

# SACRED HEART PARISH

Catholic Diocese of Portsmouth  
Reg. Charity No. 1199568



## SECOND SUNDAY OF LENT - Year A - 1 March 2026

**Priest in Charge:** Fr. John Chadwick  
**Parish Administrator:** Mrs Jan Hughes **Office open Monday, Tuesday, Wednesday & Thursday mornings**  
**Phone:** 01256 577007/07719 012955 **email:** office@sacredhearthook.org  
**Website:** www.sacredhearthook.org **Facebook:** facebook.com/sacredhearthook  
**Safeguarding Minister:** Mrs Maggie Wood **email:** safeguarding@sacredhearthook.org  
**PC Chairman:** Shanthi Fernando via the parish office or ppc@sacredhearthook.org

Sacred Heart Church, The Priests House, London Road, Hook, Hampshire RG27 9LA

**St Vincent De Paul Society (SVP)** now have a confidential mobile phone line to assist & help. 07434 773219.

**Please note we now have CCTV Cameras around the premises for security purposes.**

### MASS TIMES

Mass in the Convent on Monday mornings at 9:30am  
Daily Eucharistic Service at Maryfield Convent at 10:00am (Tues, Wed, Thurs, Fri & Sat)

### SECOND SUNDAY OF LENT

Sat 28 Feb	6:00 pm	Mass	People of the Parish
Sun 1 Mar	10:00 am	Mass	People of the Parish
Mon 2 Mar	9:30 am	Mass in the Convent	

### THIRD SUNDAY OF LENT

Sat 7 Mar	6:00 pm	Mass	
Sun 8 Mar	10:00 am	Mass	
Mon 9 Mar	9:30 am	Mass in the Convent	

### CONFESSIONS & SACRAMENT OF THE SICK

Father John will be available after Mass for Confessions and/or the Sacrament of the Sick.

### MASS INTENTIONS

If you would like a Mass Intention, please contact Jan in the Parish Office on 01256 577007.

### PASTORAL AREA LENTEN RECONCILIATION

The Pastoral Area Lenten Reconciliation will take place at 7.30 pm on Friday 27th March in St Bede's Church. A number of Priests will be available to minister the Sacrament of Forgiveness. This is a wonderful opportunity to prepare for Holy Week & Easter.



### PARISH FINANCE

Dona Plates Contactless giving made easy (with Gift Aid optional) - See the machine at the back of the church  
Standing Orders Please contact the Parish Office for more details.

### BACS Transfer

Our bank details are: CDP Hook Sacred Heart (Lloyds Bank) : Sort Code 30-93-04 Account 00880117

Cheques Payable to 'CDP Hook Sacred Heart'

Gift Aid payers are encouraged to contact the office at: office@sacredhearthook.org

## **PLEASE PRAY**

Lord, have all those who are unable to be with us at Mass in Your safekeeping as we remember: Debbie Cavedon, Jacob Weston, Mike Murch, Nikki Pink, Ken Musgrave, Sylvia Hosking, Fr Jean Patrice, David Xavier, John Kidd, Anne Mitchell, Peter Ward, Sheila Barlow, Andrew Henderson, Maeve & John Crangle & Graziano Amodeo



## **LENT 2026**

Lent is a time to prepare for Holy Week's commemoration of Our Lord's Passion, Death and Resurrection.



"I know God will not give me anything I can't handle. I just wish that He didn't trust me so much"  
*'Mother Teresa'*

Here are some of the things the parish will be offering to help you during Lent.

Confessions: After Saturday & Sunday Mass  
Stations of the Cross Friday at 12 noon in the church followed by a soup lunch  
Stations of the Cross Sunday 4pm in the Church Followed by Benediction  
Reconciliation Service Fri 27th March at 7:30pm in St Bede's Church

## **STATIONS OF THE CROSS**

There will be Stations of the Cross with Benediction led by Father John C on Sunday afternoons at 4pm during Lent. (1, 8, 15 & 22 March)

## **PASTORAL COUNCIL (SACRED HEART)**

The next meeting of the PC is on Saturday 14 March. If you have any questions for the PC then please either email them to [ppc@sacredhearthook.org](mailto:ppc@sacredhearthook.org) or drop them into the parish office.

The minutes from the meeting on Saturday 14 February are available from the welcomers table.

## **PASTORAL AREA COMMITTEE (BASINGSTOKE)**

### **SENIOR LEADERSHIP TEAM**

Shanthi Fernando is our representative of the SLT  
The next meeting is on Saturday 28th February, when suggestion for a name for the larger parish will be considered.

