

Accompaniment - Learning to Listen to others



*Zoom series Monday evenings starting **Monday 13th March***

Whatever your involvement in the life of the Church or with family or friends who are drifting towards or away from the church, you will almost certainly be having spiritual conversations from time to time. Ananias training helps develop an understanding of the spiritual journey and how generous listening, with greater awareness of another person's unique journey, can open people to growth.

We will be offering sessions on Zoom on Monday evenings, 7-9pm, starting on **Monday 13th March**. If you would like to know more, reserve a place or if you would like to organise sessions for a group in your parish contact:

lnahajski@portsmouthdiocese.org.uk

Please visit our webpage <https://www.sacredhearthook.org/journey-together>.