

# SACRED HEART PARISH

In The Diocese of Portsmouth  
Reg. Charity No. 246871



3rd Sunday of Lent

Year C

20 March 2022

## Thought for the Week

Jesus uses the beautiful image of the fig tree to illustrate the patience of God. The owner of the vineyard is concerned that the fig tree does not produce figs and wants to cut it down. His tenant farmer, who looks after the fig trees and knows more about them, tells him to be patient. He will feed the tree, tend it and look after it, and asks for one more year to allow the tree to produce figs. He is wise, Jesus presents an image of God as compassionate and merciful. This is the God whose mercy and love we are called to reflect in our lives and to who we seek to grow closer in this Lenten season.

- We are called to prepare the soil of the heart to receive the Lord so that we might bear the fruit of charity in the world.
- While God is patient with our failings, Lent is a summons to action.
- We are called to repentance and conversion to find life in the living God.

Taken from the Living Word, Redemptorist publications

### MASS TIMES

#### THIRD SUNDAY OF LENT

Saturday 19 March	6:00 pm	Mass	Praying the Rosary before Mass at 5:30pm
Sunday 20 March	10.00 am	Mass	Praying the Rosary before Mass at 9:30am
Wednesday 23 March	10:00 am	Mass	Praying the Rosary after Mass

#### FOURTH SUNDAY OF LENT

Saturday 26 March	6:00 pm	Mass	Praying the Rosary before Mass at 5:30pm
Sunday 27 March	10.00 am	Mass	Praying the Rosary before Mass at 9:30am
Wednesday 30 March	10:00 am	Mass	Praying the Rosary after Mass

Sunday Masses at 10:00am will be live streamed via our website and Youtube.

**Priest in Charge:** Rev. Paul Leonard

**Parish Administrator:** Mrs Jan Hughes

**Phone:** 01256 577007/07719 012955

**email:** [hello@sacredhearthook.org](mailto:hello@sacredhearthook.org)

**Website:** [www.sacredhearthook.org](http://www.sacredhearthook.org)

**Facebook:** [facebook.com/sacredhearthook](https://facebook.com/sacredhearthook)

**Safeguarding Minister:** Mrs Maggie Wood

**email:** [safeguarding@sacredhearthook.org](mailto:safeguarding@sacredhearthook.org)

Sacred Heart Church, The Priests House, London Road, Hook, Hampshire RG27 9LA

**St Vincent De Paul Society (SVP)** now have a confidential mobile phone line to assist & help.07434 773219.

**Please note we now have CCTV Cameras around the premises for security purposes.**

### PLEASE PRAY FOR ALL THE SICK IN OUR PARISH

Lord, have all those who are unable to be with us at Mass in Your safekeeping as we remember:

Joan Coleman, Debbie Cavedon, John Bone, Terry Wright,  
Stella Marsh, Dom Canon, Neil Manning,  
David Clark & Jacob Weston

### DATES FOR YOUR DIARY

Sun 20 March Penitential Service Pastoral Area  
2.30pm at St Joseph's church  
Thurs 24 March Strength to Strength 10am & 7pm  
Sat 26 March Verburn Dei afternoon of Prayer 2-5 pm

### CHILDREN'S LITURGY

Please Join Fr Paul & Maggie for a live streaming of Children's Liturgy at 11:30am this Sunday Morning via our website and YouTube.



### WEEKLY ROTA

#### 3rd Sunday of Lent

Saturday 19 March 6pm

Welcomer: **Andrea Waldram**

Reader: **Harry White**

Sunday 20 March 10am

Welcomer: **Joseph Sharp & Claire Burroughs**

Reader: **Jackie Hopgood**

Coffee: **Helena Ranson**

#### 4th Sunday of Lent

Saturday 26 March 6pm

Welcomer: **Helena Ranson**

Reader: **Maggie Wood**

Sunday 27 March 10am

Welcomer: **Theresa Mahon**

Reader: **Sheila Stranks**

Coffee: **Sarah Brown**

### REPOSITORY

Please check out our repository in the porch, we have Easter Cards for sale.

If there is anything you would like please ask Cecile or the Parish Office.

### LENT DAY IN HOOK

*"Do not let your heart be troubled. Trust in God."* (John 14:1)

**Saturday, 26<sup>th</sup> March, 2pm to 5pm.**

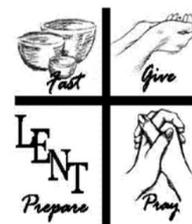
An afternoon in Lent to help us grow in our relationship with God in the light of the Sunday gospel reading and Pope Francis message for Lent. An invitation to ponder and experience reconciliation, goodness and compassion.

### CHURCH CLEANERS

Now that all of the restrictions have been lifted, and our church is now in use, we urgently need more cleaners. If you would like to be on the rota please contact the parish office.

### LENT 2022

Lent is a time to prepare for Holy Week's commemoration of Our Lord's Passion, Death and Resurrection.



**During Lent we do not sing or say** either the Gloria or the Alleluia, flowers do not decorate the Church and Baptisms are held over until Easter.

