

SACRED HEART PARISH

Catholic Diocese of Portsmouth
Reg. Charity No. 1199568



SIXTH SUNDAY IN ORDINARY TIME - Year A - 15 February 2026

Priest in Charge: Fr. John Chadwick
Parish Administrator: Mrs Jan Hughes **Office open Monday, Tuesday, Wednesday & Thursday mornings**
Phone: 01256 577007/07719 012955 **email:** office@sacredhearthook.org
Website: www.sacredhearthook.org **Facebook:** facebook.com/sacredhearthook
Safeguarding Minister: Mrs Maggie Wood **email:** safeguarding@sacredhearthook.org
PC Chairman: Shanthi Fernando **via the parish office or** ppc@sacredhearthook.org

Sacred Heart Church, The Priests House, London Road, Hook, Hampshire RG27 9LA

St Vincent De Paul Society (SVP) now have a confidential mobile phone line to assist & help. 07434 773219.

Please note we now have CCTV Cameras around the premises for security purposes.

MASS TIMES

Mass in the Convent on Monday mornings at 9:30am
Daily Eucharistic Service at Maryfield Convent at 10:00am (Tues, Wed, Thurs, Fri & Sat)

SIXTH SUNDAY IN ORDINARY TIME

Sat 14 Feb	6:00 pm	Mass	
Sun 15 Feb	10:00 am	Mass	Intentions of Cecile Salter Oliver Duffin RIP
Mon 16 Feb	9:30 am	Mass in the Convent	

ASH WEDNESDAY

Wed 18 Feb	10:00am 6:30pm	Intentions of Rory Clohessy
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FIRST SUNDAY OF LENT

Sat 21 Feb	6:00 pm	Mass	
Sun 22 Feb	10:00 am	Mass	Intentions of Lucas Laski
Mon 23 Feb	9:30 am	Mass in the Convent	

CONFESSIONS & SACRAMENT OF THE SICK

Father John will be available after Mass for Confessions and/or the Sacrament of the Sick.

MASS INTENTIONS

If you would like a Mass Intention, please contact Jan in the Parish Office on 01256 577007.

PARISH FINANCE

Dona Plates Contactless giving made easy (with Gift Aid optional) - See the machine at the back of the church

Standing Orders Please contact the Parish Office for more details.

BACS Transfer

Our bank details are: CDP Hook Sacred Heart (Lloyds Bank) : Sort Code 30-93-04 Account 00880117

Cheques Payable to 'CDP Hook Sacred Heart'

Gift Aid payers are encouraged to contact the office at: office@sacredhearthook.org

PLEASE PRAY

Lord, have all those who are unable to be with us at Mass in Your safekeeping as we remember: 
Debbie Cavedon, Jacob Weston, Mike Murch, Nikki Pink, Ken Musgrave, Sylvia Hosking, Fr Jean Patrice, David Xavier, John Kidd, Anne Mitchell, Peter Ward, Sheila Barlow, Andrew Henderson, Maeve & John Crangle & Graziano Amodeo

ASH WEDNESDAY

Mass and distribution of Ashes
Wednesday 18 February 10 am and 6:30pm in the Church
Please note for the 6:30 Mass we will be sharing the carpark with the AA (who use the hall). Please park on the convent side of the church, the convent carpark or away from the church. Please be mindful not to block any entrances or the care home. Thank you
Ash Wednesday like Good Friday is a day when fasting is binding on all Catholics aged 18—60 yrs old, and abstinence is binding on all Catholics aged 14+. To fast is to noticeably reduce our food and drink intake; to abstain is to freely give up a particular food or entertainment.

DATES FOR YOUR DIARIES

Sat 14th Feb	PPC & Finance Meeting
Wed 18th Feb	Ash Wednesday 10am & 6:30pm Mass
Sat 21 Feb	UCM 10:30 in the convent
Sat 28th Feb	FHC 3pm in the hall
Sat 21 March	St Patrick's Day celebration

SALT AND GRIT BIN

Just a reminder that there is a salt and grit bin by the side of the disabled parking bays, for use when the car park area is icy.



WELCOME

A very warm welcome to all parishioners and visitors who join us. If you are new to the area, please contact the Parish office to register as a member of our Parish. Parish Registration forms are available from the welcomers table.