## **DATES FOR YOUR DIARIES**

Sat 28th Feb FHC 3pm in the hall  
Sat 14 March PC meeting 10am in the hall  
Sat 21 March St Patrick's Day celebration after Mass

## **WELCOME**

A very warm welcome to all parishioners and visitors who join us. If you are new to the area, please contact the Parish office to register as a member of our Parish. Parish Registration forms are available from the welcomers table.

## **LITURGY OF THE WORD**

### **SECOND SUNDAY IN LENT**



**First Reading** Genesis 12: 1 - 4

**Responsorial Psalm:** Psalm 32

**May your love be upon us, O Lord,  
as we place all our hope in you.**

**Second Reading:** 2 Timothy 1: 8 - 10

**Gospel Acclamation**

**Glory and praise to you, O Christ!**

**From the bright cloud, the Father's voice was heard:**

**'This is my Son, the Beloved. Listen to him.'**

**Glory and praise to you, O Christ!**

**Gospel** Matthew 17: 1 - 9

## **SALT AND GRIT BIN**

Just a reminder that there is a salt and grit bin by the side of the disabled parking bays, for use when the car park area is icy.



## **LONDON MARATHON**

Jackie Harrison and my husband Andy are running the London Marathon in April and we are raising money for Children with cancer UK and the Autistic society. We are holding our annual Curry night at the Hook Tandoori on Monday 2nd March. Lots of food (starters/poppadom, curry dishes, rice and naan breads) and a raffle. Tickets £25 if you would like to join us please contact Jackie or myself. It's always a great night. Would love to see you Best Wishes  
Andrea and Jackie 07823449333 or 07881620701

## **MARYFIELD CONVENT**

### **EXPOSITION OF THE BLESSED SACRAMENT**

Divine Mercy chaplet followed by the Holy Rosary will take place in the Convent Chapel at 3pm on Fridays.

Everyone is welcome

### **FAITH SHARING PRAYER MEETING**

First Tuesday of the month.

At 10:30am

in the tea room

### **TUESDAY UCM KNITTING AND CROCHET GROUP**

2nd, 3rd & 4th Tuesday of the month

At 10:30 in the tea room

### **ADORATION FOR PEACE**

Tuesday evenings 7:30—8:30pm

### **ILL AT HOME OR IN HOSPITAL**

If you are ill and are unable to attend Mass, please let Sister Mary-Doris know, we can then arrange for communion to be brought to you. If you are in hospital or know that you are going to go in, let us know in the office by phone 01256 577007 and Sister Mary-Doris on 07899 653413

### **THE SACRISTY**

Is a place of prayer and contemplation and should be an oasis of calm, before and after Mass. The Priest and Servers need time and space in order to prepare them selves for The Holy Sacrifice of the Mass. **Please respect this and refrain from visiting the Sacristy in the last 15 mins before Mass.** Unless there is an emergency, of course.

### **THE CHURCH—BEFORE MASS**

Many have asked me that we try and keep our voices down before Mass so that we can all offer our prayers to God in relative peace before Mass begins. We are a beautiful family of faith at Sacred Heart, therefore very important we chat and catch up. But if we can try and leave this until after Mass it would be much appreciated.

Many thanks. Fr J C

### **ST PATRICK'S EVENING**

We are planning on holding a St Patrick's day celebration on Saturday 21st March after Mass. Stephen will be organising live music, if you are able to play an instrument and would to be involved please contact Stephen on [stephencolhoun@aol.com](mailto:stephencolhoun@aol.com) or call 07743318322

### **PARISH ST PATRICK'S DAY CELEBRATION**



We will be celebrating St Patrick's Day on Saturday 21 March  
at 7pm in the Parish Hall.



Everyone is warmly welcome to join us.

Come and enjoy a relaxing evening in the company of your fellow parishioners

We kindly ask those attending to please bring a plate of food and drinks to share.

There will be a sign-up sheet at the back of the church—please add your name and food you will be bringing

Thank you, and we look forward to celebrating together.

### **PARISH COLLECTION**

Collection for the weekend of the 15 & 22 February amounted to £1,742.08 from Standing Orders, Direct Debits and Mass Collections.

**Thank you for your generosity.**

### **UCM**

Our Parish has a vibrant and growing Union of Catholic Mothers (UCM) Catholic women join the UCM for a variety of reasons as meetings provide fellowship and friendship and a blend of social and spiritual activities. We've been going for three years in this parish and have raised money for various charities as well as organised social functions. You don't have to be a mother to join, all Catholic women, married or single are welcome so please speak to one of our members after Mass if you would like more details.