### LENT 2022

"I know God will not give me anything I can't handle. I just wish that He didn't trust me so much" *'Mother Teresa'*

#### **Every Wednesday in Lent**

10:45 am Stations of the Cross in the Church

7:00 pm Stations of the Cross in Maryfield Convent

#### **Every Thursday in Lent**

1:00 pm Exposition of the Blessed Sacrament and Rosary in Maryfield Convent

#### **Every Friday in Lent**

7:00 pm Stations of the Cross in Maryfield Convent

#### **Every Sunday in Lent**

4:00 pm Stations of the Cross in Maryfield Convent

### LITURGY OF THE WORD

#### **Third Sunday of Lent**

**First Reading** Exodus 3: 1 - 8, 13 - 15

**Responsorial Psalm:** Psalm 102

**The Lord is compassion and love.**

**Second Reading:** 1 Corinthians 10: 1 - 6, 10 - 12

Gospel Acclamation

**Glory to you, O Christ, you are the Word of God!**

**Repent, says the Lord**

**for the kingdom of heaven is close at hand.**

**Glory to you, O Christ, you are the Word of God!**

**Gospel** Luke 13: 1 - 9



### EASTER EGGS

This Easter we will be collecting Easter Eggs for Brita's Caritas families. If you are able to help us please bring your donations of Easter Eggs to the church and leave in front of the Altar.

### PASTORAL AREA PENITENTIAL SERVICE

2.30pm This Sunday,  
20 March at St Joseph's

As part of our Lenten preparations

- Reconciliation Service -

Please do come along



### POPE FRANCIS PRAYER INTENTION FOR MARCH

Pope Francis asks us to pray for a Christian response to bioethical challenges. We pray for Christians facing new bioethical challenges; may they continue to defend the dignity of all human life with prayer and action.



## **RIGHT TO LIFE**

BE READY TO HELP STOP ASSISTED SUICIDE AMENDMENT Right To Life UK has had a challenging and busy month, with the assisted suicide lobby attempting to hijack the Government's Health and Care Bill and force them to lay an assisted suicide bill before Parliament within a year of the Bill passing into law. The Health and Care Bill will shortly move onto Report Stage where there is a high risk that Lord Forsyth will re-table his amendment. As such, Right To Life UK is asking parishioners to sign up to their Action Alerts, so they can effectively participate in their efforts to stop this amendment passing, and others like it. You can do so by visiting the following link: [www.righttolife.org.uk/#action-alerts](http://www.righttolife.org.uk/#action-alerts)

## **COVID19 RECOMMENDATIONS**

Dear Parishioners,

'Caring for each other'

Thank you to everyone for your co-operation in trying to keep each other safe during the pandemic. We do ask that you continue to be considerate and that you continue to wear masks at Mass if possible, for a little while longer and use the sanitiser on the way into Sacred Heart.

Everyone is always welcome at Sacred Heart but please stay away if you are unwell, whether or not it is Covid.

We will continue to ensure that there is good ventilation, so please dress appropriately.

These processes and procedures will be reviewed again prior to Holy Week.

Thank you for your continued support for our church community, and may God bless you and your families and keep you well and safe.

## **STRENGTH TO STRENGTH**

Course for Lent – The practical benefits of daily prayer

Daytime and Evening Options, each session can be a stand alone session, so please join us for all, or just some of the course. It is inspired by the Catechism of the Catholic Church and filmed in a humorous and engaging way.

Sessions PRAY FOR THE DAY, FOOD FOR THOUGHT, THE LIFE OF PRAYER, PRAY BEFORE YOU SPEAK, LORD TEACH US TO PRAY – OUR FATHER Part 1, GIVE US THIS DAY – OUR FATHER Part 2

**Daytime Option:** Thursday 10am – 11.30am

**Evening Option:** Thursday 7pm – 8.30pm

## **UKRAINE HUMANITARIAN APPEAL: HOW YOU CAN HELP**



### **CAFOD Family Fast Day 11 March – Small acts of love can make big things happen**

This Family Fast Day, we remember that there are many people who need our love and support all around the world. Children experiencing malnutrition like Amie's daughter Lombeh in Sierra Leone or families affected by conflict, as we are seeing now in Ukraine. Thanks to your generous giving on previous Fast Days CAFOD was able to respond very quickly to the current emergency by sending £100,000 to our partner agencies Caritas Poland, Moldova and Ukraine. Donating to CAFOD this Lent will enable local experts across the world to provide support to families in times of need or conflict. You can donate in church using a CAFOD envelope or by visiting the CAFOD website: [cafod.org.uk/lent](http://cafod.org.uk/lent) CAFOD has launched an online appeal as well. <https://cafod.org.uk/News/Emergencies-news/Ukraine-crisis>

## **CARITAS**

*Sheila Wade, Interim Head of Charity, Caritas Diocese of Portsmouth writes...*

As the dreadful events unfold today in Ukraine, we stand in solidarity with our Caritas colleagues in Caritas-Spes as they continue to assist those vulnerable and in need in that country. Until recently, Caritas-Spes had been working in Eastern Ukraine with the displaced families from the ongoing conflict in the disputed territories, including in Avdiivka which has been under heavy shelling. The photo is an historic photo of a refugee facility near Avdiivka. If you would like to support Caritas work in the emergency in Ukraine, please visit their [www.caritas.org/where-caritas-work/europe/ukraine-spes/](http://www.caritas.org/where-caritas-work/europe/ukraine-spes/) and donate - and please pray for all those affected.

