

# SACRED HEART PARISH

Catholic Diocese of Portsmouth  
Reg. Charity No. 1199568



## FIRST SUNDAY OF LENT - Year B - 18 February 2024

**Priest in Charge:** Fr. John Chadwick

**Parish Administrator:** Mrs Jan Hughes

**Phone:** 01256 577007/07719 012955

**Website:** www.sacredhearTHOOK.org

**Office open Monday, Tuesday, & Friday mornings**

**email:** office@sacredhearTHOOK.org

**Facebook:** facebook.com/sacredhearTHOOK

**Safeguarding Minister:** Mrs Maggie Wood

**PPC Chairman:** David Brown

**email:** safeguarding@sacredhearTHOOK.org

via the parish office

Sacred Heart Church, The Priests House, London Road, Hook, Hampshire RG27 9LA

**St Vincent De Paul Society (SVP)** now have a confidential mobile phone line to assist & help. 07434 773219.

**Please note we now have CCTV Cameras around the premises for security purposes.**

### MASS TIMES

Mass in the Convent on Monday mornings at 9:30am

Daily Eucharistic Service at Maryfield Convent at 10:00am (Tues, Thurs & Fri)

### FIRST SUNDAY OF LENT

<b>Saturday 17 Feb</b>	<b>6:00 pm</b>	<b>Mass</b>	<b>Nigel Gould RIP</b>	
<b>Sunday 18 Feb</b>	<b>10.00 am</b>	<b>Mass</b>	<b>Bernard Hubball RIP</b>	<b>Live Streamed</b>
Monday 19 Feb	9:30 am	Mass		In the Convent
Wednesday 21 Feb	10.00 am			In the Convent

### SECOND SUNDAY OF LENT

<b>Saturday 24 Feb</b>	<b>6:00 pm</b>	<b>Mass</b>	<b>Good estate of Charles, Sarah and Sven</b>	
<b>Sunday 25 Feb</b>	<b>10.00 am</b>	<b>Mass</b>	<b>Alejandro Aliniab RIP</b> <b>Roy Fletcher RIP</b>	<b>Live Streamed</b>
Monday 26 Feb	9:30 am	Mass		In the Convent
Wednesday 28 Feb	10.00 am			In the Convent

### MASS INTENTIONS

If you would like a Mass Intention, please contact Jan in the Parish Office on 01256 577007 or email: office@sacredhearTHOOK.org for more information.

### CONFESSIONS AND SACRAMENT OF THE SICK

Father John is available after Mass to celebrate

Confessions or the Sacrament of the Sick.

Please see Father after Mass if you require either of these sacraments.

### WELCOMERS NEEDED

Our parish welcoming Ministry is going really well—and now we need a few more people to join us. If you would like to help out every few weeks, please let the Parish Office know.

**Caritas Appeal for Easter Eggs** We will be collecting Easter Eggs again this year so that Caritas can share these out amongst families who would otherwise go without.

Thank you.



## **PLEASE PRAY FOR ALL THE SICK IN OUR PARISH**

Lord, have all those who are unable to be with us at Mass in Your safekeeping as we remember:

Joan Coleman, Debbie Cavedon, Jacob Weston, Mike Murch, Charlie Carruthers, Fr Kevin Delaney, Fr Don Clement, Fr Paul Leonard, Ken Musgrave Patrica Ringrose-Voase & David Xavier



## **WELCOME**

A very warm welcome to all parishioners and visitors who join us. If you are new to the area, please contact the Parish office to register as a member of our Parish

## **THE SACRISTY**

Is a place of prayer and contemplation and should be an oasis of calm, before and after Mass. The Priest and Servers need time and space in order to prepare themselves for The Holy Sacrifice of the Mass.

Please respect this and refrain from visiting the Sacristy in the last 15 mins before Mass.

## **GIFT AID**

Thank you to those people who have signed gift aid declarations during 2023 in the name of Catholic Diocese of Portsmouth. However, there are many parishioners who are yet to sign a new form, and because of this our Parish income will be reduced by over £5,000 this year. Any UK taxpayer can sign a simple gift aid declaration and the Parish is able to claim a further 25% on your donations. A form, which is available on the welcomers table and attached to this newsletter, can be returned to [office@sacredhearthook.org](mailto:office@sacredhearthook.org) or via the Parish letterbox. Many thanks.

## **DONATIONS TO THE PARISH**

The easiest way to make a donation to the Parish is Online at: [www.sacredhearthook.org/donations](http://www.sacredhearthook.org/donations) or via our new contactless terminal located by the back of the Church.

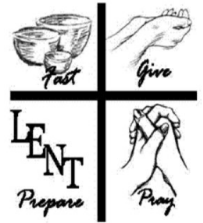
To set up a Standing Order, our bank account details are: Lloyds Bank A/C number 00880117: Sort Code: 30 93 04 Name: CDP Sacred Heart Hook (Please also use this for cheque payments)

## **PHOTOGRAPHS**

You may be aware that photos are taken at some of the church/parish events. For this purpose we need to know if there are any objections to these being put on the website or parish Facebook. If you do not want to appear in the above please make your objection known. Many thanks.

