

SACRED HEART PARISH

Catholic Diocese of Portsmouth
Reg. Charity No. 1199568



SEA SUNDAY / FOURTEENTH SUNDAY IN ORDINARY TIME - Year A - 9 July 2023

Priest in Charge: Fr. Phillip Harris
Parish Administrator: Mrs Jan Hughes
Phone: 01256 577007/07719 012955
Website: www.sacredhearthook.org

Office open Monday, Tuesday, Thursday & Friday mornings
email: office@sacredhearthook.org
Facebook: facebook.com/sacredhearthook

Safeguarding Minister: Mrs Maggie Wood
PPC Chairman: David Brown

email: safeguarding@sacredhearthook.org
via the parish office

Sacred Heart Church, The Priests House, London Road, Hook, Hampshire RG27 9LA
St Vincent De Paul Society (SVP) now have a confidential mobile phone line to assist & help. 07434 773219.
Please note we now have CCTV Cameras around the premises for security purposes.

MASS TIMES

Mass in the Convent on Monday mornings at 9:30am

Daily Eucharistic Service at Maryfield Convent at 10:00am (Tues, Wed, Thurs & Fri)

FOURTEENTH SUNDAY IN ORDINARY TIME

Saturday 8 July	6:00 pm	Mass	Christopher Tyler RIP	
Sunday 9 July	10.00 am	Mass	Tom Leonard RIP Alan Aldous RIP	
Monday 10 July	9.30 am	Mass		In the Convent

FIFTEENTH SUNDAY IN ORDINARY TIME

Saturday 15 July	6:00 pm	Mass	People of the Parish	
Sunday 16 July	10.00 am	Mass	Jay De Alwis RIP	
Monday 17 July	9.30 am	Mass		In the Convent

CONFESSIONS IN THE CHURCH Please contact the office for more information

MASS INTENTIONS

If you would like a Mass Intention, please contact Jan in the Parish Office on 01256 577007 or email: office@sacredhearthook.org for more information.

PARISH DATABASE

Whilst people remember to notify Doctors, Dentists, Schools and the like when they move house or change their email address or mobile number, not everyone remembers to notify their parish. Please do let us know if there have been contact changes for you so that we can amend our database accordingly. Thank you.



PHOTOGRAPHS

You may be aware that photos are taken at some of the church/parish events. For this purpose we need to know if there are any objections to these being put on the website or parish Facebook. If you do not want to appear in the above please make your objection known. Many thanks.

PORTSMOUTH DIOCESE

To keep up to date with the news of the Diocese and the Bishop please follow us on:
Facebook: @PortsmouthRC
LinkedIn: Catholic Diocese of Portsmouth
Twitter: @PortsmouthRC
The Diocese website: www.portsmouthdiocese.org.uk
If you have news that you would like to share with the rest of the Diocese, please contact:
communications@portsmouthdiocese.org.uk

POPE FRANCIS JULY PRAYER INTENTION

During July, Pope Francis asks us to pray for a Eucharistic life. We pray that Catholics may place the celebration of the Eucharist at the heart of their lives, transforming human relationships in a very deep way and opening to the encounter with God and all their brothers and sisters .

PLEASE PRAY FOR ALL THE SICK IN OUR PARISH

Lord, have all those who are unable to be with us at Mass in Your safekeeping as we remember: Joan Coleman, Debbie Cavedon, Jacob Weston, John Bone, Terry Wright, Mike Murch, Fr Kevin Delaney, Fr Don Clement & Fr Phillip Harris

REST IN PEACE

Please pray for the soul of Tom Leonard (Father Paul's dad) who passed away on Tuesday 4th July.

Also for the soul of Alan Aldous, Christopher's dad) who passed away on Monday morning. May their souls and the souls of all the faithful departed, through the mercy of God. Rest in Peace, Amen.



WELCOME INTO THE FAMILY OF THE CHURCH

Please pray for Ellis and Finley Charles who were baptized at the Sacred Heart on Sunday 2nd July.

WELCOME

A very warm welcome to all parishioners and visitors who join us. If you are new to the area, please contact the Parish office to register as a member of our Parish

CONGRATULATIONS

To Emma on receiving her bronze medal for altar serving. Emma is now one of our senior altar servers. Has your daughter/son celebrated their FHC, would they like to be an altar server. Please see Emrys or contact the office for more information.

THE SACRISTY

Is a place of prayer and contemplation and should be an oasis of calm, before and after Mass. The Priest and Servers need time and space in order to prepare them selves for The Holy Sacrifice of the Mass. Please respect this and refrain from visiting the Sacristy in the last 15 mins before Mass.

NEWSLETTER

If you would like to receive our newsletter by email please register at www.sacredhearthook.org and scroll down to the bottom of the page to subscribe.

