

SACRED HEART PARISH

Catholic Diocese of Portsmouth
Reg. Charity No. 1199568



THIRD SUNDAY OF LENT

Year A

12 March 2023

Priest in Charge: Fr. Phillip Harris

Parish Administrator: Mrs Jan Hughes

Phone: 01256 577007/07719 012955

Website: www.sacredhearTHOOK.org

Safeguarding Minister: Mrs Maggie Wood

PPC Chairman: David Brown

email: office@sacredhearTHOOK.org

Facebook: facebook.com/sacredhearTHOOK

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via the parish office

Sacred Heart Church, The Priests House, London Road, Hook, Hampshire RG27 9LA

St Vincent De Paul Society (SVP) now have a confidential mobile phone line to assist & help. 07434 773219.

Please note we now have CCTV Cameras around the premises for security purposes.

MASS TIMES

Daily Eucharistic Service at Maryfield Convent at 10:00am (Mon, Tues, Wed, Thurs & Fri)

THIRD SUNDAY OF LENT

| | | | |
|-------------------|----------|------|----------------------|
| Saturday 11 March | 6:00 pm | Mass | People of the Parish |
| Sunday 12 March | 10.00 am | Mass | Dom Cannon RIP |

FOURTH SUNDAY OF LENT

| | | | |
|-------------------|----------|------|----------------------|
| Saturday 18 March | 6:00 pm | Mass | People of the Parish |
| Sunday 19 March | 10.00 am | Mass | Pat Hingert RIP |

CONFESSIONS IN THE CHURCH

Saturday evening 5:15 pm - 5:45 pm

LITURGY OF THE WORD

Third Sunday of Lent

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First Reading Exodus 17: 3 - 7

Responsorial Psalm: Psalm 94

**O that today you would listen to his voice:
'Harden not your hearts.'**

Second Reading: Romans 5 : 1-2, 5-8

Gospel Acclamation

Glory to you, O Christ, you are the Word of God!

Lord, you are really the saviour of the world;

Give me the living water, so that I may never get thirsty.

Glory to you, O Christ, you are the Word of God!

Gospel John 4: 5 - 42

THE SACRISTY

Is a place of prayer and contemplation and should be an oasis of calm, before and after Mass. The Priest and Servers need time and space in order to prepare them selves for The Holy Sacrifice of the Mass.

Please respect this and refrain from visiting the Sacristy in the last 15 mins before Mass.

WELCOME

A very warm welcome to all parishioners and visitors who join us, whether in our Church or via the live-stream. If you are new to the area, please register as a member of our Parish using the form on our website

SALT AND GRIT BIN

Just a reminder that there is a salt and grit bin by the side of the disabled parking bays, for use when the car park area is icy.

PLEASE PRAY FOR ALL THE SICK IN OUR PARISH

Lord, have all those who are unable to be with us at Mass in Your safekeeping as we remember:

Joan Coleman, Debbie Cavedon, Jacob Weston
John Bone, Terry Wright, Mike Murch,
Fr Kevin Delaney, Fr Don Clement & Fr Phillip Harris



WELCOME

Welcome to Father Peter Codd who will be celebrating Mass with us this weekend.

FATHER PHILLIP HARRIS

On Monday afternoon Father Phillip was taken into hospital, it is believed that he will be there for a few weeks.

If you would like to visit Father Phillip, please contact Jan in the office who can tell you which ward he is on.

Please keep Father Phillip in your prayers.

EASTER EGGS

This Easter we will be collecting Easter Eggs for Brita's Caritas families. If you are able to help us please bring your donations of Easter Eggs to the church and leave in front of the Altar.

EXPOSITION OF THE BLESSED SACRAMENT

Divine Mercy chaplet followed by the Holy Rosary will take place in the Convent Chapel at 3pm on Fridays. Everyone is welcome

CHARLES DE FOUCAULD FRATERNITY MEETING

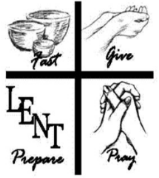
Next Charles de Foucauld fraternity meeting will be on Thursday 16th March at 2.30pm in the convent. We begin with Exposition of the blessed sacrament and Fr Peter cod will lead us to share the gospel of the upcoming Sunday. We end the session with fellowship and saying the 'Abandonment Prayer'
Everyone is welcome.

OPEN THE BOOK

Volunteers are needed for Open the Book at Hook Infant School. Volunteers are needed to join our friendly team. Open the Book is a way of presenting Bible stories to primary school children in a very simple way. You do not need to have any great acting skills! The Hook team goes into Hook Infants every Monday afternoon in term time. If you are interested please speak to Maggie or Emrys

LENT 2023

Lent is a time to prepare for Holy Week's commemoration of Our Lord's Passion, Death and Resurrection.