### **STATIONS OF THE CROSS AND SOUP LUNCH**

The UCM will be doing the Stations of the Cross every Friday at 12 noon in the church during Lent. This will be followed by a Soup Lunch in the hall. Everyone is welcome. Voluntary donations will be in aid of CAFOD. The first Friday will be the 20<sup>th</sup> February 2026. On the last Friday (27<sup>th</sup> March) we hope to re-enact a Passover Meal. More details to follow.

## First Sunday in Lent – Year A – 2026 – Hook

**Hooked.** Imagine the scene, me standing in a river on the Isle of Skye fly fishing. All the gear, and no idea! Endless streams of spectators wondering if they would see me catch some silver. Five hours had passed when a felt a bite. A few seconds later some colour. It was a Salmon Parr, about 2 inches long. After I had given it the Sacrament of the Sick, it swam off without a bother.

Rod fishing involves deception, tempting the fish into believing the fly is in fact food. So it is with the evil one. He deceives and misleads us into thinking, even momentarily, that something is good – of God – when in reality it isn't. On the face of it, bread is a good thing. It's food, but if it becomes more than nutrition, an obsession even, food can become a bad thing. On the face of it, depending on others is a good and healthy thing, but if it leads to renouncing all personal responsibility, it becomes a bad thing. On the face of it, power and influence are good things leading to just and peaceful societies. When used to prosper personal greed and ambition, it becomes a bad thing. Left unchecked, anything good can become bad, even addictive. Rather than prospering us, it can end up taking our freedom away. We become slaves. Without freedom, we struggle to choose anything. We will struggle to choose God. That's why the evil one hides behind otherwise good things to ensnare us.

Jesus entered into every aspect of human living save for sin. Thus, today, we hear about Him being tempted with 'good' things. In each instance the Lord was asked to choose, to choose God or choose captivity. The evil one will use anything to encourage us to distance, even separate, ourselves from God under the guise of 'harmless' wants. Our Lenten observances, prayer, fasting, and alms giving are not seasonal exercises of willpower. They are reminders of what should be going on all year round to nurture our freedom, so that we can **choose God and the Way of His Son.**

Matthew 4:1-11

Fr John C

### **FORMATION MORNING FOR EXTRAORDINARY MINISTERS OF HOLY COMMUNION**

Fr Anthony Fyk, Director of Liturgical Formation and the Liturgy Formation team invite you to a formation morning at St Peter's Pastoral Centre, Winchester on Saturday 9th May 2026 commencing with Mass at 9 am. There will be a welcome session from Fr Anthony, a talk focusing on the Eucharist in the sacred scriptures as well as a session on Lectio Divina: "Living a Eucharistic life – what does it mean to live out the eucharist?"

All Eucharistic Ministers, experienced and new, are very welcome to attend.

If you wish to attend, please register via [liturgy@portsmouthdiocese.org.uk](mailto:liturgy@portsmouthdiocese.org.uk).

### **VOLUNTEER DEBT ADVISERS URGENTLY NEEDED – JUNCTION 5 MONEY ADVICE**

Junction 5 is a Christian-based money advice centre and a ministry of Life Church Hook, helping people in the Hart area struggling with debt, finances or budgeting. Our free service is open to everyone, of any faith or none.

Without new volunteer Debt Advisers soon, this vital service may have to close.

**Come to our informal Information Evening** Find out what's involved – no obligation to commit

Contact us for more information [advisers@junction5.org](mailto:advisers@junction5.org) or 01256 769953

### **EASTER EGGS AND TOILET ROLLS**

"With Easter Eggs in the shops already, I was hoping we could we start an early collection this year for our families in need and for this year we have been asked to collect for the Stella Maris charity for the Seafarer's. Perhaps we could ask families and friends to donate so we have plenty to offer! Thank you as always, Brita"

**Pope Leo XIV** offers a practical Lenten message for Christians everywhere:

I would like to invite you to a very practical and frequently unappreciated form of abstinence: that of refraining from words that offend and hurt our neighbour. Let us begin by disarming our language, avoiding harsh words and rash judgement, refraining from slander and speaking ill of those who are not present and cannot defend themselves.

Instead, let us strive to measure our words and cultivate kindness and respect in our families, among our friends, at work, on social media, in political debates, in the media and in Christian communities. In this way, words of hatred will give way to words of hope and peace.