PARISH BARBECUE

Sunday 23rd July, 11:30 for 12:00

All are welcome

Come and enjoy a relaxing afternoon in the company of your fellow parishioners
Bring your own drinks, and some puddings to share
It would help if you could sign up on the list at the back of church



**DO YOU HAVE A BARBECUE THAT THE
PARISH COULD BORROW,
PLEASE LET ANNE OR JILL KNOW
THANK YOU**

LITURGY OF THE WORD

Fourteenth Sunday in Ordinary Time

First Reading Zechariah 9: 9 - 10

Responsorial Psalm: Psalm 144

I will bless your name for ever, O God my King.

Second Reading: Romans 8: 11 - 13

Gospel Acclamation

Alleluia, alleluia!

**Blessed are you, Father, Lord of heaven and earth,
for revealing the mysteries of the kingdom to mere children**

Alleluia!

Gospel Matthew 11: 25 - 30

MARYFIELD CONVENT

FAITH SHARING PRAYER MEETING

First Tuesday of the month

Next meeting—Tuesday 1st August 2023

10:30am in the tea room

DONATIONS TO THE PARISH

The easiest way to make a donation to the Parish is Online at: www.sacredhearthook.org/donations or via our new contactless terminal located by the back of the Church. To set up a Standing Order, our bank account details are: Lloyds Bank Account number 00880117: Sort Code: 30 93 04 Name: CDP Sacred Heart Hook (Please also use this for cheque payments)

REPOSITORY

Please check out our repository in the porch. If there is anything you would like please ask Cecile or the Parish Office.

CONFESSIONS AND SACRAMENT OF THE SICK

Father John is available after Mass to celebrate Confessions or the Sacrament of the Sick.

Please see Father after Mass if you require either of these sacraments.

CHARLES DE FOUCAULD FRATERNITY MEETING

Next Charles de Foucauld fraternity meeting will be on Thursday 13th July at 2.30pm in the convent. We start with Exposition of the blessed sacrament and Fr Peter Codd will lead us to share the Gospel message of the upcoming Sunday. We end the session with fellowship and saying the 'Abandonment Prayer'. Everyone is welcome.

EXPOSITION OF THE BLESSED SACRAMENT

Divine Mercy chaplet followed by the Holy Rosary will take place in the Convent Chapel at 3pm on Fridays. Everyone is welcome

WELCOMERS NEEDED

Our parish welcoming Ministry is going really well—and now we need a few more people to join us. If you would like to help out every few weeks, please let the Parish Office know

WANTING TO VOLUNTEER?

Caritas Portsmouth supports parishes and schools to become the 'church beyond walls' to help meet the needs in our local communities. Our volunteer team help make this happen, by running and supporting specific projects, promoting our work within the parish/community and fundraising so we can get new projects off the ground. We would be delighted if you would join us. Please visit our website (<https://caritas.org.uk/act/>) or email us at caritas@portsmouthdiocese.org.uk

Portsmouth Diocesan 'Don Bosco' Boys Camp: 23-29 July 2023

We are delighted that camp will be going ahead again this summer for boys of secondary school age at St. Cassian's, Kintbury. There will be plenty of sport, outings, competitions & fun & games to ensure that boys will have a fantastic few days. This will continue to take place within the context of the celebration of the Catholic Faith, including daily Mass & morning prayer. The cost of the camp is £230 (part bursaries may be available on application). For more info email: dbcamps@portsmouthdiocese.org.uk

THE SIX HOLY HABITS

Just a reminder that Bishop Philip is inviting each one of us to develop and put into practice six holy habits for this time of change and deep personal renewal:

- to keep Sunday special, a family day, by attending Mass;
- to spend 5 minutes a day in prayer using the Scriptures;
- to do penance on Fridays, and to serve the poor and needy;
- every fortnight to make a Holy Half Hour before the Blessed Sacrament;
- to go to Confession once a month; and to join a small group for formation, prayer and fellowship.

SECOND COLLECTION - SEA SUNDAY 9th July 2023

Seafarers and fishers play a vital role in all of our lives, but they often work in difficult, hazardous conditions. In the last year, more crews have been abandoned by their employers than ever before. Many are still being denied the right to leave their ships for even a short break away from the relentless noise and pressure onboard. Many are reporting more stress and poorer mental health. Sea Sunday is Sunday 9th July. It is when the Church prays for all those who live and work at sea. Your support will make a big difference to seafarers and fishers in need. You can donate in church, by visiting www.stellamaris.org.uk/donate, or by texting 'SEA' to 70460 to donate £5. This collection is vital to enable Stella Maris (formerly called Apostleship of the Sea) to continue its important work - so please give generously. Thank you.

BRITA'S TOILET ROLL COLLECTION

This is an ongoing collection and more toilet rolls would be appreciated.

Thank you to those who are regularly donating.

COME AND FIND OUT ABOUT CAFOD'S WORK

CAFOD Portsmouth is hosting two meetings in September so that volunteers & supporters can find out more about our work. The first meeting is on Sat 9th Sept at St Bedes Church hall, Popley Way, RG24 9DX from 10:30 am - 12:30pm where Philippe Mougin CAFOD's Emergency Response Leader will talk about our work in Pakistan after last years floods. The second meeting is on Sat 16th Sept at St Michael & All Angels Church hall, Dunsbury Way, Leigh Park PO9 5BD from 10:30am to 1:30pm (lunch is provided) where Sara Moreno from CAFOD's Partner SIEMBRA from Colombia will speak about her work with human and environmental rights defenders.

