

SACRED HEART PARISH

Catholic Diocese of Portsmouth
Reg. Charity No. 1199568



THIRD SUNDAY OF LENT - Year A - 8 March 2026

Priest in Charge: Fr. John Chadwick
Parish Administrator: Mrs Jan Hughes **Office open Monday, Tuesday, Wednesday & Thursday mornings**
Phone: 01256 577007/07719 012955 **email:** office@sacredhearthook.org
Website: www.sacredhearthook.org **Facebook:** facebook.com/sacredhearthook
Safeguarding Minister: Mrs Maggie Wood **email:** safeguarding@sacredhearthook.org
PC Chairman: Shanthi Fernando via the parish office or ppc@sacredhearthook.org

Sacred Heart Church, The Priests House, London Road, Hook, Hampshire RG27 9LA

St Vincent De Paul Society (SVP) now have a confidential mobile phone line to assist & help. 07434 773219.

Please note we now have CCTV Cameras around the premises for security purposes.

MASS TIMES

Mass in the Convent on Monday mornings at 9:30am
Daily Eucharistic Service at Maryfield Convent at 10:00am (Tues, Wed, Thurs, Fri & Sat)

THIRD SUNDAY OF LENT

Sat 7 Mar	6:00 pm	Mass	
Sun 8 Mar	10:00 am	Mass	Jacqueline Cottam RIP Ursula Payne RIP
Mon 9 Mar	9:30 am	Mass in the Convent	

FOURTH SUNDAY OF LENT

Sat 7 Mar	6:00 pm	Mass	
Sun 8 Mar	10:00 am	Mass	Rupert Aldous RIP
Mon 9 Mar	9:30 am	Mass in the Convent	

CONFESSIONS & SACRAMENT OF THE SICK

Father John will be available after Mass for Confessions and/or the Sacrament of the Sick.

MASS INTENTIONS

If you would like a Mass Intention, please contact Jan in the Parish Office on 01256 577007.

WELCOME

To Father Peter who will be celebrating Mass with us this Sunday

PASTORAL AREA LENTEN RECONCILIATION

The Pastoral Area Lenten Reconciliation will take place at 7.30 pm on Friday 27th March in St Bede's Church. A number of Priests will be available to minister the Sacrament of Forgiveness. This is a wonderful opportunity to prepare for Holy Week & Easter.



PARISH FINANCE

Dona Plates Contactless giving made easy (with Gift Aid optional) - See the machine at the back of the church

Standing Orders Please contact the Parish Office for more details.

BACS Transfer

Our bank details are: CDP Hook Sacred Heart (Lloyds Bank) : Sort Code 30-93-04 Account 00880117

Cheques Payable to 'CDP Hook Sacred Heart'

Gift Aid payers are encouraged to contact the office at: office@sacredhearthook.org

PLEASE PRAY

Lord, have all those who are unable to be with us at Mass in Your safekeeping as we remember: Debbie Cavedon, Jacob Weston, Mike Murch, Nikki Pink, Ken Musgrave, Sylvia Hosking, Fr Jean Patrice, David Xavier, John Kidd, Anne Mitchell, Peter Ward, Sheila Barlow, Andrew Henderson, Maeve & John Crangle



REST IN PEACE

Please pray for the soul of Graziano Amodeo, who died last week. His funeral service will be at 10:15am on Wednesday 18th March at Basingstoke Crematorium. Also for **Jacqueline Cottam RIP** and **Ursula Payne RIP** from Maryfield Convent who died last week, their Funerals are still to be confirmed. *May their souls and the souls of all the faithful departed, through the mercy of God. Rest in Peace.*



LENT 2026

Lent is a time to prepare for Holy Week's commemoration of Our Lord's Passion, Death and Resurrection.



"I know God will not give me anything I can't handle. I just wish that He didn't trust me so much"
'Mother Teresa'

Here are some of the things the parish will be offering to help you during Lent.