## **LENT 2024**

Lent is a time to prepare for Holy Week's commemoration of Our Lord's Passion, Death and Resurrection.



**During Lent we do not sing or say** either the Gloria or the Alleluia, flowers do not decorate the Church and Baptisms are held over until Easter.

## **LENT 2024**

"I know God will not give me anything I can't handle. I just wish that He didn't trust me so much"  
*'Mother Teresa'*

### ***Every Friday in Lent***

*12:00 noon Stations of the Cross in the church followed by a Simple Lunch*

### ***Every Sunday in Lent***

*4:00 pm The Way of the Cross in Maryfield Convent*

## **LITURGY OF THE WORD**

### **First Sunday in Lent**

**First Reading** Genesis 9: 8 - 15

**Responsorial Psalm:** Psalm 24

**Your ways, Lord, are faithfulness and love for those who keep your covenant.**

**Second Reading:** 1 Peter 3: 18 - 22

**Gospel Acclamation**

**Praise to you, O Christ, king of eternal glory!**

**Man does not live on bread alone,**

**But on every word that comes from the mouth of God.**

**Praise to you, O Christ, king of eternal glory!**

**Gospel** Mark 1: 12 - 15



## **STATIONS OF THE CROSS AND LENTEN LUNCH**

During Lent the UCM will be celebrating the Stations of the Cross in the Church at 12 noon on Friday's followed by soup and bread in the Church Hall. Voluntary donations will be given to CAFOD. Everyone is invited, so please do come along and feel free to bring a friend, to both or either to the Stations or just lunch

There are 6 Fridays

16<sup>th</sup> February, 23<sup>rd</sup> February, 1<sup>st</sup> March, 8<sup>th</sup> March, 15<sup>th</sup> March & 22<sup>nd</sup> March

## **REPOSITORY**

Please check out our repository in the porch.

If there is anything you would like please ask Cecile or the Parish Office.

## **TERRY WRIGHT**

Thank you to everyone for donating to Alzheimer's UK in memory of dad. We raised £525.

Doreen & family

## **'LEANING INTO LENT 2024'**

***at the Hogget, London Road, Hook***

<https://thehogget.co.uk/>

*22<sup>nd</sup> February 7-9pm - The Father, Almighty. Really?*

*29<sup>th</sup> February 7-9pm - The Son, will He come again?*

*7<sup>th</sup> March 7-9pm - Where is the Holy Spirit?*

*14<sup>th</sup> March 7-9pm - The Church is catholic?*

*21<sup>st</sup> March 7-9pm - Forgiveness, Life and Love.*

*Dear Brothers and Sisters, just wanted to flag the above to you for your diaries. If you are anything like me, Lent creeps up seemingly out of nowhere every year to be met with little enthusiasm. This year I thought we could collectively take a little more time to gently lean into this Grace-filled season, so that we can be best placed to receive the Lord's blessings this Easter.*

*The evenings will be loosely framed around our faith set out in the Apostles Creed. We will spend a little time with God's Word, some input from me around the stated theme for the week. Then an interview with a surprise guest who will generously share something of their own faith journey with the rest of us.*

*Father John C*

## **THOUGHT FOR THE WEEK**

Lent is a time for heart surgery. Every year we are given this opportunity to allow God access to our hearts.

*"Let your hearts be broken, not your garments torn."*

A broken heart is never a pleasant experience, but it does focus life. In the devastating experience of brokenness, we realise - perhaps for the first time - the true extent of how we felt all along. Paradoxically, we are now confronted with their absence.

Lent is given to teach us how to avoid a broken heart when it comes to God. When our earthly time is over, God will want to greet us without any doubt in His mind as to where our hearts have truly laid all these years. He will grieve with us if we have left it too late to show what we feel.

Allowing God to work on our hearts needs time. No relationship will survive without time. So, let's make time over the next six weeks to go into our room with the Lord in prayer, most especially in listening!

Let's give God some time to work on our desires. Fasting is given to us as a way of re-discovering self-control, to reboot our desires along Gospel lines to love God, neighbour and self, like never before.

Let's give God time to relieve the burdens others carry, and to do it through us. Alms giving, especially if it's outrageously generous, reveals the face of Christ.

May God bless you all with joy this Lent.

## **MARYFIELD CONVENT**

### **EXPOSITION OF THE BLESSED SACRAMENT**

Divine Mercy chaplet followed by the Holy Rosary will take place in the Convent Chapel at 3pm on Fridays. Everyone is welcome

### **COME AND WATCH WITH ME**

Visiting Our Lord in the Blessed Sacrament is one of the Six Holy Habits.