Everyone is welcome but please book so that we have an idea of numbers by emailing

Jo Lewry at portsmouth@cafod.org.uk

HART FOOD BANK

Latest Requests for this Week

- TINS/CANS: Tinned Vegetables, Tinned Spaghetti, Tinned Fruit, Tinned Soup, Tinned Meat, Tinned Tomatoes, Baked Beans, Tinned Fish, Tinned Rice Pudding.
- JARS: Jam, Pasta Sauces
- DRIED GOODS: Tea, Coffee, Dry Rice, Pasta, Cereal, Biscuits, Sponge Puddings, Pulses, Custard.
- LIQUIDS: Long Life Fruit Juice, Long Life Milk
HOUSEHOLD: Men & Women's Toiletries, Household Cleaning Products

<http://www.hart.foodbank.org.uk/> leaders would be pleased for new helpers in the team

SIGNIFICANT WEDDINGS ANNIVERSARY MASS 2023

Sadly, the Significant Weddings Anniversary Mass which was set for September 16th has been postponed until September 2024. Those couples who are missing out on this year's celebrations are welcome to attend and join us in 2024. We wish to thank all those who have already contributed to this year's Mass, and those involved in whatever way during the past 12 years here in the Parish to make the Significant Weddings Anniversary so successful across the Diocese. Roll on September 2024.

READING AT SACRED HEART

We are looking for more people to join our reading group, to read at Mass, especially the Saturday evening. An important and enjoyable role, the readers carry out their ministry about every three or four weeks, and meet together for an hour a few times a year, to share ideas and practise. If you would like to join the group, please could you contact the parish office.



A PERSONAL MESSAGE FROM BISHOP PHILIP
to the Clergy and Faithful of the Diocese

Dear Brothers and Sisters,

After more than a decade as your Bishop and in common with my predecessor, I am writing to let you know that I will be taking a sabbatical this autumn from 5th September until late November. I will be spending most of the time at the Catholic University of America in Washington, where I will be undertaking theological research, and living at the Dominican House of Studies. Upon return, I will then take my annual spiritual retreat and a few days away.

The sabbatical will give time for prayer, reflection and renewal – key tenets of our collective mission – which, please God, will enable me to fulfil the ministry of Bishop with even greater energy in the years ahead, as I lead our Diocesan journey to become a simpler, humbler and bolder church, in accordance with our ten-year mission plan, *You Will be My Witnesses*.

The Diocese will be ably looked after by our two Vicars General, Canon David Hopgood, Vicar for Clergy, and Fr. James McAuley, Moderator of the Curia, and by our Episcopal Vicars and senior members of our Support and Administration Service. I am grateful to them for making this leave of absence possible. I am grateful too to the Chapter of Canons for their encouragement and support.

I look forward to returning with fresh vigour for the important work ahead of *Bringing People Closer to Jesus Christ through His Church* through the realisation of *You Will be My Witnesses*. Please pray for me – as I will for you.

In Corde Iesu,

+Philip

Bishop of Portsmouth

Alton Day of Renewal (ADoRE)

The importance of healing in sharing the Good News

So many people today declare that they are not interested in religion, but they are far more open to talking about faith if they can see that it produces tangible results, for example through healing. This was the approach that Jesus frequently took – and it's a mission that He passed on to us, His followers. As Pope Francis said in *The Joy of the Gospel*: "In virtue of their baptism, all the members of the People of God have become missionary disciples.... Every Christian is challenged, here and now, to be actively engaged in evangelization."

On July 22nd there is an opportunity to participate in a free mini-retreat morning on Zoom that will show us how healing is a powerful element in helping us to share the Good News of Jesus Christ. This meeting is hosted by "ADoRE" one of the longest-running charismatic days of renewal in the country. The session includes Mass, Adoration, Praise and Worship and inspired Teaching on practical ways to evangelise.

Guest speaker is **Marcin Stetner** of the Cor et Lumen Christi Charismatic Community.. Marcin is a gifted preacher and God uses him powerfully in healing. He has led evangelistic events and discipleship conferences for many years and thousands of people, mostly young adults, have given their lives to Jesus, been filled with the Spirit and discipled as a fruit of his ministry in the community.

This is the latest part of ADoRE's Zoom course to inspire Parish Evangelisation: "**Proclaim the Good News - we are called to be Missionary Disciples**" which is running until November, usually on the fourth Saturday of each month. We hope you can let your parishioners know about this opportunity for spiritual renewal and formation and encourage their participation in the monthly zoom meetings.

ADoRE spiritual mini-retreat 22nd July 10.00-1.00 "SIGHT FOR THE BLIND - The Charisms of healing and miracles in Evangelisation." Including Mass, Adoration, Praise and inspiring guest speaker **Marcin Stetner** of Cor et Lumen Christi community.

Please register for the Zoom meeting in advance at bit.ly/ADOREJUL202