

SACRED HEART PARISH

Catholic Diocese of Portsmouth
Reg. Charity No. 1199568



PALM SUNDAY & EASTER SUNDAY

Year A

1 & 9 April 2023

EASTER TRIDUUM

The Easter Triduum is the proper name for the three days that precede Easter Sunday. Starting with the Mass of the Lord's Supper on the evening of Holy Thursday, continuing through the Good Friday liturgy, and concluding with the start of the Easter Vigil on the evening of Holy Saturday, the Easter Triduum marks the most significant events of Holy Week.

"Christ redeemed us all and gave perfect glory to God principally through his paschal Mystery: dying he destroyed our death and rising he restored our life. Therefore the Easter Triduum of the passion and resurrection of Christ is the culmination of the entire liturgical year."

The Season of Lent has always been an important time in the life of the Christian. The special things that we participate in during Lent . . . personal sacrifice, communal prayer, fasting and abstinence, almsgiving . . . all remind us that this is no ordinary time for the Church. But Lent is not an isolated season. It doesn't exist just to give us something to do toward the end of winter and early spring. It is a time of focus, a time of preparation and a time of remembrance. It points to that which is central to the life of the Christian, and culminates in the celebration of **Easter Triduum**. These "Three Days" are at the heart of the Paschal Mystery; they remind us of death and rebirth and are the most important days of celebration in the Catholic Church. We walk in joyful celebration along the road from betrayal and suffering, to death and resurrection with Jesus Christ who walked that way first - for us. Lent exists so that we can prepare ourselves for the Easter Triduum. In the afternoon of Holy Thursday, Lent quietly comes to an end, almost unnoticed. The Triduum liturgies are rich with experiences that we have at no other time during the Church year: such as the washing of feet and the veneration of the cross. During these three days, we focus on one event - the Passover of the Lord, our Easter. We gather in one place, as the people of God, to remember the saving act of Jesus, the miracle of his resurrection and to celebrate our faith and identity as his disciples; because Christ was faithful to the end and was raised from the dead, death is no longer the end of life for us. It is the beginning of a new life in Him.

Please make every effort to attend these three Liturgies - or rather, one Liturgy spread over three days.

MASS TIMES

Daily Eucharistic Service at Maryfield Convent at 10:00am (Mon, Tues, Wed, Thurs & Fri)

PALM SUNDAY of the Passion of the Lord

Saturday 1 April	6:00 pm	Mass	People of the Parish
Sunday 2 April	10.00 am	Mass	Damian Maranzano RIP
Monday 3 April	9:30 am	Mass	In the Convent with Father John Lee

EASTER TRIDUUM

Thursday 6 April	7:30 pm	MAUNDY THURSDAY Evening Mass of the Lord's Supper <i>Adoration of the Blessed Sacrament from conclusion of Mass until 9:00 pm</i>
Friday 7 April	3:00 pm	GOOD FRIDAY Celebration of the Lord's Passion
Saturday 8 April	8:00 pm	HOLY SATURDAY The Easter Vigil
Sunday 9 April	10:00 am	EASTER SUNDAY

SECOND SUNDAY OF EASTER

Saturday 15 April	6:00 pm	Mass	James Moloney RIP
Sunday 16 April	10.00 am	Mass	People of the Parish

CONFESSIONS IN THE CHURCH

Saturday evening 5:15 pm - 5:45 pm

PLEASE PRAY FOR ALL THE SICK IN OUR PARISH

Lord, have all those who are unable to be with us at Mass in Your safekeeping as we remember:
Joan Coleman, Debbie Cavedon,
Jacob Weston, John Bone, Terry Wright,
Mike Murch, Pat Olohan, Fr Kevin Delaney,
Fr Don Clement & Fr Phillip Harris



WELCOME

Welcome to Father John Lee who will be celebrating Mass with us this Saturday and to Canon PJ Smith who will be celebrating Mass with us this Sunday.

EASTER COLLECTIONS

Tradition holds that the Easter Offerings are your opportunity for a personal gift to our priests. This is the main source of their annual income.

MAUNDY THURSDAY

If you would like to participate in the Washing of Feet at the Mass of Our Lord's Supper on Holy Thursday, then please sign the list in the Church Porch. Both men and women are invited to take part.

GOOD FRIDAY FASTING

All Catholics aged 18-60 are urged to abstain on this significant day. To fast is to reduce the amount of food we eat. To abstain is to give up a particular kind of food, drink or form of pleasure.