### **SHARE - ARTICLES AND RESOURCES ON THE ENVIRONMENT**

One of the biggest areas of concern in terms of protecting the environment is the amount of food wasted in the northern hemisphere. The UK has the highest food waste within the Europe, wasting 9.5 million tonnes in a single year. And this is with a backdrop of over 8.4 million people in the UK in food poverty. There is enough food within the world for everyone, however it cannot sustain 30-50% of all food produced being wasted.

Food waste generally ends up in landfill, which means that it contributes to greenhouse gas emissions, a major contributor to the global warming.

The foods that are most commonly wasted are potatoes, bread, milk, prepared meals, fizzy drinks, fruit juice and smoothies, pork, poultry to name but a few.

So what can we do? The Love Food Hate Waste website has some suggestions - see below.

I personally have found it helpful to plan the meals that my family and I are going to eat in the week ahead, and then buying the ingredients I need, and no more. Avoiding the 3 for the price of 2 deals and other similar 'bargains' - invariably in my house, they are not bargains as they end up in the bin!

<https://www.lovefoodhatewaste.com/>

Good luck!

### **GETTING READY FOR RE-STARTING CHILDRENS LITURGY**

Sr Hyacinthe, Formation for Mission team leader writes: "We know that this specially adapted liturgy of the Word enables us to bring the Lord to our children (and their parents) in a big way. We will be seeing how we can undertake this safely, how we can re-inspire our liturgy leaders, how we can welcome new leaders to the team and how we can train them in the best approaches. The Formation for Mission Team is organising a training course over three Tuesday evenings on Zoom from 29th March, from 7.30 to 9.00 pm. Guidance and resources will be given."

### **INTRODUCTION TO PRAYER FOR BEGINNERS**

Also from the Formation for Mission team: "Prepare for Holy Week with two sessions to introduce Prayer in a very simple way, using the Catechism of the Catholic Church's section on prayer. This course is open to everyone who wants to discover a bit more about the meaning of prayer and how to pray." The course will be led by the Dominican Sisters, and will take place on Thursdays 31st March and 7th April from 7.30 to 9.00 pm. You can register here: <https://us02web.zoom.us/j/84461202036>

Session 1: What is Prayer? Session 2: Types of Prayer

### **ADORE Spiritual Renewal**

OnLine ADoRE Online spiritual mini-retreat morning. Takes place on 26 March from 10.00-13.00 with Mass, Adoration, Reflection, Praise, Talk, Prayer and Discussion. Theme: "Your Kingdom Come" – we are called to be Kingdom Ambassadors. The special guest speaker is Fr Simon Penhalagan, formerly Chaplain to the Sion Community, now Episcopal Vicar for Mission in Northampton Diocese. Please register for the Zoom meeting in advance at [bit.ly/ADOREMAR2022](https://bit.ly/ADOREMAR2022) Also, ADoRE is offering confidential prayer ministry by telephone – please ring (not text) 07579 824523 Mon to Fri 10am to 4pm & leave only name and number. Experienced prayer ministers will pray with you confidentially.

### **CARITAS**

Bishop Philip and the Diocesan Trustees approved the Environment Strategy for the Diocese just before Christmas. Caritas work will now focus on developing a plan with other teams across the diocese, to put into action the work needed to achieve our diocesan environmental targets, which include net carbon zero by 2030, a really significant target. Other Caritas work will be looking at biodiversity throughout the diocesan estate and assisting parishes and parishioners to play their part in our work for the care of Creation. We all have a part to play in this very important work, so we are asking you all to consider making a personal pledge to help the environment. If you visit <https://www.surveymonkey.co.uk/r/LL9YKNF> you will be able to access a pledge questionnaire which will help you identify what you can do as an individual to help in this work.

### **WANT TO GIVE YOUR MARRIAGE A BOOST?**

Treat yourselves to a life changing Marriage Encounter Experience. The next experiences are 14 & 21 May & 11-12 June. Visit [WWME.org.uk](http://WWME.org.uk) for more details & booking. A great marriage lifts your family & personal happiness.



### **LOURDES PILGRIMAGE 2022**

Our Diocese of Portsmouth Annual Pilgrimage to Lourdes will take place next year from 18th to 22nd July 2022. Bishop Philip is now very pleased to be able to invite you once again to join him and many others from across the Diocese on this pilgrimage. We will be leaving from Bournemouth airport. Once in Lourdes we will stay at the Hotel La Solitude, celebrate Mass daily, and take part in all that Lourdes has to offer. If you would like to know more about joining him either as a pilgrim or as a youth pilgrim, serving our pilgrims and helping to make our pilgrimage a success, please email [lourdes@portsmouthdiocese.org.uk](mailto:lourdes@portsmouthdiocese.org.uk)