Confessions:	After Saturday & Sunday Mass
Stations of the Cross	Friday at 12 noon in the church followed by a soup lunch
Stations of the Cross	Sunday 4pm in the Church Followed by Benediction
Reconciliation Service	Fri 27th March at 7:30pm in St Bede's Church

DATES FOR YOUR DIARIES

Sat 14 March	PC meeting 10am in the hall
Sat 21 March	St Patrick's Day celebration after Mass

LITURGY OF THE WORD

THIRD SUNDAY IN LENT

First Reading Exodus 17: 3 - 7

Responsorial Psalm: Psalm 94

O that today you would listen to his voice:

'Harden not your hearts.'

Second Reading: Romans 5: 1 - 2, 5 - 8

Gospel Acclamation

Glory to you, O Christ, you are the Word of God!

Lord, you are really the saviour of the world;

Give me the living water, so that I may never get thirsty.

Glory to you, O Christ, you are the Word of God!



STATIONS OF THE CROSS

There will be Stations of the Cross with Benediction led by Father John C on Sunday afternoons at 4pm during Lent. (1, 8, 15 & 22 March)

LONDON MARATHON

Jackie Harrison and my husband Andy are running the London Marathon in April and we are raising money for Children with cancer UK and the Autistic society. We are holding our annual Curry night at the Hook Tandoori on Monday 2nd March. Lots of food (starters/poppadom, curry dishes, rice and naan breads) and a raffle. Tickets £25 if you would like to join us please contact Jackie or myself. It's always a great night.

Would love to see you Best Wishes

Andrea and Jackie 07823449333 or 07881620701

STATIONS OF THE CROSS AND SOUP LUNCH

The UCM will be doing the Stations of the Cross every Friday at 12 noon in the church during Lent.

This will be followed by a Soup Lunch in the hall.

Everyone is welcome.

Voluntary donations will be in aid of CAFOD.

The first Friday will be the 20th February 2026. On the last Friday (27th March) we hope to re-enact a Passover Meal.

PASTORAL COUNCIL (SACRED HEART)

The next meeting of the PC is on Saturday 14 March. If you have any questions for the PC then please either email them to ppc@sacredhearthook.org or drop them into the parish office.

The minutes from the meeting on Saturday 14 February are available from the welcomers table.

PASTORAL AREA COMMITTEE (BASINGSTOKE)

SENIOR LEADERSHIP TEAM

Shanthi Fernando is our representative on the SLT

MARYFIELD CONVENT

EXPOSITION OF THE BLESSED SACRAMENT

Divine Mercy chaplet followed by the Holy Rosary will take place in the Convent Chapel at 3pm on Fridays.

Everyone is welcome

FAITH SHARING PRAYER MEETING

First Tuesday of the month.

At 10:30am

in the tea room

TUESDAY UCM KNITTING AND CROCHET GROUP

2nd, 3rd & 4th Tuesday of the month

At 10:30 in the tea room

ADORATION FOR PEACE

Tuesday evenings 7:30—8:30pm

ILL AT HOME OR IN HOSPITAL

If you are ill and are unable to attend Mass, please let Sister Mary-Doris know, we can then arrange for communion to be brought to you. If you are in hospital or know that you are going to go in, let us know in the office by phone 01256 577007 and Sister Mary-Doris on 07899 653413

Second Sunday in Lent – 2026 – Hook

Who are you, really? A head teacher at a primary school set a Lenten activity for children. They had to write down the name of someone they wanted to thank God for, and why, on a piece of paper. The slip was then placed before the cross in the hall. At assembly the head teacher read out a message from a lass in Year 1. "Thank you, God, for Emily because she let me join her friends at playtime." So-called little acts of kindness are rarely little. They reveal who we really are.

The Transfiguration of our Lord was not about His transformation into someone else. It was a more a revelation of who Jesus really was, a bit like the Feast of the Epiphany. The Magi recognised, even in the tiny baby Jesus, who he really was, the Son of the Living God. Lent is given to us as a time to honestly review who we really are.

There is a principle in Christian theology called the Fundamental Option. Like a piece of Brighton Rock snapped in the middle, what would be written there? Am I fundamentally oriented towards God and my brothers and sisters? Or am I fundamentally oriented towards myself?