EASTER FELLOWSHIP

Please join us for light refreshments in the hall after the service on Good Friday



EXPOSITION OF THE BLESSED SACRAMENT

Divine Mercy chaplet followed by the Holy Rosary will take place in the Convent Chapel at 3pm on Fridays. Everyone is welcome

MASS INTENTIONS

If you would like a Mass Intention, please contact Jan in the Parish Office on 01256 577007 or email: office@sacredhearthook.org for more information.

NEWSLETTER

If you would like to receive our newsletter by email please register at www.sacredhearthook.org and scroll down to the bottom of the page to subscribe.

LITURGY OF THE WORD

Palm Sunday

First Reading Isaiah 50: 4 - 7

Responsorial Psalm: Psalm 21

My God, my God, why have you forsaken me?

Second Reading: Philippians 2: 6 - 11

Gospel Matthew 26: 14 - 27:66



Easter Sunday

First Reading Acts 10: 34, 37 - 43

Responsorial Psalm: Psalm 117

This day was made by the Lord; we rejoice and are glad.

Second Reading: Colossians 3: 1 - 4

Gospel John 20: 1 - 9

WEEKLY ROTA

Palm Sunday

Saturday 1 April 6pm

Welcomer: Andrea Waldram

Reader: Virgilius Vickers
Harry White

Narrator: Maggie Wood

Other: Anne Da Silva

Sunday 2 April 10am

Welcomer: Claire Burroughs

Reader: Sheila Stranks
John Cummins

Narrator: Joseph Sharp

Other: Shanthi Fernando

Maundy Thursday

Welcomer: Helena Ranson

Reader: Jill Blackburn
Anne Da Silva

Good Friday

Welcomer: Helen Weston

Reader: Brita Coleman
John Cummins

Narrator: Sheila Stranks

Other: Shanthi Fernando

Intercessions

Maggie Wood

Holy Saturday

Welcomer: Andrea Waldram

Epistle: Ann Da Silva
Reader 1: Virgilius Vickers

Reader 2: Harry White

Reader 3: Jill Blackburn

Reader 4: Joseph Sharp

Easter Sunday

Welcomer: Anne Da Silva

Reader: Jackie Hopgood
Shanthi Fernando

ON LINE COURSES

The Dominican Sisters are offering the following courses for adults and catechists after Easter. Join others online to discover more about the treasure of our Catholic Faith. All the courses are free (donations gratefully received!).

Baptism - Anchoring you in New Life: 6 sessions, during the Easter season, to (rediscover the meaning and rite of our baptism in the light of our faith. This course is especially useful for parents, catechists who offer baptism preparation, but is also open to everyone who wants to learn more about the meaning of baptism. Every Tuesday evening from 7.30 to 9.00 pm on Zoom, beginning on Tuesday 18th April.

Further Training for Catechists: 5 sessions to help catechists talk about God, Jesus, salvation, the human person and the Church to adults, children and young people. Every Thursday evening from 7.30 to 9.00 pm on Zoom, beginning on Thursday 20th April.

Confirmation - Anchoring you in the Holy Spirit: 6 sessions, after Pentecost. to (rediscover the meaning and rite of our confirmation in the light of our faith. This course is especially useful to confirmation catechists, but also to everyone who wants to know more about the Holy Spirit and his action in our life. Every Tuesday evening from 7.30 to 9.00 pm on Zoom, beginning on Tuesday 30th May.

Course for Church Readers: 2 online sessions to help readers proclaim the Word of God with confidence, understanding, conviction and clarity. Saturday 3rd and 10th June in the morning, from 10 am to 1 pm.

WALK OF WITNESS—GOOD FRIDAY

The Churches together in Hook are holding a walk of witness on Good Friday at 12 noon, from St John's CofE Church.

With readings and speaking with any passers by.

Please do try and join us.



EASTER EGGS

Thank you to all for collecting Easter Eggs, between Sacred Heart and The Falcon in Rotherwick we have collected 150+ eggs. These are being delivered to our Popley families next week, along with some families in Hook .

The Triduum - the 3 days

The Triduum is actually one service.

Please try and come to all

Thursday 6th April

MAUNDY THURSDAY

Mass of the Lord's Supper **7:30 pm**

'Watching' until Night Prayer

Friday 7th April

GOOD FRIDAY

Celebration of the Lord's Passion **3:00 pm**

Saturday 8th April

Easter Vigil - The Resurrection **8:00 pm**

Sunday 9th April

EASTER SUNDAY - **10:00 am**



DONATIONS TO THE PARISH

The easiest way to make a donation to the Parish is Online at: www.sacredhearthook.org/donations or via our new contactless terminal located by the back of the Church.

