

SACRED HEART PARISH

Catholic Diocese of Portsmouth
Reg. Charity No. 1199568



CORPUS CHRISTI (The Body and Blood of Christ) - Year A - 7 June 2026 - Page 83

Associate Priest: Fr. John Chadwick
Parish Administrator: Mrs Jan Hughes **Office open Monday, Tuesday, Wednesday & Thursday mornings**
Phone: 01256 577007/07719 012955 **email:** office@sacredhearthook.org
Website: www.sacredhearthook.org **Facebook:** facebook.com/sacredhearthook
Safeguarding Minister: Mrs Maggie Wood **email:** safeguarding@sacredhearthook.org
PC Chairman: Shanthi Fernando **via the parish office or** ppc@sacredhearthook.org

Sacred Heart Church, The Priests House, London Road, Hook, Hampshire RG27 9LA

St Vincent De Paul Society (SVP) now have a confidential mobile phone line to assist & help. 07434 773219.

Please note we now have CCTV Cameras around the premises for security purposes.

MASS TIMES

Mass in the Convent on Monday mornings at 9:30am

Daily Eucharistic Service at Maryfield Convent at 10:00am (Tues, Wed, Thurs, Fri & Sat)

MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI)

Sat 6 June	11:00 am	Mass	First Holy Communion
	6:00 pm	Mass	Intentions of Mike Ward Connie Weston RIP Catherine & Christopher Engagement Blessing Catherine Confirmation
Sun 7 June	10:00 am	Mass	First Holy Communion Candidates
Mon 8 June	9:30 am	Mass in the Convent	

THE MOST SACRED HEART OF JESUS

Fri 12 June	10:00 am	Mass	
-------------	----------	------	--

ELEVENTH SUNDAY OF ORDINARY TIME

Sat 13 June	6:00 pm	Mass	Laski Family Intentions
Sun 14 June	10:00 am	Mass	Joanna's Intentions Dermot Wallace RIP Douglas Yates-Mercer RIP
	12:00noon	Baptism	Toby Marks
Mon 15 June	9:30 am	Mass in the Convent	

CONFESSIONS & SACRAMENT OF THE SICK

Father John will be available after Mass for Confessions and/or the Sacrament of the Sick.

MASS INTENTIONS

If you would like a Mass Intention, please contact Jan in the Parish Office on 01256 577007.

PARISH FINANCE

Dona Plates Contactless giving made easy (with Gift Aid optional) - See the machine at the back of the church

Standing Orders Please contact the Parish Office for more details.

BACS Transfer

Our bank details are: CDP Hook Sacred Heart (Lloyds Bank) : Sort Code 30-93-04 Account 00880117

Cheques Payable to 'CDP Hook Sacred Heart'

Gift Aid payers are encouraged to contact the office at: office@sacredhearthook.org

PLEASE PRAY

Lord, have all those who are unable to be with us at Mass in Your safekeeping as we remember:
Debbie Cavedon, Jacob Weston, Mike Murch, Ken Musgrave, Sylvia Hosking, Fr Jean Patrice, David Xavier, John Kidd, Anne Mitchell, Peter Ward, Sheila Barlow, Andrew Henderson & Maeve Crangle



Feast of the Sacred Heart 12th June. MASS at 10 am.

Come and celebrate 71 Years of Sacred Heart Parish in Hook Hopefully some of the windows will be decorated by parishioners. Anyone is welcome to decorate a window and the church will be available for this on Wednesday and Thursday that week to be ready for Friday morning.

CORPUS CHRISTI PROCESSION

On Sunday 7th June, after Mass, The Feast of Corpus Christi, we hope that you will join us in a traditional Corpus Christi procession, within the Church and Convent grounds. This is an exciting opportunity for the children of the Parish to lead the procession and scatter flower petals in honour of the Blessed Sacrament.



PARISH COLLECTION

Collection for the weekend of the 24 & 31 May amounted to £1,714.79 from Standing Orders, Direct Debits, Contactless and Mass Collections.

Thank you

FIRST HOLY COMMUNION

Please pray for all our FHC Candidates who celebrated their First Holy Communion this Saturday here at Sacred Heart.