LITURGY OF THE WORD

SIXTH SUNDAY IN ORDINARY TIME



First Reading Ecclesiasticus 15: 15 - 20

Responsorial Psalm: Psalm 118

They are happy who follow God's law.

Second Reading: 1 Corinthians 2: 6 - 10

Gospel Acclamation

Alleluia, alleluia!

**Speak, Lord your servant is listening;
you have the message of eternal life.**

Alleluia!

Gospel Matthew 5: 17 - 37

CHILDREN'S LITURGY

Regrettably Children's Liturgy will not take place this weekend (15th February), but will be back on Sunday 22nd February.

STATIONS OF THE CROSS

There will be Stations of the Cross with Benediction led by Father John C on Sunday afternoons at 4pm during Lent. (22 Feb & 1, 8, 15 & 22 March)

PARISH COLLECTION

Collection for the weekend of the 1 & 8 February amounted to £1,669.74 from Standing Orders, Direct Debits and Mass Collections.

Thank you for your generosity.

OTHER LOCAL CHURCH, SUNDAY MASS TIMES

St Joseph's, Basingstoke

Rev Paul Leonard

Masses at 6pm Sat / 9am & 11am Sun

St Bede's, Basingstoke

Rev John Lee

Masses at 9am, 11am & 6pm Sun

St Michael's, Tadley

Rev Stephen Vooght

Masses 6pm Sat / 9am Sun

St Oswald's, Burghfield

11am Sundays

MARYFIELD CONVENT

EXPOSITION OF THE BLESSED SACRAMENT

Divine Mercy chaplet followed by the Holy Rosary will take place in the Convent Chapel at 3pm on Fridays.

Everyone is welcome

FAITH SHARING PRAYER MEETING

First Tuesday of the month.

At 10:30am

in the tea room

TUESDAY UCM KNITTING AND CROCHET GROUP

2nd, 3rd & 4th Tuesday of the month

At 10:30 in the tea room

ADORATION FOR PEACE

Tuesday evenings 7:30—8:30pm

ILL AT HOME OR IN HOSPITAL

If you are ill and are unable to attend Mass, please let Sister Mary-Doris know, we can then arrange for communion to be brought to you. If you are in hospital or know that you are going to go in, let us know in the office by phone 01256 577007 and Sister Mary-Doris on 07899 653413

THE SACRISTY

Is a place of prayer and contemplation and should be an oasis of calm, before and after Mass. The Priest and Servers need time and space in order to prepare them selves for The Holy Sacrifice of the Mass. **Please respect this and refrain from visiting the Sacristy in the last 15 mins before Mass.** Unless there is an emergency, of course.

THE CHURCH—BEFORE MASS

Many have asked me that we try and keep our voices down before Mass so that we can all offer our prayers to God in relative peace before Mass begins. We are a beautiful family of faith at Sacred Heart, therefore very important we chat and catch up. But if we can try and leave this until after Mass it would be much appreciated.

Many thanks. Fr J C

ST PATRICK'S EVENING

We are planning on holding a St Patrick's day celebration on Saturday 21st March after Mass.

Stephen will be organising live music, if you are able to play an instrument and would to be involved please contact Stephen on stephencolhoun@aol.com or call 07743318322

LENT INVITATION TO PRAYER AND RENEWAL

Through prayer, we learn to listen for what God is doing among us. Recently, we shared prayer cards linked to our Local Mission Plan and invited everyone to pray for the life and future of our parish. As we approach Lent, we would like to build on that invitation by turning our attention more deeply to prayer itself, not only in church but also in the quiet of everyday life at home. Over Lent, we will be hosting a six-week online prayer course on Monday evenings from 7:30 to 9:00, starting on the first Monday of Lent.

The sessions will be simple and practical, drawing on Scripture, the wisdom of the saints, and gentle guidance on the challenges people often face when praying. This course is open to everyone and may also be a quiet way to invite a family member or friend who has drifted from faith to take a step back towards God this Lent.