A person who has Jesus imprinted in the core of their being will be one who chooses the Way of Jesus, which is the Way of Repentance. They will choose to pray more.

"Listen to Him."

First and foremost, prayer is listening to God, acutely listening to His Word. A person who is following Jesus will be one who fasts, one who denies themselves to bless the lives of others, just like Emily in the playground. Fasting **MUST** be related to our giving. Fasting that is not joined to generosity is no better than a diet, and certainly not Christian. Keep going with your Lenten observance and you will **discover who you really are**, a son and or daughter of the Most High God.

Matthew 17:1-19

Fr John C

ADoRE spiritual mini-retreat 21st March 10.00-1.00 on Zoom. "THE SPIRIT OF LOVE." The Holy Spirit transforms us by opening us to God's love. Mini retreat morning Including Mass, Adoration, Praise, Prophecy, Prayer for the gifts of the Holy Spirit and inspiring talk from guest speaker **Daniella Stephens**, dynamic young Catholic evangelist and conference speaker. Register in advance at bit.ly/ADOREMAR2026 More information at www.altonrenewal.com



PARISH ST PATRICK'S DAY CELEBRATION

We will be celebrating St Patrick's Day on Saturday 21 March at 7pm in the Parish Hall.

Everyone is warmly welcome to join us.

Come and enjoy a relaxing evening in the company of your fellow parishioners

We kindly ask those attending to please bring a plate of food and drinks to share.

There will be a sign-up sheet at the back of the church—please add your name and food you will be bringing

Thank you, and we look forward to celebrating together.

'Musicians needed'

Contact Stephen on stephencolhoun@aol.com or call 07743318322 if you would like to join the band



PARISH COLLECTION

Collection for the weekend of the 15 & 22 February amounted to £1,742.08 from Standing Orders, Direct Debits and Mass Collections.

Thank you for your generosity.

EASTER EGGS AND TOILET ROLLS

"With Easter Eggs in the shops already, I was hoping we could we start an early collection this year for our families in need and for this year we have been asked to collect for the Stella Maris charity for the Seafarer's. Perhaps we could ask families and friends to donate so we have plenty to offer! Thank you as always, Brita"

NEW PARISH DATABASE SYSTEM - CHURCHSUITE

The parish is now using a new system called ChurchSuite, to manage our parishioner database and our communications like the newsletter. To do this we need to renew all the information we hold about parishioners. To ensure you remain registered as a parishioner and to continue to receive communications from the parish, including the newsletter, please make sure you have filled out a new Registration Form. There is a separate adult and child registration form.

The Adult Registration Form is available by copying and pasting the following URL link:

<https://catholicdioceseofportsmouth.churchsuite.com/-/forms/xgfxemn6>

or by scanning this QR code:



The Child Registration Form is available by copying and pasting the following URL link:

<https://catholicdioceseofportsmouth.churchsuite.com/-/forms/ury21p4z>

or by scanning this QR code:



ANSWERS TO QUESTIONS FROM PARISHIONERS—FINANCIAL INCOME

Our offertory collection is down slightly on last year, we unfortunately had some of our congregation move away from the parish. Our congregation is increasing again and we hope this means the offertory is increasing too. During 2023-24 one of the groups that hire the hall, decided to leave us. This has left us with only 1 weekly and 1 monthly hirer.

Donations received were for a couple of weddings.

We started to rent the priest's house in March 2025 and we receive £1,500 a month less any direct costs (estate agents fees, any maintenance or repairs) which leaves us £1,356. a month

INCOME	2024-2025	2023-2024
Offertory collection/SO/DD	42,997.44	44,660.06
Repository/books/papers/candles	2,213.45	1,790.40
Hall Income	1,081.00	2,501.25
Priest's House Income (Rent)	6,356.55	
Other ordinary items/interest	228.00	412.29
Legacies	1,290.00	2,220.00
Closer to Christ	4,432.67	
Donations	1,700.00	
Total Income	60,359.11	51,584.00