Congratulations to Phoebe, Maja, Hanna, Sophie, Rutendo, Poppy, Annabelle, Rory, Christa, Jeswin, Luke, Cora, Talullah & Marcus.

A huge "thank you" to Katharine, Emrys and Jan for running the programme for us.



PASTORAL COUNCIL (SACRED HEART)

If you have any questions for the PC then please either email them to ppc@sacredhearhook.org or drop them into the parish office.

The minutes are available from the welcomers table.

PASTORAL AREA COMMITTEE (BASINGSTOKE)

SENIOR LEADERSHIP TEAM

Shanthi Fernando is our representative on the SLT Interim Finance Committee meeting Wednesday

WELCOME

A very warm welcome to all parishioners and visitors who join us. If you are new to the area, please contact the Parish office to register as a member of our Parish. Parish Registration forms are available from the welcomers table.

LITURGY OF THE WORD

MOST HOLY BODY & BLOOD OF CHRIST



First Reading Deuteronomy 8: 2 - 3, 14 - 16

Responsorial Psalm: Psalm 147

O praise the Lord, Jerusalem!

Second Reading: 1 Corinthians 10: 16 - 17

Gospel Acclamation

Alleluia, alleluia!

I am the living bread which has come down from heaven, says the Lord.

Anyone who eats this bread will live forever.

Alleluia!

Gospel John 6: 51 - 58

PARISH BBQ 7th June 2024 ALL ARE WELCOME.

Please come and join in our annual Parish Get together to be held at the Parish Hall/ Back Garden after the Corpus Christi Procession on Sunday 7th June. There is a list at the back of the church so please put your names down together with the number of attendees coming from your family, stating if you are vegetarian. Please bring your own drinks. Thank you.



There will be a raffle on Sunday morning with tickets available at Mass on Saturday and Sunday.



MARYFIELD CONVENT

EXPOSITION OF THE BLESSED SACRAMENT

Divine Mercy chaplet followed by the Holy Rosary will take place in the Convent Chapel at 3pm on Fridays.

FAITH SHARING PRAYER MEETING

First Tuesday of the month.

At 10:30am

in the tea room

ADORATION FOR PEACE

Tuesday evenings 7:30—8:30pm

Everyone is welcome to all of the above

DATES FOR YOUR DIARY

Sat 6th June FHC Mass at 11:00am

Sun 7th June Corpus Christi Procession and BBQ

Fri 12th June The Most Sacred Heart of Jesus

ILL AT HOME OR IN HOSPITAL

If you are ill and are unable to attend Mass, please let Sister Mary-Doris know, we can then arrange for communion to be brought to you. If you are in hospital or know that you are going to go in, let us know in the office by phone 01256 577007 and Sister Mary-Doris on 07899 653413

THE SACRISTY

Is a place of prayer and contemplation and should be an oasis of calm, before and after Mass. The Priest and Servers need time and space in order to prepare them selves for The Holy Sacrifice of the Mass. **Please respect this and refrain from visiting the Sacristy in the last 15 mins before Mass.** Unless there is an emergency, of course.

THE CHURCH—BEFORE MASS

Many have asked me that we try and keep our voices down before Mass so that we can all offer our prayers to God in relative peace before Mass begins. We are a beautiful family of faith at Sacred Heart, therefore very important we chat and catch up. But if we can try and leave this until after Mass it would be much appreciated.

Many thanks. Fr J C

WHAT IT'S LIKE TO BE AUTISTIC BY SAM HARRISON

Good Morning

I wanted to share with you today a little bit about what it's like to be autistic

Every person with autism has different needs so it looks different in different people No neurotypical person is the same and neither is any autistic person. Some autistic people are non-verbal, and some may need help with daily living or financial support. But we are all individuals with different needs and different personalities.

Sometimes I find it hard to control emotions and feelings. One of the things I don't cope with very well is unexpected change. I am used to sticking to a routine and when it changes unexpectedly, it can be difficult for me to manage.

Sometimes, if my surroundings are too loud or if I have been in space with lots of people at once, I can feel over stimulated, so I need to have some quiet time on my own or I need to go outside in the fresh air.