To set up a Standing Order, our bank account details are: Lloyds Bank Sort Code: 30 93 04

Account number 00880117

Name: CDP Sacred Heart Hook

(Please also use this for cheque payments)

GIFT AID - INCREASE YOUR GIFT

You can increase your weekly/monthly giving to the church by 25% without any additional cost to you (if you are a taxpayer). This is a very simple process and takes only minutes to complete. If you would like to join our gift aid scheme, contact Jan on 01256 577007

OPEN THE BOOK

Volunteers are needed for Open the Book at Hook Infant School. Volunteers are needed to join our friendly team. Open the Book is a way of presenting Bible stories to primary school children in a very simple way. You do not need to have any great acting skills! The Hook team goes into Hook Infants every Monday afternoon in term time. If you are interested please speak to Maggie or Emrys

MARYFIELD CONVENT

FAITH SHARING PRAYER MEETING

First Tuesday of the month

Next meeting—Tuesday 4th April 2023

10:30am in the tea room

Please join CAFOD and Christian Aid on **Friday 21st April** at 11:15am at St Johns Church Waterloo to pray for leaders to take the action we need to tackle the climate emergency and declare we have no faith in fossil fuels. After the service you can join us we walk together on a short pilgrimage to Parliament. When we reach Westminster, we can join thousands of other people calling for fossil fuels to be consigned to history.

Please register here [No faith in fossil fuels: Service and pilgrimage to Parliament \(cafod.org.uk\)](https://www.cafod.org.uk/no-faith-in-fossil-fuels-service-and-pilgrimage-to-parliament)

Fr Paul Leonard is running in the London Marathon for CAFOD



While we are experiencing some very cold & wet conditions in the UK right now, [CAFOD](https://www.cafod.org.uk) are working hard to bring relief to communities which are badly affected by drought. Why not take a look at CAFOD's ideas for things we can do to help reduce climate change? If you're able to, please make a contribution to Paul's fundraising page to help CAFOD to work even harder - and give Paul some much appreciated encouragement! <https://www.justgiving.com/fundraising/paul-leonard30>.

PORTSMOUTH DIOCESAN "DON BOSCO" BOYS CAMP - 23 to 29 July 2023

We are delighted that camp will be going ahead again this summer for boys of secondary school age at St. Cassian's, Kintbury. There will be plenty of sport, outings, competitions and fun and games to ensure that boys will have a fantastic few days. This will continue to take place within the context of the celebration of the Catholic Faith, including daily Mass and morning prayer. The cost of the camp is £230 (part bursaries may be available on application).

To find out more or to reserve a place, please email dbcamps@portsmouthdiocese.or.uk.

TURKEY & SYRIA EARTHQUAKES

Please keep in your prayers all those who have been affected by the recent earthquakes—those who have been killed or injured, those who are still missing and all those who are without a home, warm clothing, food and drink. Please also keep in your prayers all their friends and relatives living elsewhere who are beside themselves with worry.

Bishop Philip Egan writes...

The Bishop's Conference have decided to permit once again the practice of giving Holy Communion under both kinds. This will be from Holy Thursday, 6th April 2023. I will grant permission for this in the Diocese at the discretion of the parish priest based on the circumstances and situation of the parish. The reintroduction of Holy Communion under both kinds is therefore permissive, not obligatory. Parish priests will carefully need to discern the practicalities and health situation in their parish. In addition, proper catechesis and instructions will need to be given to duly commissioned Extraordinary Ministers of Holy Communion.

The question of the possibility of intinction (when the Host is dipped into the Precious Blood so that a communicant receives both together) has been raised. The Bishops' Conference have decided to affirm the practice found in Celebrating the Mass which states that this form of the reception of Holy Communion "is not recommended in England and Wales." It restricts the possibility of the communicant to receive the host reverently in their hands. Likewise, communicants are not permitted to receive Holy Communion by "self-intinction" where having received the Sacred Host in the hand, they proceed to the Precious Blood and "dip" the host themselves into the chalice. Sacraments are never taken, but received, and the gesture of "self-intinction" denies this reality.

For Sacred Heart we will not be taking communion under both kinds at the present time.

ADORE

22nd April - The Spirit of the Lord is upon me: Receiving the anointing of the Holy Spirit - Guest Speaker: Maria Heath Session includes Mass, Adoration, Prophetic Reflection, Praise & Worship. Location & Timing: All meetings are on-line via Zoom from 10am to 1pm (with the exception of May & September). Please register in advance via website: www.altonrenewal.com or phone 01252 714809 or email: adore@altonrenewal.com