During Lent we do not sing or say either the Gloria or the Alleluia, flowers do not decorate the Church and Baptisms are held over until Easter.

LENT 2023

"I know God will not give me anything I can't handle. I just wish that He didn't trust me so much" *'Mother Teresa'*

Every Wednesday in Lent

7:00 pm The Way of the Cross in Maryfield Convent

Every Friday in Lent

12:00 noon Stations of the Cross in the church
followed by a Simple Lunch

7:00 pm The Way of the Cross in Maryfield Convent

Every Sunday in Lent

4:00 pm The Way of the Cross in Maryfield Convent

LENTEN LUNCH AND STATIONS OF THE CROSS

Would you like to start your Lenten Journey with a weekly Lenten Lunch and Stations of the Cross? Please join us on Friday 17th, 24th and 31st March in the Church at 12 noon for Stations of the Cross and then in the hall for a simple Lunch.

There is an optional lunch donation with proceeds going to CAFOD.

Please come along, bring a friend, everyone is welcome.

MARYFIELD CONVENT

FAITH SHARING PRAYER MEETING

First Tuesday of the month

Next meeting—Tuesday 4th April 2023

10:30am in the tea room

FOODBANK CONTRIBUTION BOX

Please consider buying extra of the following items when you are next shopping and bring to the Church Porch, where we have re-introduced the Foodbank box.

- Tins & Jars: Tinned Vegetables, Tinned Fruit, Jam, Sponge Puddings,
 - Dried Goods: Custard
 - Packages: Long Life Fruit Juice,
 - Household: Men's Deodorant, Shampoo, Conditioner
- There are a lot of people struggling, even more so with the current economics in the UK.

DIVINE MERCY

The Divine Mercy Apostolate, London is holding a Divine Mercy Lenten Retreat 2023. At ST MICHAEL & ST GEORGE, The Cathedral Church of the Bishop of the Forces, Queen's Avenue, Aldershot, Hampshire, GU11 2BY on Saturday 18 March 2022 at 11 am to 4 pm led by the Marian Fathers. The Retreat will include teachings on the Message of Mercy, Stations of the Cross, Holy Mass, Hour of Mercy with Adoration and Benediction and Veneration of the Image of Merciful Jesus. All Welcome. Please call Millie on 07957594646 for more info.

TURKEY & SYRIA EARTHQUAKES

Please keep in your prayers all those who have been affected by the recent earthquakes—those who have been killed or injured, those who are still missing and all those who are without a home, warm clothing, food and drink.

Please also keep in your prayers all their friends and relatives living elsewhere who are beside themselves with worry.

PASTORAL AREA CLERGY

St Bede, Basingstoke—Sun 9 am, 11 am, 6.00 pm
Fr. John Lee & Fr. Jean Patrise Coulon

St. Joseph, Basingstoke—Sat 6 pm / Sun 9 am, 11 am
Fr. Paul Leonard & Fr. Benoy Kurian

St Michael, Tadley—Sat 6 pm / Sun 9.30 am
Fr. Patrick Tansey

PORTSMOUTH DIOCESE NEWS

To keep up to date with the news of the Diocese and the Bishop please follow us on:

Facebook: @PortsmouthRC

LinkedIn: Catholic Diocese of Portsmouth

Twitter: @PortsmouthRC

The Diocese website:

<https://www.portsmouthdiocese.org.uk/>

If you have news that you would like to share with the rest of the Diocese, please contact

communications@portsmouthdiocese.org.uk

THE SIX HOLY HABITS

Just a reminder that Bishop Philip is inviting each one of us to develop and put into practice six holy habits for this time of change and deep personal renewal:

- to keep Sunday special, a family day, by attending Mass;
- to spend 5 minutes a day in prayer using the Scriptures;
- to do penance on Fridays, and to serve the poor and needy;
- every fortnight to make a Holy Half Hour before the Blessed Sacrament;
- to go to Confession once a month; and
- to join a small group for formation, prayer and fellowship. In the coming weeks in e-News, Bishop Philip will explore each habit in more detail

CAFOD SYRIA-TURKEY EARTHQUAKE APPEAL

CAFOD is responding with support of provision of food, water, shelter, medical assistance & winter kits for survivors. Your donations in recent months have made that quick response possible. Let us join CAFOD in praying for our sisters & brothers affected by the earthquakes & the winter weather. For more details visit CAFOD's Syria Turkey Emergency Appeal online at <https://cafod.org.uk/give>

DONATIONS TO THE PARISH

The easiest way to make a donation to the Parish is Online at: www.sacredhearthook.org/donations or via our new contactless terminal located by the back of the Church.

