zoom session is on **December 18th 11.00am to midday**,

You must register for the Zoom meeting in advance at [bit.ly/ADOREDEC2021](https://bit.ly/ADOREDEC2021)

**ADoRE** is offering confidential prayer for healing by telephone – please phone (NOT text) 07579 824523 Monday to Friday 10am to 4pm and leave ONLY name and number. Experienced prayer ministers will pray with you confidentially for healing of physical, emotional and spiritual problems.

**Priest in Charge:** Rev. Paul Leonard

**Parish Administrator:** Mrs Jan Hughes

**Phone:** 01256 577007/07719 012955 **email:** hello@sacredhearhook.org

**Website:** www.sacredhearhook.org **Facebook:** facebook.com/sacredhearhook

**Safeguarding Minister:** Mrs Maggie Wood **email:** safeguarding@sacredhearhook.org

Sacred Heart Church, The Priests House, London Road, Hook, Hampshire RG27 9LA

**St Vincent De Paul Society (SVP)** now have a confidential mobile phone line to assist & help.07434 773219.

**Please note we now have CCTV Cameras around the premises for security purposes.**