I love spending time with people, and I am a very good listener. I really enjoy it when people approach me to talk to me. I have an excellent memory for people's names and faces but I do need a bit of extra time to process questions before I can answer them.

I am very good at travelling on public transport independently and always have my heavy rucksack with me wherever I go. Not everyone understands why I do this but the weight of the bag on my back makes me feel secure, safe and comfortable.

Sometimes I rock on chairs without even realising I am doing it as this helps my brain to regulate and makes me feel calm. Some autistic people play with their fingers or flap their hands. This is called stimming and is a natural way that autistic people move their bodies.

Even through people with autism might need help with lots of things, it is nothing to be ashamed of. For me, being autistic just means that I experience the world in a different way.

The National Autistic Society works very hard to educate people and to spread awareness and acceptance of the challenges autistic people face every single day.

Today my Mum will be running the London Marathon to raise funds for them. If you would like to sponsor her, you can find the Just Giving Page link online in last week's newsletter.

Please support this important charity, so that they can continue to change the world until everyone understands.

Thank you for listening

Sam Harrison

HOOK UCM

Tuesday UCM knitting and crochet group - 2nd, 3rd & 4th Tuesday of the month at 10:30 in the tea room

Save the Date - Table Top Sale: Sunday 6th September 2026



A NAME FOR THE PARISH WE ARE BECOMING

Through the "You Will Be My Witnesses" Diocesan Mission Plan, and guided by our Local Mission Plan, our four parishes are coming together as one Parish, with a shared mission. A shortlist of 6 names has been carefully and prayerfully discerned, in line with the direction of the Diocese.

Vote for your preferred name. You are invited to approach this prayerfully. Let the Holy Spirit guide you.

Voting is available online (via link or QR code) or through paper ballots at your church.

Link: <https://forms.gle/thMgN5xoSpmBj1C19>

Voting closes on Corpus Christi Sunday, 7th June.



NEW PARISH DATABASE SYSTEM - CHURCHSUITE

Printed forms are available on the welcomers table, for Parishioners who have difficulty in accessing the internet.

Please kindly return your completed forms to the Parish Office.

Thank you to all those who have already registered.

The Adult Registration Form is available by copying and pasting the following URL link:
<https://catholicdioceseofportsmouth.churchsuite.com/-/forms/xgfxemn6> or by scanning this QR code:



The Child Registration Form is available by copying and pasting the following URL link:
<https://catholicdioceseofportsmouth.churchsuite.com/-/forms/ury2lp4z> or by scanning this QR code:



Trinity

How far do you see? Every driver needs to see clearly. The law requires us to be able to read a number plate at 20 metres. From next month, a police officer will be able to randomly test your eyesight at the roadside. They will also know whether you wear glasses, and the date of your most recent eye test! Today's Gospel is about clearly 'seeing' and understanding the truth.

'For God so loved the world that he gave his one and only Son...'

This is a scripture we should memorise because it provides THE context we should live our lives. It begins with God and His love for us. He sent us His own flesh and blood, to suffer, to die and rise again, in order to save us. Jesus still shows us **The WAY to see** and live as people who belong to God, both here and in the life to come. Seeing is believing. Faith brings us 20/20 vision because we see Christ.

'... whoever believes in him shall not perish but have eternal life.'

Believing in Jesus means we will not be judged according to our sins or receive the sentence they otherwise deserve. Believing in Jesus means I allow myself to be constantly challenged and changed by the Holy Spirit, repentance on the hoof. Believing means I live and love as Jesus did.

'Whoever believes in him is not 'condemned', but whoever does not believe stands condemned already.'

Brothers and Sisters, this is the daily judgement call that confronts us all, the 'krisis'. (Greek word for judgement - where we get 'crisis' from) I might claim to know something of God, but do I actually believe? I was baptized a Catholic, went to a Catholic School, Confirmed, go to Mass etc etc. These are certainly moments of Grace that can lead us into believing, but this is **NOT** believing. we pray for the Grace to truly believe, **to see differently**, to live differently, to love differently, by the power of God's Spirit.