To set up a Standing Order, our bank account details are: Lloyds Bank Sort Code: 30 93 04

Account number 00880117

Name: CDP Sacred Heart Hook

(Please also use this for cheque payments)

GIFT AID - INCREASE YOUR GIFT

You can increase your weekly/monthly giving to the church by 25% without any additional cost to you (if you are a taxpayer). This is a very simple process and takes only minutes to complete. If you would like to join our gift aid scheme, contact Jan on 01256 577007

ADoRE Mini Retreat

ADoRE Online spiritual mini-retreat morning **25 March** 10.00-1.00 "I AM THE VINE, YOU ARE THE BRANCHES" - Going deeper with Jesus. Guest speaker is Jenny Baker, National Lead of Celebrate Trust. Session starts with Mass at 10.00 and also includes Adoration, Prophetic sharing, Praise, Testimony and discussion. Please register for the Zoom meeting in advance at bit.ly/ADOREMAR2023

DIOCESAN FORMATION FOR MISSION

1. **Communication Course:** 'Sending word, sharing the Word': 3 online sessions to help you communicate with confidence today and every day.

From parish newsletters to the pulpit, this course will give you the ability to communicate with confidence. Our communications expert will show you tools and techniques that are easy to learn and practical to use.

Here are the details:

<https://www.lightoftruth.uk/event-details/sending-word-sharing-the-word-2023-03-08-19-30>

2. if you're looking for a **focus for Lent**, the Dominican Sisters are running 6 online sessions explaining the sacrament of Reconciliation to adults through scripture and art, which will also serve as a Lenten retreat, every Tuesday evening during Lent. The details are here:

<https://www.lightoftruth.uk/event-details/reconciliation-anchoring-you-in-happiness-2023-02-28-19-30>

3. Finally, to mark the **60th anniversary of Vatican II Council**, the Dominican Sisters are launching a new monthly course to introduce the Council documents in a simple way, for everyone:

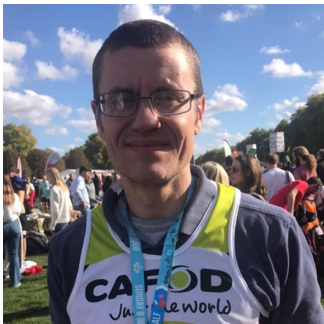
<https://www.lightoftruth.uk/event-details/follow-the-compass-vatican-ii-for-everyone-2023-02-24-19-30>

All our courses are free. Donations are welcome!

To find out more about everything we're currently offering click here: <https://www.lightoftruth.uk/join>

Wishing you every blessing, Sr Hyacinthe

Fr Paul Leonard is running in the London Marathon for CAFOD



While we are experiencing some very cold & wet conditions in the UK right now, [CAFOD](#) are working hard to bring relief to communities which are badly affected by drought. Why not take a look at CAFOD's ideas for things we can do to help reduce climate change? If you're able to, please make a contribution to Paul's fundraising page to help CAFOD to work even harder - and give Paul some much appreciated encouragement! <https://www.justgiving.com/fundraising/paul-leonard30>.

PORTSMOUTH DIOCESAN "DON BOSCO" BOYS CAMP - 23 to 29 July 2023

We are delighted that camp will be going ahead again this summer for boys of secondary school age at St. Cassian's, Kintbury. There will be plenty of sport, outings, competitions and fun and games to ensure that boys will have a fantastic few days. This will continue to take place within the context of the celebration of the Catholic Faith, including daily Mass and morning prayer. The cost of the camp is £230 (part bursaries may be available on application).

We are holding a Bosco Experience/Reunion on Sunday 5 March 2023 from 2 to 4pm at St. Peter's Church, Jewry Street, Winchester SO23 8RY. This is for boys currently in year 6 up to year 11. A chance for new boys who want to find out more and have a 'taste' of the Bosco Experience and for those who have been on camp to meet with old friends. Fun activities and a chance for parents to find out more and sign up for camp. Booking is essential. To find out more or to reserve a place, please email dbcamps@portsmouthdiocese.or.uk.

CATHOLIC DIOCESE OF PORTSMOUTH LOURDES PILGRIMAGE 2023

This year's Diocesan pilgrimage to Lourdes will take place from 17-21 July under the leadership of Bishop Philip Egan. Included in the price (£799 for adults and £699 for youth) is:

- Direct flight from Bournemouth Airport to Lourdes and return
- Private coach transfer on arrival to your hotel and return
- 4 nights accommodation at Hotel La Solitude • Breakfast, lunch and dinner are served each day
- Airport taxes & charges, UK government levy and Lourdes city tax
- Full religious programme facilitated by Joe Walsh Tours in conjunction with the Spiritual Director, Canon PJ Smith
- One standard piece of check-in luggage subject to the airline's conditions
- Lourdes city tax is included

For more information or to book please contact lourdes@portsmouthdiocese.org.uk.