Register using this link (<https://forms.gle/N6yTtt5VB7aS9MWM7>) or email jkent@portsmouthdiocese.org.uk. We look forward to journeying together in prayer through Lent

ADoRE spiritual mini-retreat 28th February 10.00-1.00 on Zoom: "JESUS – NO GREATER LOVE." What is our relationship with Jesus, the source of eternal love? Mini retreat morning Including Mass, Adoration, Praise, Prophecy, Prayer for the gifts of the Holy Spirit and inspiring talk from guest speaker **Charles Whitehead KSG**, celebrated international renewal leader, speaker and author. Register in advance at bit.ly/ADOREFEB2026 More information at www.altonrenewal.com

UCM

Our Parish has a vibrant and growing Union of Catholic Mothers (UCM) Catholic women join the UCM for a variety of reasons as meetings provide fellowship and friendship and a blend of social and spiritual activities. We've been going for three years in this parish and have raised money for various charities as well as organised social functions. You don't have to be a mother to join, all Catholic women, married or single are welcome so please speak to one of our members after Mass if you would like more details.

STATIONS OF THE CROSS AND SOUP LUNCH

The UCM will be doing the Stations of the Cross every Friday at 12 noon in the church during Lent.

This will be followed by a Soup Lunch in the hall. Everyone is welcome. Voluntary donations will be in aid of CAFOD. The first Friday will be the 20th February 2026. On the last Friday (27th March) we hope to re-enact a Passover Meal. More details to follow.

UCM TUESDAY KNITTING AND CROCHET GROUP

Everyone is welcome just drop in. We meet on the 2nd, 3rd and 4th Tuesdays of every month in the Convent.

5th Sunday in Ordinary Time – 2026 – Hook

Time runs out. Driving along the motorway yesterday a sign flashed up. 'Collision ahead'. Two red X's appeared over the two outside lanes. About half the drivers pulled over to the two inside lanes. The other half thought they knew best and stayed put. Then we came to a stop. A couple of minutes later I could see the blue lights of two fire engines. They couldn't get through. After a while they managed it. Thirty minutes later I passed the scene. Whoever was in the car had to be cut out. A blanket lay entirely over something, or someone, on the ground. Can there be a time when salt lose its saltiness? Yes, there can. Jesus knew that when low-quality salt (often from the Dead Sea) comes into contact with water or moisture the sodium chloride washes away leaving behind a tasteless, powdery mineral residue. Jesus knew that there can be a time when the gift of faith can be washed away if we fail to live by faith, which is the Beatitudes of last week.

We also have to be prepared to be seen living the Beatitudes. This is how people catch faith through us. It's not about parading 'good deeds' before others to attract admiration. No. We are prepared to be seen living the Beatitudes because it is Christ – the Light - living in us that people will see. Ben caught my eye last week only because I saw Christ in him.

God's time is the present. God lives in the present tense. Our past, present and future are all in the present for God. It's easy to allow time to deceive me into forgetting the past. It's easy to be seduced to use into believing the future is guaranteed by my plans, so much so that I miss the present entirely, where God lives. God cries when we do this because we bypass Him.

Brothers and Sisters, 'time is of the essence', a legal phrase meaning specified deadlines are critical conditions, not just guidelines. When I put the Beatitudes on the back burner, I put God on the backburner. I know best. I stay in the outside lane. We have been given the gift of faith in order to shine, to illuminate Christ living in us **today, and every day.**

Matthew 5:13-16

Salt and Light

¹³ "You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot.

¹⁴ "You are the light of the world. A town built on a hill cannot be hidden.¹⁵ Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. ¹⁶ In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

Fr John C

VOLUNTEER DEBT ADVISERS URGENTLY NEEDED – JUNCTION 5 MONEY ADVICE

Junction 5 is a Christian-based money advice centre and a ministry of Life Church Hook, helping people in the Hart area struggling with debt, finances or budgeting. Our free service is open to everyone, of any faith or none. Without new volunteer Debt Advisers soon, this vital service may have to close.

Come to our informal Information Evening Find out what's involved – no obligation to commit

When: Thursday 19 February **Where:** Life Church Centre, Elms Road, Hook, RG27 9DX Refreshments available from 7.45pm

Please [sign up here](#) if you plan to come along or contact us for more information advisers@junction5.org or 01256 769953

If you are not able to attend on 19 February but would like to find out more please contact us



"Embrace your life together in Love"

Invitation to Couples to get away together and join us for a weekend to discover ways to grow deeper in love for a happier marriage and a happier life ! The weekend draws on Marriage Encounters' 50 years of wisdom and experience, based on scriptural truths, and might just be the gear change you *didn't* know you needed or thought possible.

Couples welcome whether married or in long term relationships, with faith or no faith.

ME Weekend 27th Feb - 1st Mar - Swindon - Holiday Inn Express West

To find out more or book : Visit our website: wwme.org.uk