The Six Holy Habits:

- Spending five minutes a day in prayer
- Attending Mass on Sunday
- Keeping Friday as a day of penance
- Paying a fortnightly visit to Jesus in the Blessed Sacrament
- Going to confession once a month
- Joining a small group for formation, prayer and fellowship

### **MARYFIELD CONVENT**

#### **FAITH SHARING PRAYER MEETING**

First Tuesday of the month.

Next meeting—Tuesday 5th March 10:30am  
in the tea room

#### **ADORATION FOR PEACE**

Tuesday evenings 7:30—8:30pm

**During Lent**

#### **The WAY OF THE CROSS**

SUNDAYS AT 4PM

## **WANTING TO VOLUNTEER?**

Caritas Portsmouth supports parishes and schools to become the 'church beyond walls' to help meet the needs in our local communities. Our volunteer team help make this happen, by running and supporting specific projects, promoting our work within the parish/community and fundraising so we can get new projects off the ground. We would be delighted if you would join us. Please visit our website (<https://caritas.org.uk/act/>) or email us at [caritas@portsmouthdiocese.org.uk](mailto:caritas@portsmouthdiocese.org.uk)

## **CAFOD Family Fast Day - Fri 23 February**

This Lent, your donations to CAFOD's Family Fast Day appeal will help hardworking people like James the fisherman in Liberia with resources, tools and training to feed their families for good. Give today using the envelope or online at [cafod.org.uk](http://cafod.org.uk) and please join us in praying with James that our sisters and brothers around the world have what they need to feed their families.

## **RITE OF ELECT**

at 11am on Saturday 17th February at Portsmouth Cathedral - all welcome

## **WORLD DAY OF PRAYER**

Friday 1 March 2024 at 2pm .  
in Sacred Heart Church.

WDP: A women led, global, ecumenical movement of Informed Prayer; Prayerful Action.  
Theme: I beg you, bear with one another in love.  
Ephesians 4:

The 2024 service was prepared by the Christian women of Palestine well before the recent trouble in the area but is very relevant. They are asking us to connect with the land from where Jesus came; where he was born, ministered & died & from where our faith began & is rooted. Despite living in an area of the world where there is ongoing conflict & the future is uncertain, the women of Palestine are sharing with love a reminder that they are there, & they want to give hope to everyone.

Be part of the great wave of prayer starting in Samoa at the IDL, across oceans & continents, until the final service at sunset in American Samoa.

## **DIOCESAN RECRUITMENT**

For details of all the latest job vacancies across the Diocese please click the link:  
[www.portsmouthdiocese.org.uk/about-us/other/jobs/](http://www.portsmouthdiocese.org.uk/about-us/other/jobs/)



## **PILGRIMAGE TO WALSINGHAM -**

### **THE SHRINE OF OUR LADY**

St. Bede's invites us to participate in this two day trip, departing from Basingstoke by coach early on Friday 31st May and returning early evening on Saturday 1st June. The estimated cost is £250 (depending on final numbers) to include the coach plus half board in a 3 star hotel. To register your interest please email Susan Beard: [ssusanbeard@gmail.com](mailto:ssusanbeard@gmail.com). Susan will be holding a meeting in St Bede's Church hall on Saturday 27th January to outline the itinerary.

## **NO GREATER LOVE:**

### **A BIBLICAL WALK THROUGH CHRIST'S PASSION**

We often hear about Jesus' passion and death, but imagine experiencing them for the very first time. In No Greater Love: A Biblical Walk Through Christ's Passion, we are going to walk step-by-step with Jesus on His journey from His agony in the garden to His crucifixion on Calvary. Along the way, we will unpack the biblical background to these events, the prophecies, and most especially, the ways Jesus is inviting us to walk more closely with Him today. No Greater Love is a five-part Bible study program that will begin this Lent on Monday evenings from 7.30 to 9 pm starting on Monday 19th February. For more information and to register, follow this link: [No Greater Love - Course Registration \(google.com\)](http://No Greater Love - Course Registration (google.com))

## **LEARNING TO TRUST GOD'S PROMISES**

St. Paul says that God "chose us in [Christ] ... to be holy" (Ephesians 1:4). It's a vitally important truth of our faith that every baptised person is called to holiness, chosen by the Lord to be fruitful (John 15:16). To understand & live this truth, it is necessary for us to trust God's promise that He has chosen us to be holy, indeed to trust all of God's promises. On February 24th there is an opportunity to participate in a free mini-retreat morning on Zoom that will explain more about trusting God & praying His promises. This month's mini retreat is part of the 2024 programme "Chosen to be holy - transformation by the Holy Spirit," which aims to deepen our appreciation of the call to holiness, & the understanding that this can only be achieved through the transforming action of the Holy Spirit. The meeting is hosted by "ADoRE" The session includes Mass, Adoration, Praise & Worship, inspired Teaching & Prayer for all participants to be refilled with the Holy Spirit. Our special guest speaker is Mary Hirst.